



West Itasca JOQ  
Rainbow Resort, Waubun, MN  
January 3rd-4th, 2009

Timing & Results by:



## Sunday Freestyle Final Results

Jury		Course		Conditions	
Tech. Delegate:	Yuriy Gusev	Length of Course:	5k	Course Weather:	Clear
USSA/CXC Rep:	Scott Wilson	Course HD:	28	Course Temp:	-5 Degrees
Chief of Competition:	Amy Xu	Course MC:	20	Course Wind:	Calm
		Course TC:	133		

### Female

#### OJ 5k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
DNS	359	MARSHALL, Megan	Wausau, WI	Wausau West		MW90129OJ	
DNS	360	MANTHEY, Jill	Plymouth, MN			cm90571oj	
DNS	353	MAGNUSON, Eleanor	Champlin, MN	GoTraining	6191142	MW90286OJ	

#### J1 5k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	351	DUIJNDAM, Lynn	Falcon Heights, MN	Roseville Area Schools	6153506	MW90005J1	0:18:44.7
2	358	SANBORN, Hannah	Maple Grove, MN	Go! Training CXC Jr. De	6155766	MW90019J1	0:19:58.0
3	366	MASON, Rachel	Maplewood, MN			MW90305J1	0:20:45.2
4	352	HART, Anne	Stillwater, MN	Minneapolis Ski Club	5602255	MW90246J1	0:20:46.5
5	364	GANTZER, Edwina	Minneapolis, MN	Go! Training		MW90257J1	0:20:49.0
6	356	FLANDERS, Alice	Crystal, MN	Minneapolis Ski Club	6235512	MW90231J1	0:20:52.1
7	355	BURGER, MOLLY	HAYWARD, WI	CXC DEVO	5720388	MW90004J1	0:20:56.9
8	369	FRANKOWSKI, Rosie	Minneapolis, MN			MW90265J1	0:20:57.8
9	354	ADAMS, Brooke	Sarona, WI	Spoooner Ski Team/CXC	6202311	MW90017J1	0:21:10.9
10	363	YOVETICH, Marissa	Andover, MN			MW90580J1	0:22:14.6
11	357	SIMAK, Elizabeth	Hayward, WI	Midwest	5608658	MW90159J1	0:22:38.9
12	362	ROACH, Dana	Minocqua, WI			MW90156J1	0:22:51.9
13	361	DANIELS, Caroline	Minneapolis, MN				0:25:36.3
14	368	ANDERSON, Amber	Wyoming, MN	Nordicwerks		MW90853J1	0:26:18.9
DNS	365	FELTZ, Hailey	Wausau, WI	Wausau Nordic Ski Club		MW90267J1	

#### J2 5k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	397	AMBER, Nicolette	Lake Nebagamon, WI			MW90136J2	0:21:25.9
2	392	TREMBLAY, Chelsea	Hayward, WI	CXC Junior Devo	6240988	MW90206J2	0:21:40.6
3	391	PETERSON, Elizabeth	Forest Lake, MN	Nordicwerks Ski Klubb	6201909	MW90254J2	0:23:34.1
4	395	BENTON, Sarah	Minnetonka, MN	Hopkins Nordic		MW90139J2	0:24:03.3
5	393	SCOTT, Jennifer	Forest lake, MN	nordicwerks		mw90258j2	0:25:25.4
6	396	HIPP, Julia	wyoming, MN	Nordicwerks		MW90682J2	0:28:31.8

#### J3/J4 5k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	405	JACKSON, Keely	Hayward, WI			MW90241J4	0:27:11.8
2	404	RAMSTAD, Berit	Detroit Lakes, MN	Detroit Lakes Nordic			0:27:41.3
3	406	WOHLK, Racquel	Forest Lake, MN	Nordicwerks		MW90227J4	0:35:07.0

## Female

## HS 5k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	399	AMBER, Olivia					0:21:33.1

## Citizen 10k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	332	COOGAN, Corey	Minneapolis, MN	Madshus/Go Training			0:47:02.3

## Male

## OJ 10k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	301	DUBAY, Joe	Coon Rapids, MN	Minneapolis Ski Club	6046411		0:32:21.9
2	307	BLAZAR, Jeremy	Minneapolis, MN	Colby College	6078919	MW90854OJ	0:37:19.8
3	306	BRODIN, Benjamin	Scandia, MN	Nordicwerks Ski Klubb	6221201	CC90380OJ	0:37:19.9
4	315	GUST, Blake	andover, MN	Minneapolis Ski Club		mw90618oj	0:42:20.7
DNS	302	KELLER, Andy	Chanhassen, MN	Minnesota Valley Ski Te	6098438	MW90090OJ	
DNS	305	LEACH, Kirk	Hopkins, MN	CSS	6165294	MW90219OJ	

## J1 10k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	314	BACSO, Kasey	Plymouth, MN	Minneapolis Ski Club	6181143	MW90847J1	0:34:11.2
2	319	COOZENNOY, Steven	Forest Lake, MN	Nordicwerks SkiKlubb		MW90255J1	0:35:49.2
3	303	BRANDT, Jon-Michael	Winona, MN		6153605	MW90300J1	0:36:25.9
4	318	MAKI, Matt	Forest Lake, MN			MW90289J1	0:37:39.3
5	331	WESSLING, John	Maple Grove, MN	Maple Grove High Schor		MW90225J1	0:37:42.5
6	313	JOHANIK, Scott	Washburn, WI	CANSKI	6156061	MW90149J1	0:37:55.0
7	304	PETERS, Luke	Oregon, IL	CXC JDP	6157457	MW90013J1	0:38:13.0
8	317	WONG, Matthew	White Bear Lake, MN			MW90224J1	0:38:17.6
9	325	SANDRY, Jacob	Bloomington, MN	Minnesota Valley		MW90626J1	0:38:18.0
10	311	FERGUS, Brian	Elk River, MN	Minneapolis Ski Club	6227334	MW90213J1	0:38:41.9
11	323	OELRICH, Zachary	solway, MN			MW90683J1	0:38:44.0
12	327	VAN DIXHORN, Walker	Hayward, WI	Hayward Nordic		MW90636J1	0:38:57.2
13	309	HOWE, Michael	Forest Lake, MN	Nordicwerks SkiKlubb	6170963	MW90146J1	0:39:04.0
14	330	JACKELS, Matt	Maple Grove, MN	Go Training		MW90222J1	0:39:13.9
15	324	WOHLK, Mitchell	Forest Lake, MN	Nordicwerks		MW90230J1	0:39:15.3
16	310	SLOAN, Jack	White Bear Lake, MN	Minneapolis Ski Club/ M	6235963	MW90304J1	0:39:37.4
17	329	RAMSTAD, Dylan	Detroit Lakes, MN	Detroit Lakes Nordic			0:39:45.5
18	326	MEYER, Alex	Plymouth, MN	Wayzata High School			0:39:50.4
19	312	BENTON, Connor	Minnetonka, MN	Hopkins Nordic	6201230	MW90138J1	0:40:06.2
20	321	GRIWAC, Jonathan	plymouth, MN	wayzata Highschool and		MW90848J1	0:40:43.5
21	328	HARRER, Corson	Minneapolis, MN	Go Training		MW90229J1	0:43:02.7
22	316	HANSON, Dan	Lakeville, MN			MW90633J1	0:46:48.3
DNS	322	POWER, Nick	Duluth, MN			MW90236J1	
DNS	320	HUGUS, Mark	wausau, WI	Nordicwerks		MW90148J2	
DNF	308	WRIGHT, Ryan	Wyoming, MN	nordicwerks	6155378	MW90299J1	

## J2 5k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	384	MCGARTHWAITE, Dylan	Hayward, WI	Minneapolis Ski Club		MW90449J2	0:16:55.3
2	375	PARR, Chris	Eagan, MN	Minnesota Valley	6236235	MW90105J2	0:17:28.5
3	376	DALBERG, Jacob	Ely, MN	Ely Nordic		MW90247J2	0:18:13.0
4	373	JACKSON, Joe	Forest Lake, MN	NordicWerks	6241441	MW90584J2	0:18:20.2

## Male

## J2 5k Freestyle

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>City, State</u>	<u>Team/Affiliation</u>	<u>USSA#</u>	<u>CXC#</u>	<u>Time</u>
5	379	BOLGER, Kevin	Minocqua, WI	Lakeland		MW90140J2	0:19:23.7
6	385	MEYER, Adam	Maple Grove, MN	Maple Grove Nordic Tea		MW90613J2	0:20:05.6
7	380	KUNIK, Lewis	Lakeville, MN	Minnesota Valley Ski Te		MW90092J2	0:20:19.0
8	374	SLATER, Eric	Mendota Heights, MN	Henry Sibley HS	5533328	MW90253J2	0:20:33.6
9	386	GIBSON, Thomas	Maple Grove, MN	Maple Grove HS		MW90232J2	0:20:37.6
10	377	KELLEY, Alexander	Forest Lake, MN	Nordicwerks SkiKlubb		MW90294J2	0:21:14.0
11	382	MARSHALL, Kyle	Shoreview, MN	MSC/Roseville		MW90233J2	0:21:17.4
12	378	SCHMID, Jacob	Hayward, WI			MW90679J2	0:22:51.3
13	383	MASON, Lucas	Maplewood, MN			MW90306J2	0:23:05.8
14	387	LARSON, Alexander	Hayward, WI			MW90193J3	0:24:52.5
DNS	381	RICHARDS, Jake	Callaway, MN	Maplelag Resort		MW90850J2	

## Citizen 10k Freestyle

<u>Place</u>	<u>Bib</u>	<u>Name</u>	<u>City, State</u>	<u>Team/Affiliation</u>	<u>USSA#</u>	<u>CXC#</u>	<u>Time</u>
1	333	REICH, Alexander					0:35:35.7
2	334	LEE, Matt					0:45:49.2
3	335	ROBINSON, Jake					0:56:24.1