

Woodland Conference Track & Field Championships

South Milwaukee High School

Tuesday, May 15th (Raindate: Wednesday, May 16th)

1. **Time Schedule:**

Facility Opens	1:00 pm
Weighing of implements	1:10 – 1:45pm (Storage on east side of track)
Coaches Meeting	1:30 pm
Field Events	2:00 pm
Running Events	3:30 pm

3. **Entry Info:** All entries will be done online at www.pttiming.com. You are allowed 28 individual entries (no more than three per event), plus relays. An athlete may not compete in more than four events per WIAA regulations. Entry deadline is Sunday, May 13th at 11:59am.

4. **Officials:** Meet Referees – Matt DeWitt & Robert Kern Starters – John Miller & Dave Manderfeld
Clerks – Bob Oliphant, Frank Furdek

5. **Meet Managers:** Stan Druckrey & Mark Hoffman

6. **Games Committee:** Starters, Meet Manager, Brown Deer Girls, Pewaukee Boys

5. **Team Assignments** - Schools are responsible for one adult worker and three helpers for their event. (For switches, contact another school directly, then contact the host school to confirm the switch)

Brown Deer	Girls High Jump	New Berlin West	Girls Shot Put
Cudahy	Boys High Jump	Pewaukee	Boys Triple Jump
Greenfield	Girls Long Jump	Shorewood	Girls Pole Vault
Greendale	Boys Long Jump	West Allis Central	Exchange Zones
Milwaukee Lutheran	Boys Shot Put		& Hurdle Inspector
Milwaukee Pius XI	Boys Pole Vault	Whitnall	Girls Discus
New Berlin Eisenhower	Girls Triple Jump	Wisconsin Lutheran	Boys Discus

6. **Scoring:** 8 places (10-8-6-5-4-3-2-1)

7. **Awards:** Medals to top 3 in each event. A championship bar for the winning team.

8. **Admissions:** \$4.00 Adults. \$3.00 Students & Senior Citizens

9. **Restricted Areas:** The infield will be a restricted area during the meet, as will the start, and finish areas. High jump athletes and their coaches will be allowed in the infield during and until the completion of their competition. Spectators, coaches and non-competing athletes should remain outside of all “flagged off” areas surrounding each venue. Teams may camp in the bleachers or under the west bleachers. Because of its proximity to the discus area, the area under the east bleachers is for South Milwaukee personnel only.

12. **Trainer:** An athletic trainer from Midwest Orthopedic Sports Medicine will be on hand.

13. **Facility:** Seal Flex, 8-lane track. Discus is southeast of the track. Long and Triple jump runways are northeast of the track. Pole Vault runway is northwest of the track and outside of the stadium. High Jump located on north end of the track. Spectator seating is permitted on east or west side of track.

14. **Spikes:** ¼” pyramid spikes ok. No pin or “Christmas tree” spikes will be allowed.

15. **Results:** Results will also be posted on the PT Timing website, www.pttiming.com

Order of Events

2:00 p.m. Field Events

Long Jump

- Girls first.
- South pit. Board at 8'.
- Open pit for preliminaries (Time TBA by number of jumpers). Three jumps.
- Top 9 to finals. Three more jumps.
- 20 min run thru prior to competition. 15 min between trials and finals.
- Finals will be run in reverse order of finish from preliminaries.

Triple Jump

- Boys first.
- North pit. Boards at 24', 28', 32', 36', and 40'.
- Open pit for preliminaries (Time TBA by number of jumpers). Three jumps.
- Top 9 to finals. Three more jumps.
- 20 min run thru prior to competition. 15 min between trials and finals.
- Finals will be run in reverse order of finish from preliminaries.

Discus

- Girls first.
- Run in flights by seed. No more than 12 throwers per flight
- Three throws in prelims(1-1-1). Top 9 to finals. Three more throws (1-1-1)
- 15 min between flights. 15 min between trials and finals.
- Finals will be run in reverse order of finish from preliminaries.

Shot Put

- Boys first.
- Run in flights by seed. No more than 12 throwers per flight
- Three throws in prelims(1-1-1). Top 9 to finals. Three more throws (1-1-1)
- 15 min between flights. 15 min between trials and finals.
- Finals will be run in reverse order of finish from preliminaries.
- If there are wheelchair athletes in the shot put, they will compete prior to the first preliminary flight of the day.

High Jump

- Boys and girls will be run concurrently.
- Boys in west pit. Starting height TBA (4" below 8th seeded jumper)
- Girls in east pit. Starting height TBA (4" below 8th seeded jumper)
- Bar will be raised in 2" increments until 3 jumpers remain. Then by 1".
- Five alive will be used until 9 jumpers remain.

Pole Vault

- Boys first. Girls will start 20 min after the completion of the boy's competition.
- Boys starting height TBA (1' below 8th seeded vaulter)
- Girls starting height TBA (1' below 8th seeded vaulter)
- Bar will be raised in 6" increments until 3 vaulters remain. Then by 3".
- Five alive will be used until 9 jumpers remain.

3:30 p.m. Running Events:

400 m Coed Wheelchair
3200 m Relay - Girls
3200 m Relay – Boys
100 m. High Hurdles Prelims – Girls
110 m. High Hurdles Prelims - Boys
100 m. Dash Prelims - Girls
100 m. Dash Prelims - Boys
20 Minute Break – 800m Coed Wheelchair to be conducted during this time
100 m. High Hurdles - Girls
110 m. High Hurdles – Boys
100 m Dash – Girls
100 m Coed Wheelchair
100 m. Dash - Boys
1600 m Run – Girls
1600 m Run - Boys
800 m Relay – Girls
800 m Relay – Boys
400 m Dash - Girls
400 m Dash - Boys
400 m Relay - Girls
400 m Relay - Boys
300 m Low Hurdles - Girls
300 m Intermediate Hurdles - Boys
800 m Run – Girls
800 m Run – Boys
200 m Dash – Girls
200 m Dash – Boys
3200 m Run – Girls
3200 m Run – Boys
1600 m Relay – Girls
1600 m Relay – Boys
1600 m Coed Wheelchair

If you have any questions or see something that doesn't seem right, please contact us (the sooner the better) at the information below.

Thank you,

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Stan Druckrey – South Milwaukee Girls Coach
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