



Girls Varsity Indoor Track GMC Championship Meet

Wednesday, March 27th, 2019

FIELD EVENTS: 4:30 PM

RUNNING EVENTS: 5:30 PM

Brookfield Central

Brookfield East

D.S.H.A.

Germantown

Hamilton

Menomonee Falls

Wauwatosa East

Wauwatosa West

West Allis Hale

GREATER METRO CONFERENCE GIRLS INDOOR CHAMPIONSHIP

@ WEST ALLIS CENTRAL Wednesday, March 27th, 2019

COACHES MEETING: 4:00 PM

FIELD EVENTS: 4:30 PM

RUNNING EVENTS: 5:30 PM

ORDER OF EVENTS:

RUNNING EVENTS BEGIN at 5:30PM

1600M Co-Ed Wheel Chair
 55 M HH TRIALS
 55 M DASH TRIALS
 3200 M RELAY
 55 M HH FINALS
 55M Co-Ed Wheel Chair
 55 M DASH FINALS
 1600 M RUN
 6 LAP RELAY
 400M Co-Ed Wheel Chair
 400 M DASH
 4 LAP RELAY
 55 M IH/LH FINALS
 800 M RUN
 800M Co-Ed Wheel Chair
 200 M DASH
 3200 M RUN
 1600 M RELAY

FIELD EVENTS BEGIN 4:30PM

LONG JUMP	4:30PM – 6:00PM
TRIPLE JUMP	6:30PM – 8:00PM
HIGH JUMP	Two increments below the 8 th seed
SHOT PUT	2 FLIGHTS
POLE VAULT	Two increments below the 8 th seed

NOTE: FIELD EVENTS

Long then Triple Jump – 4 jumps – no finals – open pit- a jumper may “piggy-back” one jump.

Shot put–4 throws, no finals

SCHOOL ASSIGNMENTS:

Long Jump: Brookfield East/Tosa East
 Triple Jump: Hamilton/Brookfield Central
 High Jump: Menomonee Falls
 Pole Vault: DSHA/Tosa West
 Shot Put: Germantown

GAMES COMMITTEE

Head Referee
 Menomonee Falls
 Brookfield East
 Germantown
 Tosa West

Medals: Medals will be awarded for 1st, 2nd, and 3rd place finishes

Concessions: located in the southeast side of field house.

Trainer: available in the hallway immediately east of the field house

House Rules: please police your area and dispose of any garbage or debris

Entries: Done on PTTiming, due by 11:59am on Monday, March 25th

Results: Available on pttiming.com

Admission: Adults \$5.00/Students \$4.00 - NO PASSES