

MARSHFIELD HIGH SCHOOL GIRLS TRACK

HEAD COACH: **Dan Akin**
Marshfield Middle School
900 East Fourth Street
Marshfield, WI 54449

FAX at Middle School: 715-384-9269
Telephone: 715-387-1249 Ext. 3206
E-Mail: akin@marshfield.k12.wi.us

Teams Attending (16 Teams)

Marshfield (Black)	Medford	New Lisbon
Marshfield (Orange)	Pittsville	Marathon
Abbotsford	Colby	Stanley-Boyd
Rib Lake	Loyal	Athens
Mercer	DC Everest (Green)	DC Everest (Gold)
Wisconsin Rapids Lincoln	Wausau East	

2019 Marshfield Invitational Indoor Track Meet Marshfield Fieldhouse, Thursday, March 21, 2019

Coaches Meeting at 400 pm in the Commons Area. Snacks will be provided!

(Substitutions are allowed the day of meet) No Additions to lineup will be permitted. We are allowing each team a Maximum of 24 Individual Entries (Max of 3 per event). Try to limit your entries in the mile & two mile events.

***We will allow two relay teams per school in each relay event. One will be Team A and one will be Team B. Team B will be considered exhibition.**

Meet will begin @ 4:45 with the Two Mile Relay. No Trials in the 60 HH or 60 this year!

Please Do NOT arrive at the high school before 3:30 pm.
(Bus Transfer Area) and congestion in front of HS until 3:30 pm.

All Field Events will start @ 4:30!

Shot Put (4 throws) in Main Gym (No Finals)

*Long Jump (3 jumps) in North Gym (No Finals)
4:30 - 6:00 (Warmups from 4:00 until 4:30)

*Triple Jump (3 jumps) in North Gym (No Finals)
6:15 - 7:45 (Warmups from 6:00 until 6:15)

High Jump (start at 4-00) in North Gym

Pole Vault (start at 6-00) in Main Gym

*Medals for Top Three in each event and relays, trophies to top two teams

Max 24 entries for the 12 events, Maximum of 3 per event. Preferred three entries in the shorter events like 60 and 220 as well as the field events. Preferred one entry in the Mile and Two Mile. (One Heat of Two Mile if 12 entries or less). One Varsity Relay Team per school. **Teams will be allowed to enter a JV Relay Team B for each relay.** Track is 11 laps per mile.

Concessions will be available at the meet in commons area. All proceeds from concessions go back to Marshfield Girls Track Club. See you soon!

MARSHFIELD HIGH SCHOOL GIRLS TRACK

HEAD COACH: **Dan Akin**
Marshfield Middle School
900 East Fourth Street
Marshfield, WI 54449

FAX at Middle School: 715-384-9269
Telephone: 715-387-1249 Ext. 3206
E-Mail: akin@marshfield.k12.wi.us

On-Line Entries are Due by Tuesday, March 19th at Noon.

Estimate times and distances as best you can for www.pttiming.com

PT Timing is seeding the meet, no additions after entries have closed, only replacements the day of the meet. We are using the Hy-Tek Program

Try to be as realistic as possible with your estimates.
Look at your results on Page Three to help with your estimations!

You must register your roster and all your entries for this meet at www.pttiming.com on-line for this meet as well as many others that you will be in this season. We are **NOT** using their services at the meet, just the seeding portion. We are still running the rest of the meet like we have done in the past. Thanks for doing this and see you at our first home meet of the **2019** season. I hope by doing this on-line will save us a tremendous amount of time and eliminate mistakes.

\$50 late fee paid to PT Timing if your entries are not turned in on-time.

Remember, don't wait until Tuesday, March 20th to work on your computer entries!

Order of Events to begin at 4:45 pm

Two Mile Relay - 22 Laps Ttl

60 Hurdles

60 Dash

Mile Run - 11 Laps

8 Lap Relay

440 - 2 $\frac{3}{4}$ laps

4 Lap Relay

880 - 5 $\frac{1}{2}$ laps

220 Yards

Two Mile - 22 Laps

Mile Relay - 11 Laps Ttl

Field Events to begin at 4:30 pm

Shot Put (4 Attempts) in Main Gym

Pole Vault (Start at 6-00) in Main Gym

High Jump (Start at 4-00) in North Gym

#1 Long Jump (3 Attempts) in North Gym

#2 Triple Jump (3 Attempts) in North Gym

No Finals in Field Events

***Shot Put JV Only (3 Attempts)**

Let me know if you want to get a few JV thrower in the meet

**Thanks again for coming to the 2019 Invite
Results will be on-line by the time you get home!**

MARSHFIELD HIGH SCHOOL GIRLS TRACK

HEAD COACH: **Dan Akin**
Marshfield Middle School
900 East Fourth Street
Marshfield, WI 54449

FAX at Middle School: 715-384-9269
Telephone: 715-387-1249 Ext. 3206
E-Mail: akin@marshfield.k12.wi.us

Results of 2015 Marshfield Tiger Girls Track Invitational to help with seeding your athletes (Make Your Best Guess)

Two Mile Relay	Wittenberg-Birnamwood	11:21.72	
Mile Relay	Wittenberg-Birnamwood	4:35.87	
8 Lap Relay	Marshfield	3:02.63	
4 Lap Relay	Auburndale	1:27.06	
High Jump	Paige Norrbom	W-B	5-00
Pole Vault	Rachel Zastrow	Spencer	10-00
Long Jump	Sylviann Momont	Auburndale	16-01.25
Triple Jump	Meg Bryan	Marshfield	33-07.25
Shot Put	Sarah Volhard	Marathon	32-04
60 Yards	Maddy Pietz	Witt-Birn	7.61
60 H	Peyton McCauley	Stanley-Boyd	9.76
220	Maddy Pietz	Witt-Birn	28.06
440	Alexa Aumann	Mfld Orange	1:09.18
880	Kali Karl	Auburndale	2:43.44
Mile	Anna Buchberger	Marathon	5:50.00
Two Mile	Anna Buchberger	Marathon	12:36.69