

Dunn-St. Croix Conference Meet
Mondovi High School Track & Field Complex
Tuesday May 15, 2018

Teams:

Boyceville, Colfax, Durand, Elk Mound, Elmwood/Plum City, Glenwood City, Mondovi, & Spring Valley

Time:

3:00- Implement weigh-in (Underneath Grandstand)
3:30- Coaches meeting in the press box
3:30- Field Events Open for warm-Ups
4:00- Field Events (Trials and Finals)
4:45- Running Events (run on a rolling schedule- prelims and finals)

Jury of Appeals:

Randy Pongratz (Meet Manager), Paul Bielmeier (Co-Head Coach Mondovi), Herb Schneider (Head Coach Durand) and Corey Day (Head Coach Boyceville)

Entries:

- Entries will be done online at <http://www.pttiming.com>
- Entries will be done on PT Timing- Entries open at 12:00 PM on Monday May 7 and will close at 12:00 pm on Sunday May 13
- **Schools must use the WIAA 28 individual entry rule when completing entries**
 - **No more than 3 athletes per event**
 - **One entry per relay**
 - **Make sure to list alternates for relays. Reminder, being listed as an alternate counts as an event.**
- Entry fee is \$150 for both genders.

Facility:

We have an 8 lane 400 meter polyurethane structural all weather track surface. The long jump, triple jump and pole vault runways and high jump area is of the same track surface. The throwing circles are concrete.

- **Up to ¼ inch pyramid spikes are allowed.**
- **Team camps will be located north of grandstand in roped off area**
- **No tape will be allowed on track surface-ONLY USE CHALK (provide your own)**

Awards:

- Medals to the top two individuals and relays.
- All-Conference certificates to the top 3 individuals and relays.
- Team trophy for the first place team.

Concessions:

- There will be a full concessions stand available throughout the meet.

Scoring:

10-8-6-5-4-3-2-1

PV/HJ:

Opening heights will be determined at the coaches meeting.

Pole Vault:

Please make sure to have the appropriate PV verification form. The form can be downloaded at:
https://www.wiaawi.org/Portals/0/PDF/Sports/Track/tf_pvweight.pdf.

Admission Fee:

\$4 for adults and \$3 for students

Clerk of Course:

The clerk of course and bullpen area will be located at the start of the 100m dash starting line. Athletes need to be checked in by the second call of the event in which they are running. Field event athletes need to check in at their event area prior to the start of event competition.

Bus Parking

Bus parking is available in the parking lot around the track

Relay Exchange Zone Judges: *(Relay flags will be located at starting line)*

4x100 M Relay

- Exchange 1: Boyceville and Colfax
- Exchange 2: Elk Mound and Mondovi
- Exchange 3: Glenwood City and Elmwood/Plum City

4x200 M Relay

- Exchange 1 and 3: Durand and Spring Valley
- Exchange 2: Boyceville and Colfax

Hurdle Judges: *(Observe hurdle races watching for infractions)*

- All schools except Boyceville and Colfax please provide at least one coach to observe 100/110 and 300m hurdle races watching for infractions

Contact:

Randy Pongratz – AD/Meet Manager
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Jamie McGuire – Co-Head Track Coach
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Paul Bielmeier - Co-Head Track Coach
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Schedule

- 3:00 Implement Weigh-In (Underneath grandstand)
3:30 Coaches Meeting (Press Box)
3:30 Field Event Warm-Up
4:00 **Girls HJ** – followed by **boys**
Boys PV – followed by **girls**
Girls Shot – followed by **boys**
- 3 throws- Prelims and Finals (9 advance to finals)
 - Finals will begin ten minutes after prelims
- Boys Discus**- followed by **girls**
- 3 throws- Prelims and Finals (9 advance to finals)
 - Finals will begin ten minutes after prelims
- Boys Long Jump**- open pit from 4:00-5:00 (North Runway)
- 3 jumps- Prelims and Finals (9 advance to finals)
 - Finals will begin ten minutes after prelims
 - **Girls Long Jump**- 20 minutes warm-up upon the completion of the boy's long jump. One hour for the completion of prelims with the finals to follow ten minutes later
- Girls Triple Jump**- open pit from 4:00-5:00 (South Runway)
- 3 jumps- Prelims and Finals (9 advance to finals)
 - Finals will begin ten minutes after prelims
 - **Boys Triple Jump**- 20 minute warm-up upon the completion of the girl's triple jump. One hour for the completion of the prelims with finals to follow ten minutes later.

4:45 Running Events

We will operate on a rolling time schedule. Athletes need to listen for race calls and announced start times for field events. Girls races will be run first, followed by boys (**with the exception of the 100/110 m high hurdle final**).

4 x 800 M Relay
100 M Dash Prelims
100/110 M High Hurdles Prelims
200 M Dash Prelims

15 minute break

110/100 M Hurdle Finals
100 M Dash Finals
1600 M Run
4x200 M Relay
400 M Dash
4x100 M Relay
300 M Hurdles
800 M Run
200 M Dash Finals
3200 M Run
4 x 400 M Relay