



WAUKESHA CROSS COUNTRY_Y FESTIVAL

CROSS COUNTRY RACES

The 11th **WAUKESHA CROSS COUNTRY FESTIVAL** - Saturday, September 21st at Minooka Park.

High School Teams: Catholic Memorial, Cedarburg, D.A.S.H, Grafton, Greendale, Hartford Union, Janesville Parker, Jefferson, Madison East, Madison LaFollette, Oconomowoc, Pewaukee, Slinger, Salam, Verona (G) Tenor, Wisconsin Lutheran, West Bend East, Wilmot, Waukesha South

Race Times:	8:30 am	Girl's JV 5k
	9:15 am	JV Boy's
	10:00 am	Varsity Girl's 5k (8 Per School)
	10:45 am	Varsity Boy's (8 Per School)

Awards Ceremony Approx.: 11:40 am *Middle School Races to follow 11:30 am and 12:00 noon.*

Minooka Park. 1927 E. Sunset Drive Waukesha, WI 53186
 Corner of Sunset Drive and Racine Avenue

The park is part of the *Waukesha County Park System*. Please share this information with spectators

Park Entrance Fees: **\$22.00** for School Buses **\$5.00** for each car.
Annual Waukesha Country Park Stickers will be honored.

The WIAA discourages Dogs and pets at a competition. Waukesha County Parks have a strict policy that requires all dogs to be on a leash and that owner's pickup and bag dog waste.

The course starts and finishes in Picnic Area #3 of Minooka Park. The course is a rolling course with primarily a grass and wood chip surface. Runners will cross the park roads very few times. **Long Spikes can be worn.** The course is primarily in the front half of the park and DOES NOT include the legendary difficult hill that is in Minooka Park. The course will be lined and flagged.

Reminder: *Middle School Races will also be run at this meet. 6th - 7th and 8th Grade Races for Boys and Girls. Please share this information with your Middle School Programs. This has been very well received in past seasons. This is a great opportunity for Middle School athletes to experience the atmosphere of a High School Cross Country race. Feel free to contact Eric Lehmann elehmann@waukesha.k12.wi.us for more information.*

ENTRIES ARE DUE On THURSDAY, September 19th at 12:00 Noon....

Meet Entries: PT Timing, LLC, HANDLES ALL MEET ENTRIES. All entries will be submitted on the www.pttiming.com website. **1. Click “Upcoming” Events** **2. Click on Sept. 16^h –Waukesha South...** Follow the directions and fill in your team's name and athlete's names. You will be asked to declare your Varsity runners but meet day changes will be allowed. See below.

A \$50.00 late will be assessed to all schools that submit entries AFTER the deadline

DO NOT CONTACT Waukesha South or Eric Lehmann if you MISS the entry deadline. It is your responsibility to enter your team on the www.pttiming.com website.

Varsity and JV. COACHES WILL NEED TO DECLARE THEIR VARSITY RUNNERS. **The Varsity team can consist of 8 or fewer runners.** The following runners will then be declared JV. You will be asked to declare your Varsity athletes on the entries page of PT Timing. You will be allowed to ‘switch’ Varsity and JV athletes, on meet day.

Meet Results: Results will be posted online at www.pttiming.com. Complete Meet Results will be submitted to the *Milwaukee Journal, Waukesha Freeman, and WCCCA website.*

5k Varsity RACES: The 1st Place and 2nd Place teams will each receive **8 individual medals at the 5k Race Distances.** The Top 20 individual runners will receive medals.

T-SHIRTS: Please inform your athletes that multi-colored t-shirts will be on sale at the meet for around \$12.00. ***Concession Stand will be available***

Meet Officials: Tom Emmerich Hartland Dennis Meyer – Waukesha Robert Schrieber – Dousman Jonh Lucht Eagle

We hope to run a quality meet that everyone enjoys, at the end of the meet please feel free to offer suggestions to improve the meet.

Eric Lehmann
Waukesha South High School
Email: elehmann@waukesha.k12.wi.us
Phone: 262 501 0216