

Dairyland Conference Track Meet

Eleva-Strum Central High School

Thursday, May 14, 2020

Weather Date – Monday, May 18, 2020

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Teams: Alma–Pepin, Augusta, Blair–Taylor, C–FC, Eau Claire Immanuel, Eleva–Strum, Independence–Gilmanton, Lincoln, Melrose–Mindoro, Whitehall

Times: Coaches meeting will be held at 3:40pm in the press box. Field Events will begin promptly at 4:00pm and running events will begin at 4:45pm with the 3200-meter relay, followed by preliminaries in the 100 Meter Dash, High Hurdles, and 200 Meter Dash. The top 8 times in each event will advance to the finals. A 15-minute break will follow the completion of the preliminaries and the meet will continue with the High Hurdle Finals followed by the 100 meter dash finals and regular meet schedule. Eight competitors will advance to the finals in the running events as we have an 8-lane track, while in the field event finals, the top 9 competitors will advance to the final.

Officials: Dave Durni, Chuck Walek, Carl Bisek,

Jury of Appeals: EC Immanuel Head Coach, Melrose-Mindoro Head Coach, Meet Manager

Relay Exchange assignments:

4x200 – Melrose-Mindoro, Lincoln, Blair-Taylor

4x100 – Whitehall, Augusta, CFC

Entries: Entries will be done online through PTiming.

Deadline for meet entries will be Tuesday, May 7, at 12:00 pm (noon).

Entries will be limited to WIAA tournament series regulations.

- **28 individual entries**
- **3 entries maximum for each individual event**
- **1 relay entry in relay each event**

Order of Events: The WIAA order of events for the tournament series will be followed.

Boys Discus Followed by Girls

- 3 Preliminary throws; top 9 competitors advance to finals

Girls' Long Jump Followed by Boys (Schedule will run earlier if possible)

- 3 preliminary jumps; top 9 competitors advance to finals
- Girls Open pit from 4:00 – 5:15 and finals from 5:15 – 5:45
- Boys Open pit from 6:00 – 7:15 and finals from 7:15 – 7:45

Boys' Triple Jump Followed by Girls (Schedule will run earlier if possible)

- 3 preliminary jumps; top 9 competitors advance to finals
- Boys Open pit from 4:00 – 5:15 and finals from 5:15 – 5:45
- Girls Open pit from 6:00 – 7:15 and finals from 7:15 – 7:45

Girls Shot Put Followed by Boys

- 3 Preliminary throws; top 9 competitors advance to finals

Boys' Pole Vault Followed by Girls

Girls' High Jump Followed by Boys

WIAA season regulations will govern all competition.

Facility: The track is an 8 lane all-weather track. ¼ inch pyramid spikes may be used on the track, on all runways, and jumping surfaces. Marks may be set using tape, no chalk.

Scoring: NFHS scoring will be used for an eight (8) team meet.

Individual and relays: 10-8-6-5-4-3-2-1 basis, scoring the top 8 places

Additional Information: Admission for this meet will be \$5 for adults and \$2 for students according to conference by laws, with under 6 being free. The team entry fee total for boys and girls combined is \$150 payable to Eleva-Strum Schools. Concessions will be available for purchase. Please keep team camps outside the track. Athletes should not be warming up in the infield area.

Please keep spectators out of the infield area. Only meet officials, event workers, and athletes in the next event on the track will be allowed in the infield.

Awards: 1st and 2nd place finishers will receive All Conference certificates following the completion of the meet. The awards ceremony will be held in the high school auditorium..

Schedule

3:15 Implement Weigh-In

3:55 National Anthem – teams line up on the football field

3:40 Coaches Meeting (Press Box)

4:00 **Girls HJ** – followed by boys

Boys PV – followed by girls

Girls Shot – followed by **boys**

- 3 throws- Prelims and Finals (9 advance to finals)
- Finals will begin ten minutes after prelims

Boys Discus- followed by **girls**

- 3 throws- Prelims and Finals (9 advance to finals)
- Finals will begin ten minutes after prelims

Girls Long Jump- open pit from 4:00-5:00

- 3 jumps- Prelims and Finals (9 advance to finals)
- Finals will begin ten minutes after prelims
- **Boys Long Jump**- 20 minutes warm-up upon the completion of the girl's long jump. One hour for the completion of prelims with the finals to follow ten minutes later

Boys Triple Jump- open pit from 4:00-5:00

- 3 jumps- Prelims and Finals (9 advance to finals)
- Finals will begin ten minutes after prelims
- **Girls Triple Jump**- 20 minute warm-up upon the completion of the girl's triple jump. One hour for the completion of the prelims with finals to follow ten minutes later.

4:45 **Running Events**

We will operate on a rolling time schedule. Athletes need to listen for race calls and announced start times for field events. Girls races will be run first, followed by boys **(with the exception of the 100/110 m high hurdle final)**.

4 x 800 M Relay

100 M Dash Prelims

100/110 M Hurdles Prelims – if necessary

200 M Dash Prelims

15 minute break

110 M High Hurdles Finals

100 M Hurdles Finals

100 M Dash Finals

1600 M Run

4x200 M Relay

400 M Dash

4x100 M Relay

300 M Hurdles

800 M Run

200 M Dash Finals

3200 M Run

4 x 400 M Relay