

**River Valley Blackhawk
Cross Country Invitational
Information Sheet
Saturday, September 14th, 2019**

******Athletic Directors******

Please share this information with your high school and middle school cross country coaches as soon as possible.

Welcome and thank you for your continued participation in the River Valley Blackhawk Cross Country Invitational. A detailed outline of information regarding the meet is provided below. If you have any questions or concerns, please contact Steve Stettler at 608-712-7037 or via e-mail at [sstettler@rvschools.org](mailto:ssettler@rvschools.org).

We are working with local law enforcement and our neighbors on the golf course to keep all of our athletes, spectators and community members safe, and to minimize our footprint on the local grounds.

PLEASE LET YOUR COACHES AND DRIVERS KNOW THERE IS ABSOLUTELY NO UNLOADING, LOADING OR PARKING ON HIGHWAY 23. DOING SO COULD RESULT IN A TICKET BEING ISSUED.

PLEASE STAY OFF PRIVATE YARDS WHEN ENTERING/EXITING THE GOLF COURSE. ENTER THROUGH THE GOLF COURSE PARKING LOT OR THROUGH THE ENTRANCE BY THE CANNON (INTERSECTION OF HOXIE AND LEXINGTON).

PLEASE TAKE A LOOK AT THE MAP INCLUDED.

Please let us know immediately if your district will be bringing a Junior High/Middle School team that is not included in the list of teams. Also, you must make sure that the Junior High/Middle School runners are registered on-line in the same manner as high school runners. See on-line registration section below.

ONLINE REGISTRATION: We will be using Prime Time Timing (pttiming) to electronically manage, time, and score our invitational. Each high school team is allowed to enter seven (7) varsity runners and an unlimited number of JV runners. All participating junior high/middle school teams will be allowed to enter an unlimited number of runners. Packet pick up will be available beginning at 7:15 am on race day.

In order to register runners, go to www.pttiming.com. From the main page, click on the upcoming events tab, locate the River Valley Blackhawk Invitational, and enter your runners into the appropriate races (e.g., varsity, JV, large school, small school, middle school, etc...) by gender. Make sure that you complete the form to receive an electronic summary of your runners to check for accuracy. Also, please register only runners that will or may be racing.

On-line registration will close at 12:00 noon on Wednesday, September 11th.

Runners entered into the wrong race or as the wrong gender by their coaches will be removed from scoring and will not be added in or placed into appropriate races for competition, scoring, or award purposes. Please check your team at the time of registration to make sure that runners are entered into the correct race(s).

Teams that do not pre-register on-line will not be allowed to participate the day of the race and will not be refunded their entry fees.

2018 SCHOOLS AND DIVISIONS

Large Schools (21): Baraboo, DeForest, Dodgeville-Mineral Point, Holmen, Lodi, Madison Lafollette, Mauston, Mcfarland, Milton, Monroe, Mt. Horeb, New Glarus-Monticello, Prairie du Chien, Reedsburg, Richland Center-Ithaca, River Valley, Sauk Prairie, Southwestern-Cuba City, Viroqua, Waunakee, Wisconsin Dells,

Small Schools (21): Albany, Belleville, Belmont, Boscobel, Brookwood, Cassville, Darlington, Fennimore, Gibraltar, Hillsboro, Iowa-Grant, Lancaster, Necedah, North Crawford, Palmyra Eagle, Pecatonica-Argyle, River Ridge, Riverdale, St. Ambrose, Wauzeka-Steuben, Wisconsin Heights.

Junior High/Middle Schools (32): Albany, Belleville, Boscobel, Brookwood, Cherokee MS, Cuba City, Darlington, DeForest, Dodgeville, Fennimore, Hillsboro, Lancaster, Mauston, Milton, Mount Horeb, New Glarus-Monticello, Pecatonica-Argyle, Prairie du Chien, Reedsburg, Richland Center-Ithaca, Riverdale, River Ridge, River Valley, St. Peter's, St. Ambrose, Sacred Heart, Sauk Prairie, Southwestern-Cuba City-Benton, Webb Middle School, West Salem running club, WI Dells, Wisconsin Heights

FEES: Fees for the 2019 River Valley Blackhawk Invitational are outlined on the contract sent previously. They are:

Middle School -	\$60
High School -	\$150
High School & Middle School-	\$180

LOCATION: The race is held at the Spring Green Municipal Golf Course. The golf course entrance is located at the intersection of Hoxie Street and Winsted Street (Hwy 23). The starting line is directly south of the golf course entrance.

PARKING: There is no parking at the Spring Green Municipal Golf Course. The small parking lot that does exist will be used for emergency vehicles, meet staff, and for portable toilets. Team buses and spectator vehicles are encouraged to park in the neighborhoods adjacent to the golf course. There should be no parking on Winsted Street (Hwy 23) south of Hoxie Street along the Golf Course. Parking on Hwy 23 may result in your vehicle being ticketed.

RACE SCHEDULE:

8:20 am	National Anthem
8:30 am	Junior Varsity Girls Race (One division/race)
9:05 am	Junior Varsity Boys Race (One division/race)
9:35 am	Small School Girls Varsity Race
10:10 am	Large School Girls Varsity Race
10:45 am	Small School Boys Varsity Race
11:15 am	Large School Boys Varsity Race
11:45 pm	Junior High/Middle School Girls Race
12:05 pm	Junior High/Middle School Boys Race

Awards Approximately 12:45 pm

STARTERS: Mr. Tom Block
Mr. Doug Anderson

RULES COMMITTEE: Mr. Tom Block
Mr. Doug Anderson
Mr. Jaime Hegland, River Valley Athletic Director
Mr. Steve Stettler, River Valley CC Coach
Mr. Denny McGraw, Dodge-Point CC Coach
Mr. Jake Winkler, Iowa Grant-Highland CC Coach

RESTROOMS: Portable toilets will be available in the parking lot of the Spring Green Municipal Golf Course. The screened clubhouse will not be available to runners or spectators on the day of the meet.

PACKET AND TIMING INFORMATION PICK-UP: Coaches can pick up their team packets beginning at 7:15 am on race day. The packets and timing information will be available near the starting line. Lane assignments and updated course maps will be included in the packet.

COACHES MEETING: A brief coaches meeting will take place at 8:00 am near the starting line of the race.

FLAG WHIPPING: Any runner seen purposely whipping flags into runners behind them will be disqualified.

NO DOGS ALLOWED: No dogs are allowed on the Spring Green Municipal Golf Course, which aligns with WIAA rules regarding dogs at events. Assist dogs are exempt from this rule.

CONCESSIONS: The River Valley Athletic Booster Club will be selling concession items. We will have a large selection of food and beverages this year.

T-SHIRTS: The River Valley Cross Country Team will be selling a variety t-shirts for \$20 each.

COURSE MAPS: Course maps will be in your race packet on race day. Extra maps will be available at the golf course starter's shed near the race starting line.

GREENS AND TEE BOXES: Please keep your runners off of the greens and tee boxes on the golf course.

AWARDS:

Team Awards:

Plaque and 7 Medals to First and Second Place Teams in All Varsity Divisions
Plaque to Third Place Team in All Varsity Divisions

Plaque to First Junior Varsity Girl's and Boy's Teams (One Division for JV)

Plaque to First Junior High-Middle School Girl's and Boy's Teams (One Division)

Individual Awards:

Plaque to First Place Finisher All Varsity Divisions
Medals from 2nd to 20th Place All Varsity Divisions

Medals from 1st to 10th Place Junior Varsity Girl's and Boy's Races (One Division for JV)

Plaque to Girl and Boy Spirit of the Race Winner

Medals from 1st to 10th Place Girl's and Boy's Junior High-Middle School Races (One Division) and ribbons to all Junior High-Middle School Participants. Coaches, the ribbons for middle school participants will be in the race packets based on the numbers entered in PT Timing.

Spirit of the Race Award: In your race packet, there will be form to use the morning of the meet to nominate a member of your team for the Spirit of the Race award. This award is given to a runner who may not win races, but exemplifies what it means to be a cross country runner: teamwork, dedication, selflessness, perseverance, etc... This award should go to an individual who may have had to overcome obstacles in life or running. Please nominate a girl or boy (or both) from your team that exhibits the spirit of the race. If more than one nomination is received, the winner will be selected by River Valley School District staff.