



Chetek-Weyerhaeuser High School

HON JV Invitational



To: Athletic Directors, Coaches & Officials
From: Koll Fjelstad, Athletic Director
Teams: Barron, Bloomer, Chetek-Weyerhaeuser, Cumberland, Hayward, Ladysmith, Northwestern & Spooner
Re: HON JV Invitational – May 17, 2018

Schedule:

- **3:30 – Coaches Meeting @ Clerk Tent** (scratches only at this time)
- **4:00 – Field Events**
- **4:30 – Track Events**

Entry Fee:

- **\$125** (to offset cost of timing & officials) – payable to Chetek-Weyerhaeuser High School

Entries:

- Entries are limited to freshmen & anyone who **DID NOT SCORE** in the Conference Meet.
- We will have unlimited entries per event.
- Entries will be done online at www.itiming.com.
 - Logon to www.itiming.com
 - Click on “Upcoming Events” – find **HON JV Meet**
 - Click on “Register for this Meet”
 - Create an account if you do not already have one
- Entries **ARE OPEN** and will close at **Wednesday, May 16th at 8:00 pm**. Schools that miss the deadline will be charged a fee of \$50 to have entries reopened.
- After the close of entries there will be no additions—scratches or substitutions only.
 - Scratches **MUST** be made at the coaches meeting at 3:30.

Facilities:

- The track is a 400-meter seal-flex surface.
- There are 8 lanes on the straightaway and 6 lanes around the curve.
 - **¼” pyramid spikes** are permitted.
 - Shot and discus areas are concrete. **FLATS ONLY!!**

Please Note:

- The infield area will be closed to all except for meet officials and competitors (as appropriate).
 - Team tent/meeting areas must be outside of the track.
- Bus parking is available **EAST** of the senior high gymnasium.
- Concessions are available.
- Bathrooms are available.

2018 Heart O'North JV Invitational

(Tentative time schedule: times and heats are subject to change)

ORDER OF EVENTS

4:00

All Field Events

Pole Vault	(Girls followed by Boys)
High Jump	(Boys followed by Girls)
Shot Put	(Boys followed by Girls)
Discus	(Girls followed by Boys)
Long Jump	(Girls followed by Boys)
Triple Jump	(Boys followed by Girls)

Running Events

All running events will be girls first followed by boys

4:30

3200 M Relay	(Waterfall Start)
100 M/110M Hurdle	(Finals Only-based on time)
100 M Dash	(Finals Only-based on time)
1600 M Run	(Finals Only -waterfall start)
800 M Relay	(Finals Only)
400 M Dash	(Finals Only -based on time)
400 M Relay	(Finals Only -based on time)
300 M Hurdles	(Finals Only -based on time)
800 M Run	(Finals Only)
200 M Dash	(Finals Only -based on time)
3200 M Run	(Waterfall Start)
1600 M Relay	(Finals Only -based on time)