



Whitefish Bay High School  
 1200 East Fairmount Ave  
 Whitefish Bay, WI 53217



To: Athletic Directors and Boys and Girls Track Coaches of Whitefish Bay, Shorewood, & Grafton High Schools  
 From: Jason Kasmarick, Activities Director  
 Date: 4/13/2018  
 Re: Outdoor-Indoor Varsity/JV Triangular Track Meet on **Wednesday, April 18, 2018**

We are pleased to host an outdoor-indoor track meet involving your teams on Wednesday, April 18, 2018 beginning at 4:00 PM. In the information below, please note there will be unlimited individual event entries. All athletes will be timed and scored.

Meet information:

**1. Entries for will be done online via [www.pttiming.com](http://www.pttiming.com). Look under Upcoming Events for this meet. Entries will open on Friday, April 13. **The deadline for entries is noon on Monday, April 16.****

2. Scratches with replacements may be done at the Coaches' meeting. There will be no reseeding. Heats may be combined due to scratches. *Coaches' meeting at 3:30 in the Team Room at the east end of the Fieldhouse.*
3. Teams are allowed unlimited entries for each individual event. Teams are permitted 3 relay teams (per gender) in each relay event. An athlete may compete in a maximum of four events and not enter more than three track or three field events as indicated by WIAA rules.
4. Finals only.....no prelims.
5. Locker rooms are not available. Please have your athletes come dressed to compete.
6. **Admission is free.** There are no awards for this meet.
7. The shot put will be conducted by the open ring method. Each athlete will be given 4 throws.
8. The discus will be conducted by an open ring method. Each athlete will be given 3 throws.
9. The high jump starting height and format will be determined at the coach's meeting.
10. The long jump will be conducted by the open pit method. Each jumper will be given 3 jumps.
11. The triple jump will be conducted by the open pit method. Each jumper will have 3 jumps.
12. The pole vault opening height and format will be determined at the coaches meeting.

Order of events: Boys and then Girls.

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|----------------------|-----------------|
| 1. 100m/110m Hurdles | 5. 400m Relay   |
| 2. 100m Dash         | 6. 300m Hurdles |
| 3. 1600m Run         | 7. 800m Run     |
| 4. 400m Dash         | 8. 200m Dash    |

*For all races 200m and under, there will be 8 lanes. The 400m relay, the 300m hurdles and 400m will have 6 lanes available.*  
**None of the following events will be held: 3200m Relay, 1600m Relay, 800m Relay, 3200m Run**

Order of field events:

High Jump: All girls will go first. Upon completion, boys will begin.  
 JV and Varsity combined

Long Jump: Both genders will jump concurrently. Pit open from 5:15-6:15. 3 jumps each.  
 Triple Jump: Both genders will jump concurrently. Pit open from 4:00-5:00. 3 jumps each.

Pole Vault: All boys will go first. Upon completion, girls will begin.  
 JV and Varsity combined

Shot Put: Boys and girls will go together.  
 Discus: Boys and girls will go together. (Follows shot put)

If there are any questions, contact Jason Kasmarick at 414.963.3972