

**2019**  
**UW-Eau Claire Blugold Alumni Open**  
**Indoor Track & Field Meet**

- Date:** Saturday, January 12<sup>th</sup>
- Time:** Pentathlon 10am      Field Events 12pm      Running Events 12:30pm
- Entry:** All entries are to be done online at [www.pttiming.com](http://www.pttiming.com) or sent to Chip Schneider [schnechi@uwec.edu](mailto:schnechi@uwec.edu) by 6pm Thursday prior to the meet.
- Facility:** 200 Meter Mondo track and field event surfaces. Throws circles are constructed out of wood. Long/Triple Jump and Pole Vault run ways allow for ¼ inch pyramid spikes. **High Jump does not allow spikes.**
- Spikes:** ¼ inch pyramid allowed.
- Timing:** Fully automatic timing with finish lynx
- Implements:** Weighed and inspected prior to competition per 2017-18 NCAA regulations.
- Results:** Available after the competition of the meet at [www.uwec.edu](http://www.uwec.edu) and [www.pttiming.com](http://www.pttiming.com)
- Scoring:** No score will be kept.
- Entries:** Unlimited. Honesty appreciated for seeding purposes. Fully Automatic Times/Field events in Metric.
- Scratches:** Given to Timing Table at finish area as soon as possible after arriving at the meet so that heats may be condensed as necessary.
- Jumps:** Long and Triple-4 jumps. High Jump and Pole Vault will use 5 alive as per 2018 NCAA rules.
- PV/HJ:** Opening heights will be decided after the number of competitors have been determined based upon time restrictions and seed heights.

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**We will stay on schedule and not move ahead**

12:00 Pole Vault Women-Men To Follow  
High Jump Men-Women To Follow  
Weight Throw Men & Women                      Followed by: Shot Put Men & Women  
Long Jump Women & Men                              Followed by: Triple Jump Men & Women

**Men's and Women's competition in the weight throw, shot put, long jump and triple jump will take place together unless numbers are large enough to split them.**

All Pentathlon events will begin no longer and possibly less than 30 minutes after completion of previous event. The only exception is that the 1,000m and 800m will be run at the time scheduled.

10:00	Pentathlon 55 Meter Hurdles Men	<u>Men's Pentathlon</u>	<u>Women's Pentathlon</u>
10:10	Pentathlon 55 Meter Hurdles Women	55 Meter Hurdles	55 Meter Hurdles
		Long Jump	High Jump
		Shot Put	Shot Put
		High Jump	Long Jump
		1,000 Meter	800 Meter

12:30 55 High Hurdles Women Finals  
12:40 55 High Hurdles Men Finals  
12:50 55 Meter Dash Women Finals  
1:00 55 Meter Dash Men Finals  
1:10 Mile Run Women  
1:25 Mile Run Men  
1:40 1,000 Meter Run Heptathlon Men  
1:45 800 Meter Run Heptathlon Women  
1:50 400 Meter Run Women  
2:00 400 Meter Run Men  
2:10 200 Meter Dash Women  
2:20 200 Meter Dash Men  
2:30 3000 Meter Run Women  
2:45 3000 Meter Run Men  
3:00 4 X 400 Meter Relay Women (8x200 Alumni)  
3:15 4 X 400 Meter Relay Men (8x200 Alumni)

***Completion of the meet will be at approximately 3:30pm.***