



To : Track Coaches of:

Brown Deer(Both)	Grafton(Both)
DSHA(Girls)	Nicolet(Both)
Oak Creek(Girls)	Milw King(Both)
Shorewood(Both)	Milw Riverside(Both)

From: Jeff Worzella, Activities Director

Date: 3/7/19

Re: Wolf/Wangerin Co-ed Varsity Indoor Track Invite on Monday, March 18,2019

We are pleased to host an indoor track meet involving your teams on Monday, March 18, 2019. Following is some information pertaining to the meet:

1. Whitefish Bay has a Mondo/rubber surface, which is 160 meters around. Athletes may NOT wear any type of spike. Blocks will be provided.
2. *Entries will be done online via www.pttiming.com. Look under Upcoming Events for this meet. Entries will open on Tuesday, March 12.*
The deadline for entries is noon on Saturday, March 16.
Scratches with replacements may be done at the Coaches' meeting. There will be no reseeding. Heats may be combined due to scratches. Coaches' meeting at 4:00 in the Team Room at the north end of the Fieldhouse.
3. Teams are permitted two entries per individual event. An athlete may compete in a maximum of three events. Participation in a relay counts as an event. No school may have more than 2 entries in any event.
4. Medals for 1st and 2nd place, and a team trophy for 1st will be presented. Full results will be available in the Fieldhouse lobby after the meet. Scoring in all events is 10-8-6-4-2-1.
5. The High Jump starting height will be determined at the coaches meeting. It will increase in increments of 2 inches and run through to competition.
6. The Pole Vault starting height will be determined at the coaches' meeting.
7. Each athlete in the Shot Put will be allowed 4 throws. No finals.
8. The Long Jump will be run "cafeteria style". Each athlete will be allowed 4 jumps. No finals.
9. **ALL NON-COMPETITORS, INCLUDING COACHES, MUST STAY OUT OF THE INFIELD AND JUDGING AREAS.**
10. Admission for fans will be \$5 for adults and \$3 for students.
11. Locker rooms are not available. Please have athletes come dressed to compete.

TIME SCHEDULE:

3:30 PM Fieldhouse opens for warm-ups
4:00 PM Coaches meeting in North Team room in Fieldhouse
4:30 PM Field events begin
4:30 PM 55 meter Hurdles Prelims (5 lanes....5 fastest to finals, 6th fastest scores)
55 meter Dash Prelims (6 lanes.....6 fastest to finals)

FINALS

3200 meter Relay
55 meter Hurdle Finals
55 meter Dash Finals
1600 meter Run
4 Lap(640 meter) Relay
400 meter Dash
800 meter Run
200 meter Dash
3200 meter Run
1600 meter Relay

If you have any questions, please contact Jeff Worzella at 414-963-3972.

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