## **PT Timing Instructions**

Date of Meets: April 23, 2020; May 7, 2020; May 12<sup>th</sup>, 2020 and May 19, 2020.

There will be no trials for meets on April 23, 2020 and May 7, 2020. They will all consist of straight finals.

The meets on May 12th, 2020 and May 19<sup>th</sup>, 2020 with be run in the following manner:

Schools are limited to 28 entries with 3 entries per school per event and 1 relay per school per event. Schools are also to follow WIAA guidelines in regards to event participation for each athlete (no more than 4 total events, no more than 3 of which may be either running or field events).

The Invitational on May, 12<sup>th</sup> and the conference meet on May 19<sup>th</sup>, 2020 will be run with preliminary and finals for long jump, triple jump, shot, discus, 100M dash, 100/110M hurdles, and 200M dash.

Schools must send completed entries to PT Timing by deadline. Entry deadline are as follows: April 23<sup>rd</sup> meet: Noon April 21, May 7<sup>th</sup> meet: Noon May 5<sup>th</sup>, May 12<sup>th</sup> meet: Noon May 10<sup>th</sup>, May 19<sup>th</sup> meet: Noon May 17<sup>th</sup>.

Start Time for April 23<sup>rd</sup> and May 7<sup>th</sup> Field Events: 4:00 pm, Running Events: 4:45 pm Start Time for May 12<sup>th</sup> and May 19<sup>th</sup>: Field Events 3:30pm, Running Events: 4:15pm

Standard scoring will be used: April 23<sup>rd</sup> and May 7<sup>th</sup> (8-6-4-2-1, Relays 8-6-4-2)

Scoring for May 12<sup>th</sup> and May 19<sup>th</sup> (10-8-6-5-4-3-2-1, Relays 10-8-6-5-4-3-2-1)

Contact Information: hodel@colfax.k12.wi.us

Relay teams do not have to be declared in advance.

Entries/heat sheets may be posted online.

## Here is the order of events:

## **Field Events**

3200 meter relay (Girls) 3200 meter relay (Boys) 100 Meter Hurdles (Girls) 110 Meter Hurdles (Boys) 100 Meter Dash (Girls) 100 Meter Dash (Boys) 1600 Meter Run (Girls) 1600 Meter Run (Boys) 800 meter relay (Girls) 800 meter relay (Boys) 400 Meter Dash (Girls) 400 Meter Dash (Boys) 400 Meter Relay (Girls) 400 Meter Relay (Boys) 300 Meter Low Hurdles (Girls) 300 Meter Intermediate Hurdles (Boys) 800 Meter Run (Girls) 800 Meter Run (Boys) 200 Meter Dash (Girls) 200 Meter Dash (Boys) 3200 Meter Run (Girls) 3200 Meter Run (Boys) 1600 Meter Relay (Girls)

1600 Meter Relay (Boys)