

Attention Cross Country Coaches,
Sheboygan Lutheran will be hosting the **32nd Annual Crusader Challenge** on **Tuesday, September 17th, 2019.**

Time Schedule

3:15 - Tour the Course - Packet Pick up on the East deck of Sheboygan Lutheran.

4:30 - Boys Varsity 5K

5:15 - Girls Varsity 5K

6:00 - Boys Junior Varsity and Girls Junior Varsity

6:35 - Awards

Awards

Medals - 1st, 2nd, 3rd place Boys and Girls Varsity Teams. 1st place Boys and 1st Girls JV Teams.

Medals - 1st - 25th place individuals in the Boys Varsity and Girls Varsity.

Ribbons - 1st - 25th for Boys Junior Varsity and Girls Junior Varsity races handed out in shoot.

Course

3.1 miles or 5000 meters on a grass path, a meadow, a woods loop, an up hill, a woods meadow, a down hill, the woods loop reversed, grass along a river, the path loop, and an exciting open field finish. A bicycle will lead the runners on the course, which is flagged, cut, marked with paint, has directional signs, and mile markers.

of Runners

Boys Varsity no more than 7 runners.

Girls Varsity no more than 7 runners.

Boys and Girls Junior Varsity will have unlimited entries. Changes to your line up can be made to your rosters on the day of the race. Everyone racing must be entered.

Timing and Rosters

Timing and registration is being done by PT Timing.

Coaches need to register all their athletes by visiting www.pttiming.com

To find our meet hover over *Schedule* and click *All Upcoming Events*.

Entries must be made by Friday, September 13th at noon.

PT Timing has a strict entry deadline and charges a \$50.00 late fee which must be paid before they will time the race. Day of the meet changes can be made prior to the starting of the race at the PT Timing truck near the finish line.

On Tuesday afternoon on the deck each team will receive a bag of chips containing a team roster with chip assignments. The chips are labeled with numbers corresponding to the numbers on the roster. To avoid result errors, please double check your rosters and chip distribution.

At the end of the race athletes will be asked to turn their chips in before they leave the finish area. We will have people helping collect the chips. Schools not returning chips used or walking away with them will be fined \$50 by PT Timing. If you have any questions with the registration process please email me jurss@lutheranhigh.com

Parking

We are at the beginning stages of a Worship/Fine Arts Center building program. Stuff changes daily. Parking will be tight. Parents will be asked to park up the hill at the University of Wisconsin - Sheboygan campus lot and walk down the hill. I suggest you tell parents to get there early.

Drop Off and Parking

Busses can enter the Sheboygan Lutheran driveway go around the circle and drop off the athletes and gear. They will then line up along the Lutheran High Drive. We will park as many cars as we can in our 2 lots. Cars should not park on the lawn along University Drive because it is part of the course. People will be directing you.

Bathrooms and the Building

The bathrooms are accessible from the east side of the building. Please only enter the building on the east side. The doors are right next to the deck. The athletes will be limited to this area of the building. The concessions will be outside on the deck or off the deck in the commons.

Tents

There is plenty of room for team camps, tents and gear along the east side of the school, the southeast corner of the school, and the south side of the open field to the east of the school, and there is additional room in the baseball outfield area.

T-Shirts

There will be Meet t-shirts for sale.

Water

Water jugs and cups will be available near the starting line and in the finish chute area. Gatorade is also for sale at the concessions stand.

Remember No Dogs on the course.

Schools Contracted to Compete in 2019

Algoma, Cambellsport, Elkhart Lake - Glenbeulah, Gibraltar, Green Bay NEW Lutheran, Howards Grove, Kettle Moraine Lutheran, Kohler, Living Word Lutheran, Manitowoc Lutheran, Milwaukee Lutheran, NEWCHAA, Oostburg, Ozaukee, Random Lake, Roncalli, St. Joan Antida, Saint John's NW Military Academy, St. Lawrence, St. Mary Catholic, St. Mary's Springs, Salam School, Washington County Home School Association, Winnebago Lutheran, Sheboygan Lutheran.

If you have any questions please call Sheboygan Lutheran (920) 452-3323 or contact Jeff Jurss via e - mail.
jurss@lutheranhigh.com

Thanks.