

WIAA TRACK & FIELD CHAMPIONSHIPS

South Milwaukee Regional

Monday, May 21st, 2018

1. Time Schedule: Facility Opens 2:15 p.m.
Weighing of implements 2:45 – 3:15
Coaches Meeting 3:00 p.m.
Field Events 3:30 p.m.
Running Events 4:15 p.m.
2. Review: Please review the Track & Field Tournament procedures listed on pages 52-58 of the WIAA Spring Season Regulations Booklets. Specific information is on the WIAA Website on the school center.
3. Entry Info: All entries will be done online at www.pttiming.com. Entry deadline is Friday, May 18th at 8:00 am.
4. Officials: Meet Referee - John Miller
Starter – Dave Nickels
Starter – Gary Knapper
Clerk – Bob Oliphant
5. Teams: Franklin, Greendale, Greenfield, Milwaukee Hamilton/Audubon, Milwaukee Ronald Reagan, Muskego, Oak Creek, South Milwaukee, Whitnall
6. Scoring: 8 places (10-8-6-5-4-3-2-1)
7. Advancement: Top four (4) automatically advance to the Sectional.
8. Awards: Plaque to Championship Team.
9. Admissions: All Tickets are \$4.00
10. Rain Date: Tuesday, May 22nd, 2018
11. Jury of Appeals: Dave Nickels - Starter
Gary Knapper - Starter
Mark Hoffman – Meet Director
Franklin Girls Coach, Whitnall Boys Coach
Alternates: Hamilton Girls Coach, Muskego Boys Coach
12. Restricted Areas: The infield will be a restricted area during the meet, as will the start, and finish areas. High jump athletes and their coaches will be allowed in the infield during and until the completion of their competition. Spectators, coaches and non-competing athletes should remain outside of all “flagged off” areas surrounding each venue. Teams may camp in the bleachers or under the west bleachers. Because of its proximity to the discus area, the area under the east bleachers can not be used for team camps.

13. **Equipment:** Shot and Discus will be weighed and measured at the storage shed on the east side of the track.
- Moye blocks are permissible, but not provided.
14. **Trainer:** An athletic trainer from Midwest Orthopedic Sports Medicine will be on hand.
15. **Facility:** Seal Flex, 8-lane track. Discus is southeast of the track. Long and Triple jump runways are northeast of the track. Pole Vault runway is northwest of the track. High Jump located on north end of the track. Spectator seating is permitted on east or west side of track.
- ¼" pyramid spikes ok. No pin or "Christmas tree" spikes will be allowed.
16. **Results:** Results will be available to the coaches approximately 10 minutes after completion of the final event. We distribute the results to coaches by the press box in the west stands.
- Results will be provided to the WIAA. The Wisconsin State Journal and the Milwaukee Journal Sentinel. They will also be posted on the PT Timing website, www.pttiming.com

Order of Events

3:30 p.m. Field Events

Long Jump

- Girls first.
- South pit. Board at 8'.
- Open pit for preliminaries (Time TBA depending on number of jumpers). Three jumps.
- Top 9 to finals. Three more jumps.
- 20 min run thru prior to competition. 15 min between trials and finals.
- Finals will be run in reverse order of finish from preliminaries.

Triple Jump

- Boys first.
- North pit. Boards at 24', 28', 32', 36', and 40'.
- Open pit for preliminaries (Time TBA depending on number of jumpers). Three jumps.
- Top 9 to finals. Three more jumps.
- 20 min run thru prior to competition. 15 min between trials and finals.
- Finals will be run in reverse order of finish from preliminaries.

Discus

- Boys first.
- Run in flights by seed. Three throws.
- Top 9 to finals. Three more throws.
- 20 min between flights. 15 min between trials and finals.
- Finals will be run in reverse order of finish from preliminaries.

Shot Put

- Girls first.
- Run in flights by seed. Three throws.
- Top 9 to finals. Three more throws.

- 15 min between flights. 10 min between trials and finals.
- Finals will be run in reverse order of finish from preliminaries.

High Jump

- Boys and girls will be run concurrently.
- Boys in west pit. Starting height is TBD per WIAA tournament procedure.
- Girls in east pit. Starting height is TBD per WIAA tournament procedure.
- Five alive will be used.

Pole Vault

- Boys first. Girls will start 20 min after the completion of the boy's competition.
- Boys starting height is TBD per WIAA tournament procedure.
- Girls starting height is TBD per WIAA tournament procedure.
- Five alive will be used.

4:15 p.m. Running Events:

1600m. Coed Wheelchair
 3200 m. Relay - Girls
 3200 m. Relay - Boys
 100 m. Dash Prelims - Girls
 100 m. Dash Prelims - Boys
 100 m. High Hurdles Prelims - Girls
 110 m. High Hurdles Prelims - Boys
 200 m. Dash Prelims - Girls
 200 m. Dash Prelims – Boys

15 minutes Break

100 m. High Hurdles - Girls
 110 m. High Hurdles – Boys
 100 m. Coed Wheelchair
 100 m. Dash – Girls
 100 m. Dash - Boys
 1600 m. Run – Girls
 1600 m. Run - Boys
 800 m. Relay – Girls
 800 m. Relay – Boys
 400 m. Coed Wheelchair
 400 m. Dash - Girls
 400 m. Dash - Boys
 400 m. Relay - Girls
 400 m. Relay - Boys
 300 m. Low Hurdles - Girls
 300 m. Intermediate Hurdles - Boys
 800 m. Run – Girls
 800 m. Run – Boys
 800 m. Coed Wheelchair
 200 m. Dash – Girls
 200 m. Dash – Boys
 3200 m. Run – Girls
 3200 m. Run – Boys
 1600 m. Relay – Girls
 1600 m. Relay - Boys