

Coulee Conference Championships - 5/12/2018

G-E-T High School

Results - Outdoor

Girls 100 Meter Dash

Meet Record: 12.41 # 2010 Maya Vazquez

Name	Yr	School	Prelims
Preliminaries			
1	Hebel, Grace	FR Westby	13.10Q
2	Delmedico, Miranda	SR Westby	13.13Q
3	Vance, Delilah	SR Viroqua/Yout	13.48Q
4	Saunders, Heaven	SR Westby	13.47q
5	Zastrow, Bailey	JR Arcadia	13.62q
6	Pronschinske, Wendy	SO Arcadia	13.84q
7	Ross, Abby	JR Black River	13.90q
8	Miralles, Caden	FR Gale-Etrick	13.90q
9	Wopat, Maddy	FR West Salem	13.98
10	Kupka, Jessica	FR Arcadia	14.00
11	Gorski, Anna	JR West Salem	14.03
12	Suchanek, Madison	FR Black River	14.15
13	Clark, Samantha	SR Viroqua/Yout	14.42
14	Rushlow, Kimberly	JR Luther	14.53
15	Rogers, Emme	SR Luther	15.10

Girls 100 Meter Dash

Meet Record: 12.41 # 2010 Maya Vazquez

Name	Yr	School	Finals
Finals			
1	Hebel, Grace	FR Westby	13.04 10
2	Vance, Delilah	SR Viroqua/Yout	13.26 8
3	Delmedico, Miranda	SR Westby	13.65 6
4	Zastrow, Bailey	JR Arcadia	13.68 5
5	Ross, Abby	JR Black River	13.74 4
6	Saunders, Heaven	SR Westby	13.89 3
7	Miralles, Caden	FR Gale-Etrick	13.91 2
8	Pronschinske, Wendy	SO Arcadia	14.02 1

Girls 200 Meter Dash

Meet Record: 25.11 # 5/10/2008 Maya Vazquez

Name	Yr	School	Finals
Finals			
1	Hebel, Grace	FR Westby	26.88 10
2	Vance, Delilah	SR Viroqua/Yout	27.31 8
3	Zastrow, Bailey	JR Arcadia	28.57 6
4	Miralles, Caden	FR Gale-Etrick	28.92 5
5	Ross, Abby	JR Black River	29.00 4
6	Kupka, Jessica	FR Arcadia	29.15 3
7	Maedke, Jessie	SR Luther	29.19 2
8	Crume, Lexi	SR Westby	29.54 1
9	Pronschinske, Wendy	SO Arcadia	29.78
10	Gorski, Anna	JR West Salem	29.84
11	Koppa, Katrina	FR Viroqua/Yout	30.02
12	Blackdeer, Samantha	JR Black River	30.42
13	Bible, Emma	JR Black River	30.90
14	Clements, Emma	FR West Salem	31.12
15	Lanzel, Emma	SO Gale-Etrick	33.38

Girls 400 Meter Dash

Meet Record: 56.61 # 5/13/2013 Abbey Zastrow

Name	Yr	School	Finals
Finals			
1	Sherry, Sydney	SR Westby	1:01.93 10
2	Anderson, Madelyn	SR Viroqua/Yout	1:02.10 8
3	Amoth, Rachel	FR Gale-Etrick	1:02.65 6
4	Golden, Brooklynn	JR Arcadia	1:03.03 5
5	Maedke, Jessie	SR Luther	1:03.29 4
6	Cade, Sierra	JR Westby	1:04.65 3
7	Dobbs, Josie	SO Viroqua/Yout	1:05.26 2
8	Crume, Lexi	SR Westby	1:05.54 1
9	Fitzpatrick, Sydney	JR West Salem	1:05.81
10	Ross, Abby	JR Black River	1:05.93
11	Guenther, Sarah	JR Black River	1:06.79
12	Komay, Grace	FR Luther	1:10.26
13	Gronholz, Haley	SO Luther	1:12.58
14	Hoesley, Ellie	SO Arcadia	1:13.85

Girls 800 Meter Run

Meet Record: 2:19.60 # 1993 Lisa Johnson

Name	Yr	School	Finals
Finals			
1	Weston, Jillian	JR Viroqua/Yout	2:19.97 10
2	Sherry, Sydney	SR Westby	2:27.45 8
3	Anderson, Madelyn	SR Viroqua/Yout	2:28.72 6
4	Cade, Sierra	JR Westby	2:28.80 5
5	Brendel, Lauren	JR Viroqua/Yout	2:28.97 4
6	Golden, Brooklynn	JR Arcadia	2:30.53 3
7	Wedwick, Abbey	SR Westby	2:31.80 2
8	Hoppe, Cianna	JR Luther	2:35.82 1
9	Wintrone, Emily	SO Luther	2:39.32
10	Furlano, Aleshia	SR West Salem	2:42.07
11	Matousek, Tessa	FR Black River	2:45.21
12	Korn, Elizabeth	JR West Salem	2:48.56
13	Brueggeman, Abby	FR West Salem	2:48.61
14	Chen, Chelsea	SR Luther	2:51.95

Girls 1600 Meter Run

Meet Record: 5:02.26 # 5/13/2017 Jillian Weston

Name	Yr	School	Finals
Finals			
1	Feyen, Dana	JR Gale-Etrick	5:01.53# 10
2	Weston, Jillian	JR Viroqua/Yout	5:02.65 8
3	Wedwick, Abbey	SR Westby	5:33.17 6
4	Brendel, Lauren	JR Viroqua/Yout	5:42.51 5
5	Romo, Mercedes	FR Arcadia	5:49.25 4
6	Wintrone, Emily	SO Luther	5:53.88 3
7	Bremer, Morgan	JR Arcadia	6:01.92 2
8	Korn, Elizabeth	JR West Salem	6:10.02 1
9	Hoppe, Cianna	JR Luther	6:10.53
10	Deloney, Zyanna	SO Black River	6:21.02
11	Lettner, Elle	FR Gale-Etrick	6:43.82
12	Bruemmer, Chelsea	JR Luther	6:58.28
13	Feyen, Val	FR Gale-Etrick	7:04.54

Coulee Conference Championships - 5/12/2018

G-E-T High School

Results - Outdoor

Finals ... (Girls 1600 Meter Run)

Name	Yr	School	Finals
14 Bakken, Maren	FR	Black River	8:16.11

Girls 3200 Meter Run

Meet Record: 11:21.26 # 5/14/2016 Dana Feyen

Name	Yr	School	Finals
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Finals

1 Feyen, Dana	JR	Gale-Etrick	10:56.16# 10
2 Weston, Jillian	JR	Viroqua/Yout	12:00.23 8
3 Schroeder, Kate	SR	West Salem	12:15.06 6
4 Wedwick, Abbey	SR	Westby	12:42.78 5
5 Call, Julianne	SR	Westby	12:45.61 4
6 Romo, Mercedes	FR	Arcadia	12:46.35 3
7 Myers, Isabel	JR	Arcadia	13:27.76 2
8 Kolstad, Rylee	FR	Arcadia	13:37.63 1
9 Wright, Kylie	SO	West Salem	13:39.68
10 Welton, Faith	FR	Westby	14:21.50
11 Engebretson, Grace	SO	Black River	15:49.60

Girls 100 Meter Hurdles

Meet Record: 15.07 # 5/13/2017 Stephanie Brauner

Name	Yr	School	Prelims
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Preliminaries

1 Leum, Xana	JR	Viroqua/Yout	16.00Q
2 Brauner, Stephanie	SR	Black River	16.93Q
3 Jeranek, Natalie	FR	West Salem	16.50q
4 Mills, Ellen	SR	Gale-Etrick	17.42q
5 Olson, Emily	SR	Westby	17.64q
6 Halvorsen, Charlie	JR	Arcadia	17.66q
7 Dobberstein, Emily	SR	Luther	17.79q
8 Rooney, Teagan	FR	Westby	17.90q
9 Stackhouse, Mady	SR	Viroqua/Yout	18.09
10 Luebke, Elsa	JR	Westby	18.38
11 Ries, Emma	FR	Luther	19.46
12 Hentsch, Whitney	SO	Black River	20.15

Girls 100 Meter Hurdles

Meet Record: 15.07 # 5/13/2017 Stephanie Brauner

Name	Yr	School	Finals
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Finals

1 Brauner, Stephanie	SR	Black River	15.68 10
2 Leum, Xana	JR	Viroqua/Yout	15.79 8
3 Jeranek, Natalie	FR	West Salem	16.60 6
4 Dobberstein, Emily	SR	Luther	17.36 5
5 Olson, Emily	SR	Westby	17.48 4
6 Mills, Ellen	SR	Gale-Etrick	17.60 3
7 Halvorsen, Charlie	JR	Arcadia	17.61 2
8 Rooney, Teagan	FR	Westby	17.95 1

Girls 300 Meter Hurdles

Meet Record: 46.36 # 1989 Shari Kowalski

Name	Yr	School	Finals
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Finals

1 Dobberstein, Emily	SR	Luther	48.08 10
2 Leum, Xana	JR	Viroqua/Yout	50.71 8

3 Halvorsen, Charlie	JR	Arcadia	51.31 6
4 Olson, Emily	SR	Westby	51.92 5
5 Rooney, Teagan	FR	Westby	52.50 4
6 Wopat, Maddy	FR	West Salem	52.57 3
7 Stackhouse, Mady	SR	Viroqua/Yout	52.94 2
8 Brauner, Stephanie	SR	Black River	54.99 1
9 Hein, Jordan	SO	Gale-Etrick	59.38
10 Harr, Maddy	SR	West Salem	1:00.75
11 Hentsch, Whitney	SO	Black River	1:01.10

Girls 4x100 Meter Relay

Meet Record: 51.50 # 1988 Viroqua

L Call, K Solverson, B Swanson, B Stalsberg

Team	Relay	Finals
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Finals

1 Luther		54.78 10
1) Ries, Emma FR	2) Ernst, Kyler FR	
3) Rushlow, Kimberly JR	4) Kennedy, Kaitlyn JR	
2 Westby		55.17 8
1) Saunders, Heaven SR	2) Grabowski, Michaela SR	
3) Keenlance, Kiarra SR	4) Delmedico, Miranda SR	
3 Black River Falls		55.76 6
1) Suchanek, Madison FR	2) Rave, Asia FR	
3) Hudson, Karli JR	4) Bible, Emma JR	
4 Viroqua/Youth Initia		55.83 4
1) Conrad, Kallista SO	2) Koppa, Katrina FR	
3) Harless, Jenna JR	4) Clark, Samantha SR	
5 Arcadia		58.12 2
1) Pronschinske, Wendy SO	2) Pronschinske, Mikala SR	
3) Reichwein, Maddie JR	4) Sonsalla, Natalie SO	
6 West Salem		1:00.27 1
1) Averbeck, Lizzy JR	2) Russell, Julia SO	
3) Nelson, Haley SO	4) Hughes, Sophia JR	

Girls 4x200 Meter Relay

Meet Record: 1:48.30 # 1981 Holmen

J Rochester, J Rochester, K Rochester, K Granum,

Team	Relay	Finals
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Finals

1 Arcadia		1:55.85 10
1) Reichwein, Maddie JR	2) Kupka, Jessica FR	
3) Zastrow, Bailey JR	4) Sonsalla, Natalie SO	
2 Black River Falls		1:56.18 8
1) Suchanek, Madison FR	2) Hudson, Karli JR	
3) Blackdeer, Samantha JR	4) Brauner, Stephanie SR	
3 Westby		1:56.66 6
1) Saunders, Heaven SR	2) Grabowski, Michaela SR	
3) Olson, Emily SR	4) Delmedico, Miranda SR	
4 Luther		1:56.99 4
1) Ries, Emma FR	2) Ernst, Kyler FR	
3) Las, Jolene JR	4) Kennedy, Kaitlyn JR	
5 Viroqua/Youth Initia		1:57.18 2
1) Clark, Samantha SR	2) Harless, Jenna JR	
3) Conrad, Kallista SO	4) Koppa, Katrina FR	

Coulee Conference Championships - 5/12/2018

G-E-T High School

Results - Outdoor

Finals ... (Girls 4x200 Meter Relay)

Team	Relay	Finals
6 West Salem		1:57.27 1
1) Wopat, Maddy FR	2) Averbeck, Lizzy JR	
3) Gautsch, Emily SO	4) Gorski, Anna JR	
7 Gale-Ettrick-Trempea		2:07.73
1) Codamo, Gloria SR	2) Lanzel, Emma SO	
3) Redsten, Allison SO	4) Kowalewski, Cahtayah SO	

Girls 4x400 Meter Relay

Meet Record: 4:08.23 # 5/10/2008 Arcadia

T McKeeth, E Suchla, K Quinn, C Reglin

Team	Relay	Finals
Finals		
1 Gale-Ettrick-Trempea		4:21.42 10
1) Miralles, Caden FR	2) Hein, Jordan SO	
3) Feyen, Dana JR	4) Amoth, Rachel FR	
2 Westby		4:22.73 8
1) Cade, Sierra JR	2) Weninger, Allison FR	
3) Larrington, Abbie SO	4) Sherry, Sydney SR	
3 Viroqua/Youth Initia		4:25.44 6
1) Anderson, Madelyn SR	2) Stackhouse, Mady SR	
3) Conrad, Kallista SO	4) Dobbs, Josie SO	
4 Luther		4:26.87 4
1) Karr, Ali SO	2) Kennedy, Kaitlyn JR	
3) Komay, Grace FR	4) Dobberstein, Emily SR	
5 Arcadia		4:32.29 2
1) Golden, Brooklynn JR	2) Halvorsen, Charlie JR	
3) Myers, Isabel JR	4) Bremer, Morgan JR	
6 West Salem		4:37.59 1
1) Fitzpatrick, Sydney JR	2) Brueggeman, Emily JR	
3) Korn, Elizabeth JR	4) Furlano, Aleshia SR	
7 Black River Falls		4:50.75
1) Guenther, Sarah JR	2) VanAuken, Sonja SR	
3) Roou, Maggie JR	4) Leadholm, Kim SR	

Girls 4x800 Meter Relay

Meet Record: 9:39.52 # 2007 West Salem

C Oldenburg, R Davis, K Stockheimer, C Rucker

Team	Relay	Finals
Finals		
1 West Salem		10:32.89 10
1) Furlano, Aleshia SR	2) Fitzpatrick, Sydney JR	
3) Brueggeman, Emily JR	4) Schroeder, Kate SR	
2 Viroqua/Youth Initia		10:46.16 8
1) Brendel, Lauren JR	2) Okkenhaug, Ingvild SR	
3) Kimble, Sophia FR	4) Dobbs, Josie SO	
3 Arcadia		10:57.01 6
1) Hoesley, Ellie SO	2) Bremer, Morgan JR	
3) Kolstad, Rylee FR	4) Myers, Isabel JR	
4 Black River Falls		11:14.30 4
1) Matousek, Tessa FR	2) Deloney, Zyanna SO	
3) Karau, Adaylya SO	4) Roou, Maggie JR	
--- Westby		DQ
1) Welton, Faith FR	2) Vatland, Ryla SR	
3) Call, Julianne SR	4) Larrington, Abbie SO	

Girls High Jump

Meet Record: 5-06 # 2011 Jessie Welch

Name	Yr	School	Finals
Finals			
1 Jeranek, Natalie	FR	West Salem	5-04.00 10
2 Halvorsen, Charlie	JR	Arcadia	5-02.00 8
3 Pronschinske, Wendy	SO	Arcadia	4-10.00 6
4 Weston, Jillian	JR	Viroqua/Yout	4-10.00 5
5 Kennedy, Kaitlyn	JR	Luther	4-08.00 4
6 Crume, Lexi	SR	Westby	4-06.00 2.5
6 Bible, Emma	JR	Black River	4-06.00 2.5
8 Ries, Emma	FR	Luther	4-06.00 1
9 Miralles, Caden	FR	Gale-Ettrick	4-04.00
--- Stowe, Marin	JR	Black River	NH
--- Hein, Jordan	SO	Gale-Ettrick	NH
--- Amoth, Rachel	FR	Gale-Ettrick	NH

Girls Pole Vault

Meet Record: 10-09 # 5/11/2013 Lyssa Veres

Name	Yr	School	Finals
Finals			
1 Mills, Ellen	SR	Gale-Ettrick	9-06.00 10
2 Nussbaumer, Valeria	SR	Westby	9-00.00 8
3 Vance, Delilah	SR	Viroqua/Yout	9-00.00 6
4 Maedke, Jessie	SR	Luther	8-06.00 5
5 Luebke, Elsa	JR	Westby	8-00.00 4
6 Ulness, Kora	SO	Black River	8-00.00 3
7 Bolstad, Natalie	SO	Luther	8-00.00 2
8 Delmedico, Miranda	SR	Westby	7-06.00 1
9 Brueggeman, Emily	JR	West Salem	7-06.00
10 Stowe, Marin	JR	Black River	7-00.00
11 Myers, Isabel	JR	Arcadia	7-00.00
12 Kowalewski, Cahtayah	SO	Gale-Ettrick	7-00.00

Girls Long Jump

Meet Record: 18-02 # 5/10/2008 Maya Vazquez

Name	Yr	School	Finals
Finals			
1 Leum, Xana	JR	Viroqua/Yout	16-00.00 10
2 Hebel, Grace	FR	Westby	15-10.00 8
3 Brauner, Stephanie	SR	Black River	15-07.50 6
4 Amoth, Rachel	FR	Gale-Ettrick	15-06.50 5
5 Ross, Abby	JR	Black River	15-03.00 4
6 Vance, Delilah	SR	Viroqua/Yout	14-05.00 3
7 Blackdeer, Samantha	JR	Black River	14-05.00 2
8 Dobberstein, Emily	SR	Luther	14-05.00 1
9 Las, Jolene	JR	Luther	14-02.00
10 Kupka, Jessica	FR	Arcadia	13-11.50
10 Zastrow, Bailey	JR	Arcadia	13-11.50
10 Wopat, Maddy	FR	West Salem	13-11.50
13 Gautsch, Emily	SO	West Salem	13-11.00
14 Ernst, Kyler	FR	Luther	13-10.00
15 Codamo, Gloria	SR	Gale-Ettrick	12-09.00
16 Harr, Maddy	SR	West Salem	12-04.00
16 Clark, Samantha	SR	Viroqua/Yout	12-04.00

Coulee Conference Championships - 5/12/2018

G-E-T High School

Results - Outdoor

Girls Triple Jump

Meet Record: 36-05 # 5/16/2009 Erika Suchla

Name	Yr	School	Finals
Finals			
1 Leum, Xana	JR	Viroqua/Yout	37-01.75# 10
2 Hebel, Grace	FR	Westby	35-07.75 8
3 Koppa, Katrina	FR	Viroqua/Yout	33-07.50 6
4 Gorski, Anna	JR	West Salem	32-00.50 5
5 Keenlance, Kiarra	SR	Westby	31-08.00 4
6 Leadholm, Kim	SR	Black River	30-10.50 3
7 Hein, Jordan	SO	Gale-Etrick	30-09.50 2
8 Crume, Lexi	SR	Westby	30-08.75 1
9 Leadholm, Katie	SR	Black River	28-11.50
10 Sonsalla, Natalie	SO	Arcadia	28-01.00
11 Kick, Lauren	SR	Luther	26-05.25
12 Peterson, Helen	SO	Gale-Etrick	24-03.50
13 Mills, Ellen	SR	Gale-Etrick	24-01.00
14 Las, Abbigayle	SO	Luther	23-06.50

Girls Shot Put

Meet Record: 41-10.25 # 5/12/2012 LeAnna Bender

Name	Yr	School	Finals
Finals			
1 Rave, Asia	FR	Black River	35-01.00 10
2 Rave, Trevonna	SR	Black River	32-05.00 8
3 Jacobson, Mya	SO	West Salem	31-06.50 6
4 Losinski, Amy	FR	Arcadia	30-09.00 5
5 Drazkowski, Emma	SO	Gale-Etrick	30-07.00 4
6 Wright, Mikayla	FR	Gale-Etrick	30-07.00 3
7 Duellman, Dorisa	SR	Arcadia	30-03.50 2
8 Bahr, Jordynn	SO	Viroqua/Yout	28-11.75 1
9 Kiedrowski, Lexie	SO	Gale-Etrick	26-08.75
10 Schultz, Annalisa	FR	West Salem	25-05.25
11 Krause, Kasaya	SO	West Salem	24-09.00
--- Harless, Jenna	JR	Viroqua/Yout	FOUL

Girls Discus Throw

Meet Record: 135-07 # 5/17/2014 Annalese Lamke

Name	Yr	School	Finals
Finals			
1 Rave, Trevonna	SR	Black River	126-04 10
2 Jacobson, Mya	SO	West Salem	104-10 8
3 Rave, Asia	FR	Black River	103-07 6
4 Duellman, Dorisa	SR	Arcadia	96-01 5
5 Wright, Mikayla	FR	Gale-Etrick	95-04 4
6 Drazkowski, Emma	SO	Gale-Etrick	93-06 3
7 Harless, Jenna	JR	Viroqua/Yout	93-02 2
8 Romo, Mercedes	FR	Arcadia	85-06 1
9 Losinski, Amy	FR	Arcadia	84-04
10 Bolstad, Natalie	SO	Luther	79-08
11 Kiedrowski, Lexie	SO	Gale-Etrick	70-08
12 Fechner, Mikayla	JR	West Salem	70-03
--- Bahr, Jordynn	SO	Viroqua/Yout	ND

Boys 100 Meter Dash

Meet Record: 10.89 # 5/11/2013 Jordan Millis

Name	Yr	School	Prelims
Preliminaries			
1 Eversum, Kyle	SR	Black River	11.65Q
2 Spears, Davontae	SO	Westby	11.74Q
3 Walsh, Thomas	JR	Luther	11.77q
4 Holt, Brendan	JR	West Salem	11.83q
5 Vance, Luke	FR	Gale-Etrick	11.91q
6 Daines, Ryan	JR	Westby	12.13q
7 Goodbear, Collin	JR	Black River	12.13q
8 Kish, Alex	SR	Luther	12.15q
9 Mowery, Austin	SO	Westby	12.17
10 Wopat, Joe	JR	West Salem	12.21
11 Whalen, Greg	SR	Arcadia	12.48
12 Nelson, Ari	SO	Viroqua/Yout	13.08

Boys 100 Meter Dash

Meet Record: 10.89 # 5/11/2013 Jordan Millis

Name	Yr	School	Finals
Finals			
1 Spears, Davontae	SO	Westby	11.50 10
2 Eversum, Kyle	SR	Black River	11.68 8
3 Walsh, Thomas	JR	Luther	11.75 6
4 Vance, Luke	FR	Gale-Etrick	11.77 5
5 Holt, Brendan	JR	West Salem	11.93 4
6 Daines, Ryan	JR	Westby	12.06 3
7 Kish, Alex	SR	Luther	12.11 2
8 Goodbear, Collin	JR	Black River	12.36 1

Boys 200 Meter Dash

Meet Record: 22.53 # 5/13/2017 Corbin Sigler

Name	Yr	School	Finals
Finals			
1 Vance, Luke	FR	Gale-Etrick	23.89 10
2 Spears, Davontae	SO	Westby	24.03 8
3 Walsh, Thomas	JR	Luther	24.47 6
4 Stenberg, Ben	JR	Gale-Etrick	24.72 5
5 Engh, Gabe	SO	Westby	24.83 4
6 Kish, Alex	SR	Luther	25.05 3
7 Jorgenson, Erik	JR	Westby	25.09 2
8 Bible, Ethan	JR	Black River	25.14 1
9 Holt, Brendan	JR	West Salem	25.18
10 Simonson, Carter	SO	Viroqua/Yout	25.28
11 Riley, Ben	JR	Luther	25.65
12 Recob, Drake	JR	Black River	25.65
13 Abt, Jonah	SO	Viroqua/Yout	26.14
14 Hansen, Teegan	FR	West Salem	26.33

Boys 400 Meter Dash

Meet Record: 49.71 # 5/17/2014 Bryce Koval

Name	Yr	School	Finals
Finals			
1 Wenthe, Davis	SO	Gale-Etrick	50.60 10
2 Spears, Davontae	SO	Westby	51.58 8

Coulee Conference Championships - 5/12/2018

G-E-T High School

Results - Outdoor

Finals ... (Boys 400 Meter Dash)

Name	Yr	School	Finals	
3 Lisowski, Kaden	SO	Arcadia	52.02	6
4 Jorgenson, Erik	JR	Westby	52.24	5
5 Walsh, Thomas	JR	Luther	52.33	4
6 Wopat, Joe	JR	West Salem	53.49	3
7 Johnson, Blake	JR	Gale-Etrick	54.00	2
8 Howe, Trevor	JR	Viroqua/Yout	54.20	1
9 Bible, Ethan	JR	Black River	55.71	
10 Ellefson, Brendan	SR	Viroqua/Yout	56.02	
11 Caulum, Cayden	FR	West Salem	56.58	
12 Porter, Isaac	FR	Viroqua/Yout	56.59	
13 Iliff, Joshua	FR	West Salem	57.04	
14 Green, Dan	JR	Westby	58.39	
15 Schlachweiler, Tim	JR	Arcadia	59.32	

Boys 800 Meter Run

Meet Record: 1:57.29 # 1990 Pete Jaeger

Name	Yr	School	Finals	
1 Johnson, Blake	JR	Gale-Etrick	2:04.54	10
2 Jumbeck, Joshua	JR	Gale-Etrick	2:06.68	8
3 Romero, Ramon	SR	Arcadia	2:06.81	6
4 Nelson, Marshall	FR	Arcadia	2:07.15	5
5 Handy, Quaid	JR	Luther	2:08.21	4
6 Peterson, Drew	SR	West Salem	2:10.09	3
7 Wiesender, Adam	JR	Black River	2:12.11	2
8 Rogge, Adam	FR	West Salem	2:13.54	1
9 Motzsko, Kyle	SR	Arcadia	2:15.94	
10 Howe, Trevor	JR	Viroqua/Yout	2:17.26	
11 Chavez, Manuel	SO	Westby	2:23.25	
12 Green, Andrew	FR	Westby	2:25.16	
13 Tom, Averie	FR	Black River	2:26.27	
14 Phillips, Evan	SR	Westby	2:26.37	
15 Harle, Blake	FR	Luther	2:27.51	

Boys 1600 Meter Run

Meet Record: 4:24.20 # 1983 Dean Junk

Name	Yr	School	Finals	
1 Vannucchi, David	JR	Luther	4:22.93#	10
2 Fredrickson, Hayden	SR	Westby	4:25.95	8
3 Wiesender, Adam	JR	Black River	4:35.50	6
4 Jumbeck, Joshua	JR	Gale-Etrick	4:37.94	5
5 Nelson, Marshall	FR	Arcadia	4:38.68	4
6 Handy, Quaid	JR	Luther	4:45.67	3
7 Romero, Ramon	SR	Arcadia	4:47.17	2
8 Larson, Sam	JR	Luther	4:48.17	1
9 Torres, Roberto	JR	Arcadia	5:19.54	
10 Saner, Sam	JR	Viroqua/Yout	5:19.82	
11 Krueger, Jeffrey	SR	West Salem	5:22.78	
12 Tom, Averie	FR	Black River	5:27.06	

Boys 3200 Meter Run

Meet Record: 9:42.20 # 1986 Tony Meyers

Name	Yr	School	Finals	
1 Vannucchi, David	JR	Luther	9:39.59#	10
2 Feyen, Doug	JR	Gale-Etrick	9:52.83	8
3 Fredrickson, Hayden	SR	Westby	10:04.39	6
4 Larson, Sam	JR	Luther	10:08.22	5
5 McKinney, Charlie	FR	West Salem	10:16.85	4
6 Wiesender, Adam	JR	Black River	10:36.49	3
7 Sherry, Kade	JR	Westby	10:44.11	2
8 Schibbelhut, Micah	FR	Luther	10:56.89	1
9 Severson, John	FR	Arcadia	11:08.73	
10 Reyes, John	SO	Arcadia	12:06.47	
11 Mayberry, Cole	SO	Viroqua/Yout	12:44.45	
12 Cleveland, Silas	FR	Black River	13:17.84	

Boys 110 Meter Hurdles

Meet Record: 14.58 # 2003 Steve Teeples

Name	Yr	School	Prelims	
1 Wenthe, Davis	SO	Gale-Etrick	15.36Q	
2 Vollmar, Nick	JR	West Salem	16.90Q	
3 Becker, Matt	FR	Black River	17.80q	
4 Lohr, Zach	SO	Viroqua/Yout	17.98q	
5 Eddy, Garrett	JR	Gale-Etrick	18.08q	
6 Knudson, Ian	JR	West Salem	19.00q	
7 Pronschinske, Randy	JR	Arcadia	19.58q	
8 Blackdeer, Ethan	SO	Black River	19.59q	
9 Loersch, Isaiah	FR	Luther	19.83	
10 Byars, Jeremy	JR	Black River	20.22	

Boys 110 Meter Hurdles

Meet Record: 14.58 # 2003 Steve Teeples

Name	Yr	School	Finals	
1 Wenthe, Davis	SO	Gale-Etrick	15.18	10
2 Vollmar, Nick	JR	West Salem	17.05	8
3 Becker, Matt	FR	Black River	17.44	6
4 Lohr, Zach	SO	Viroqua/Yout	17.67	5
5 Eddy, Garrett	JR	Gale-Etrick	18.41	4
6 Knudson, Ian	JR	West Salem	19.10	3
7 Pronschinske, Randy	JR	Arcadia	19.73	2
8 Blackdeer, Ethan	SO	Black River	20.01	1

Boys 300 Meter Hurdles

Meet Record: 39.24 # 5/16/2015 Jim Hoesley

Name	Yr	School	Finals	
1 Schweisthal, Michael	SO	Arcadia	42.32	10
2 Eddy, Garrett	JR	Gale-Etrick	43.46	8
3 Mathison, Haakon	JR	Westby	44.95	6
4 Becker, Matt	FR	Black River	45.70	5
5 Lohr, Zach	SO	Viroqua/Yout	47.23	4
6 Torres, Chris	SO	West Salem	47.45	3

Coulee Conference Championships - 5/12/2018

G-E-T High School

Results - Outdoor

Finals ... (Boys 300 Meter Hurdles)

Name	Yr	School	Finals
7 Vollmar, Nick	JR	West Salem	47.69 2
8 Ziegler, Cole	JR	Gale-Ettrick	47.84 1
9 Pronschinske, Randy	JR	Arcadia	48.63
10 Loersch, Isaiah	FR	Luther	52.68
11 Anderson, Kamrin	FR	Black River	55.24

Boys 4x100 Meter Relay

Meet Record: 43.88 # 5/17/2014 Black River Falls

J Gerzisk, N Greenlaw, M McLinn, G Gjerseth

Team	Relay	Finals
Finals		
1 Black River Falls		45.69 10
1) Engebretson, Ryan SR	2) Ulness, Nicholas JR	
3) Goodbear, Collin JR	4) Eversum, Kyle SR	
2 Gale-Ettrick-Trempea		45.85 8
1) Stenberg, Ben JR	2) Behan, Ben SR	
3) Burns, Bryce SO	4) Wall, Keagan JR	
3 West Salem		46.14 6
1) Hansen, Teegan FR	2) LeDoux, Grant JR	
3) Olson, Ethan JR	4) Holt, Brendan JR	
4 Westby		46.94 4
1) Jorgenson, Brett FR	2) Daines, Ryan JR	
3) Mowery, Austin SO	4) Nelson, Cameron JR	
5 Arcadia		48.17 2
1) Suchla, Ben JR	2) Fernando, Raul JR	
3) Martin, Nolan SR	4) Whalen, Greg SR	
6 Viroqua/Youth Initia		48.41 1
1) Diehl, Steve SR	2) Abt, Jonah SO	
3) Nelson, Ari SO	4) Peterson, Stefan SO	
7 Luther		49.03
1) Riley, Ben JR	2) Kish, Alex SR	
3) Peterson, Connor SO	4) Huang, Roy JR	

Boys 4x200 Meter Relay

Meet Record: 1:32.12 # 5/12/2012 Gale-Ettrick-Trempealeau

C Buening, M McGinnis, G Yang, E Van Vleet

Team	Relay	Finals
Finals		
1 Gale-Ettrick-Trempea		1:33.70 10
1) Stenberg, Ben JR	2) Vance, Luke FR	
3) Ziegler, Cole JR	4) Hanson, Cameron SR	
2 Black River Falls		1:35.87 8
1) Engebretson, Ryan SR	2) Hill, Brandon SR	
3) Recob, Drake JR	4) Eversum, Kyle SR	
3 Westby		1:36.67 6
1) Mowery, Austin SO	2) Daines, Ryan JR	
3) Mathison, Haakon JR	4) Jorgenson, Brett FR	
4 Viroqua/Youth Initia		1:38.64 4
1) Diehl, Steve SR	2) Lohr, Zach SO	
3) Peterson, Stefan SO	4) Simonson, Carter SO	
5 West Salem		1:38.97 2
1) Hansen, Teegan FR	2) LeDoux, Grant JR	
3) Olson, Ethan JR	4) DuMars, Collin FR	

6 Arcadia	1:41.74 1
1) Suchla, Ben JR	2) Fernando, Raul JR
3) Martin, Nolan SR	4) Whalen, Greg SR
7 Luther	1:51.83
1) Raddatz, Konner FR	2) Schulte, Caleb FR
3) Peterson, Connor SO	4) Huang, Roy JR

Boys 4x400 Meter Relay

Meet Record: 3:26.20 # 5/17/2014 Arcadia

J Hoesley, B Lettner, D White, B Koval

Team	Relay	Finals
Finals		
1 Arcadia		3:37.20 10
1) Lisowski, Kaden SO	2) Schweisthal, Michael SO	
3) Nelson, Marshall FR	4) Romero, Ramon SR	
2 Gale-Ettrick-Trempea		3:37.46 8
1) Johnson, Blake JR	2) Jumbeck, Jake JR	
3) Jumbeck, Joshua JR	4) Wenthe, Davis SO	
3 Westby		3:37.47 6
1) Jorgenson, Erik JR	2) Jorgenson, Brett FR	
3) Mathison, Haakon JR	4) Fredrickson, Hayden SR	
4 West Salem		3:39.41 4
1) Wopat, Joe JR	2) LeDoux, Grant JR	
3) Peterson, Drew SR	4) Caulum, Cayden FR	
5 Viroqua/Youth Initia		3:42.88 2
1) Ellefson, Brendan SR	2) Howe, Trevor JR	
3) Ramsay, Kele JR	4) Simonson, Carter SO	
6 Black River Falls		4:22.24 1
1) Hill, Brandon SR	2) Recob, Drake JR	
3) Newell, Mario FR	4) Moldenhauer, Nate FR	

Boys 4x800 Meter Relay

Meet Record: 8:13.70 # 2005 La Crescent

J Bjerke, W Ekstrom, A Schaitel, D Summerfield

Team	Relay	Finals
Finals		
1 Arcadia		8:36.19 10
1) Motzsko, Kyle SR	2) Schlachweiler, Tim JR	
3) Lisowski, Kaden SO	4) Schweisthal, Michael SO	
2 West Salem		8:41.47 8
1) Peterson, Drew SR	2) Sjoquist, Liam SO	
3) Rogge, Adam FR	4) McKinney, Charlie FR	
3 Gale-Ettrick-Trempea		8:48.10 6
1) Kirkey, Riley FR	2) Burton, Ethan SO	
3) Campbell, Jayden SO	4) Jumbeck, Jake JR	
4 Viroqua/Youth Initia		9:13.90 4
1) Ramsay, Kele JR	2) Saner, Sam JR	
3) Nicholes, Elliot FR	4) Porter, Isaac FR	
5 Westby		9:31.08 2
1) Chavez, Manuel SO	2) Green, Andrew FR	
3) Phillips, Evan SR	4) Sherry, Kade JR	
6 Luther		10:26.35 1
1) Harle, Blake FR	2) Deyo, Kyle FR	
3) Savor, Tyler SO	4) Dobberstein, Eric FR	

Coulee Conference Championships - 5/12/2018

G-E-T High School

Results - Outdoor

Boys High Jump

Meet Record: 6-05.50 # 5/17/2014 Brett Thompson

Name	Yr	School	Finals
Finals			
1	Wenthe, Davis	SO Gale-Etrick	6-02.00 10
2	Hanson, Cameron	SR Gale-Etrick	6-02.00 8
3	Spears, Davontae	SO Westby	5-10.00 6
4	Ulness, Nicholas	JR Black River	5-08.00 5
5	Strumness, Tanner	SR Black River	5-06.00 4
6	Burton, Ethan	SO Gale-Etrick	5-06.00 3
7	Mathison, Haakon	JR Westby	5-06.00 2
8	Martin, Nolan	SR Arcadia	5-06.00 1
9	Porter, Isaac	FR Viroqua/Yout	5-04.00
10	Loersch, Isaiah	FR Luther	5-04.00

Boys Pole Vault

Meet Record: 13-10 # 5/13/2017 Owen Gluch

Name	Yr	School	Finals
Finals			
1	Marley, Jack	SR Gale-Etrick	13-00.00 10
2	Nelson, Cameron	JR Westby	13-00.00 8
3	Riley, Ben	JR Luther	11-00.00 6
4	Howe, Trevor	JR Viroqua/Yout	11-00.00 5
5	Rott, Jackson	FR Viroqua/Yout	10-06.00 4
6	Engh, Gabe	SO Westby	10-00.00 3
7	Mowery, Austin	SO Westby	10-00.00 2
8	Viner, Devin	SO West Salem	10-00.00 1
9	Byars, Jeremy	JR Black River	9-06.00
9	Pronschinske, Rylie	FR Arcadia	9-06.00
9	Pronschinske, Randy	JR Arcadia	9-06.00
9	Hess, Joe	JR West Salem	9-06.00
---	Ulness, Nicholas	JR Black River	NH
---	Handly, Chase	FR Black River	NH
---	Ramsay, Kele	JR Viroqua/Yout	NH

Boys Long Jump

Meet Record: 22-00.50 # 1978 Bob Wetsteen

Name	Yr	School	Finals
Finals			
1	Hanson, Cameron	SR Gale-Etrick	21-05.00 10
2	Engebretson, Ryan	SR Black River	20-09.00 8
3	Ziegler, Cole	JR Gale-Etrick	20-00.00 6
4	Bible, Ethan	JR Black River	19-05.00 5
5	Holt, Brendan	JR West Salem	19-03.00 4
6	Vance, Luke	FR Gale-Etrick	18-10.00 3
7	Suchla, Ben	JR Arcadia	18-08.00 2
8	Walsh, Thomas	JR Luther	18-06.00 1
9	LeDoux, Grant	JR West Salem	18-00.00
10	Jorgenson, Brett	FR Westby	17-08.50
11	Simonson, Carter	SO Viroqua/Yout	17-08.00
12	Lisowski, Kaden	SO Arcadia	16-09.00
13	Lohr, Zach	SO Viroqua/Yout	16-02.00

Boys Triple Jump

Meet Record: 44-09.50 # 5/10/2008 Jacob Welch

Name	Yr	School	Finals
Finals			
1	Engebretson, Ryan	SR Black River	42-06.00 10
2	Hanson, Cameron	SR Gale-Etrick	41-07.00 8
3	Wopat, Joe	JR West Salem	40-09.00 6
4	Ziegler, Cole	JR Gale-Etrick	39-06.00 5
5	Suchla, Ben	JR Arcadia	38-10.00 4
6	Engh, Gabe	SO Westby	37-10.00 3
7	Riley, Ben	JR Luther	37-08.25 2
8	Bible, Ethan	JR Black River	37-03.00 1
9	Weilandt, Tony	SR West Salem	36-07.00
10	Sevier, Austin	SO West Salem	36-03.50
11	Nelson, Ari	SO Viroqua/Yout	35-00.50
12	Stevenson, Caspian	FR Viroqua/Yout	31-11.75
13	Nicholes, Elliot	FR Viroqua/Yout	31-07.00
---	Schweisthal, Michael	SO Arcadia	FOUL

Boys Shot Put

Meet Record: 58-00 # 5/11/2013 Brad Walski

Name	Yr	School	Finals
Finals			
1	Weilandt, Tony	SR West Salem	47-08.50 10
2	Goodbear, Collin	JR Black River	45-03.50 8
3	Boberg, Damian	SR Arcadia	44-10.50 6
4	Burns, Bryce	SO Gale-Etrick	43-08.50 5
5	Glassmaker, John	JR West Salem	43-03.75 4
6	Diehl, Steve	SR Viroqua/Yout	42-08.50 3
7	Johnson, Cole	SR Gale-Etrick	42-08.00 2
8	Riehle, Nathan	SR Gale-Etrick	42-03.00 1
9	Koenig, Nick	SR Luther	40-10.00
10	Schneider, Nicholas	FR Viroqua/Yout	39-03.50
11	Noel, Dylan	SO West Salem	38-09.25
12	Bolstad, Alex	SR Luther	38-06.50
13	Olson, Sam	JR Arcadia	34-11.00
14	Larson, Josh	SO Luther	34-10.25
15	Nelson, Sean	JR Westby	32-06.00
16	Roethel, Joseph	FR Westby	31-11.00
17	Ekern, Brooks	SO Viroqua/Yout	31-01.00

Boys Discus Throw

Meet Record: 174-05 # 1997 Andy Kiedrowski

Name	Yr	School	Finals
Finals			
1	Weilandt, Tony	SR West Salem	138-01 10
2	Johnson, Cole	SR Gale-Etrick	134-06 8
3	Boberg, Damian	SR Arcadia	129-09 6
4	Riehle, Nathan	SR Gale-Etrick	122-08 5
5	Pronschinske, Randy	JR Arcadia	118-01 4
6	Jansen, Sam	SR Gale-Etrick	118-01 3
7	Glassmaker, John	JR West Salem	114-09 2
8	Diehl, Steve	SR Viroqua/Yout	113-00 1
9	Bolstad, Alex	SR Luther	112-07
10	Inglett, Ronnie	JR Westby	106-01

Coulee Conference Championships - 5/12/2018

G-E-T High School

Results - Outdoor

Finals ... (Boys Discus Throw)

	Name	Yr	School	Finals
11	Schneider, Nicholas	FR	Viroqua/Yout	103-00
12	Olson, Sam	JR	Arcadia	94-02
13	Nelson, Sean	JR	Westby	92-08
14	Plaisance, Nolan	SR	Black River	83-07
15	Gross, Luke	JR	Viroqua/Yout	78-08
16	Schibbelhut, Micah	FR	Luther	76-02
---	Kish, Alex	SR	Luther	FOUL

Women - Team Rankings - 18 Events Scored

1)	Viroqua/Youth Initia	148
2)	Westby	146.5
3)	Black River Falls	91.5
4)	Arcadia	90
5)	Gale-Ettrick-Trempea	77
6)	West Salem	58
7)	Luther	56

Men - Team Rankings - 18 Events Scored

1)	Gale-Ettrick-Trempea	205
2)	Westby	104
3)	Black River Falls	93
4)	West Salem	88
5)	Arcadia	81
6)	Luther	65
7)	Viroqua/Youth Initia	34