



Athletic Department
Kevin Flegner, Associate Principal/Athletic Director

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WIAA

2018 Regional Track Meet

Oconomowoc High School—Rux Stadium

To: Athletic Directors, Head Boys and Girls Track Coaches, and Meet Officials
Arrowhead, Hamilton, Menomonee Falls, Milwaukee Madison University, Milwaukee Vincent/Destiny, Oconomowoc, Pewaukee, Watertown.

Officials: Tom Bock, Thomas Johnson, Don McNaughton

Date: Monday, May 21, 2018

Site: Oconomowoc High School
641 E Forest Street
Oconomowoc, WI 53066

Coaches Review: The track and Field tournament is posted on the WIAA School Center. Please inform your coaches to review all pertinent information at

https://www.wiaawi.org/Portals/0/PDF/Publications/Spring_Sport_Regs/tracktournregs.pdf

Entries: All entries will be done online through pttiming.com by 8:00 a.m. on Friday, May 18th.

Coaches Meeting: 3:00 - North team room behind main press box

Implement (Shot/Disc) Weigh-In: 2:45-3:15pm in the North team room behind main press box.

Starting Times: Field Events @ 3:45 Running Events @ 4:30

Spikes: No longer than ¼" (they will be checked). No "Christmas Tree" spikes.

Track/Runways: **NO** tape on track/runways. Chalk will be provided

Team Areas: Please set up camps either in the stands or anywhere **outside of the stadium field fence on real grass areas north of the track.** Coaches and athletes will be able to enter the stadium complex through the team gate on the east side of the stadium.

Restricted Areas: The infield will be restricted to everyone except officials, workers, and meet management with the following exception. Coaches will be allowed in the high jump area during competition. **We ask that you keep your athletes off of the infield at all times and inform parents that they should not be inside the fenced area of the track.**

Jury of Appeals: Two Officials (starters), Meet Manager Kevin Flegner, Head Boys Coach from Milwaukee Vincent/Destiny and Head Girls Coach from Hamilton. Alternates: Head Boys Coach- Menomonee Falls, Head Girls Coach-Watertown.

Admission: \$5 Adults/Students/Children, **No passes**

Concessions: Concessions will be available behind the main press box.

If you have any questions call me at (262) 560-3111

Thanks and Good luck!
Kevin Flegner – Athletic Director

DIVISION 1 REGIONAL SCHEDULE: (Field Events @ 3:45pm, Running events @ 4:30pm)

2:45 Stadium Opens

3:00 Coaches' Meeting

3:45 Field Events Begin

Boys then Girls Triple Jump

Girls then Boys Long Jump

Boys then Girls Discus

Girls then Boys Shot Put

Girls then Boys High Jump

Boys then Girls Pole Vault

4:30 Running Events Begin Girls then Boys

1. 1600M Coed Wheelchair

2. 3200M Relay

3. 100M Dash Trials

4. 100/110M Hurdle Trials

5. 200M Trials

15 Minute Break

6. 100/110M Hurdle Finals

7. 100M Dash Finals (Coed Wheelchair before finals of girls and boys)

8. 1600M Run

9. 800M Relay

10. 400M Dash (Coed Wheelchair before finals of girls and boys)

11. 400M Relay

12. 300M Hurdles

13. 800M Run (Coed Wheelchair after finals of girls and boys)

14. 200M Dash Finals

15. 3200M Run

16. 1600M Relay