



Waukesha South High School

401 E. Roberta Ave.
Waukesha WI. 53186

Boys Track & Field
Coach: Ken Sumbry
Email: Ksumbry@juno.com
Cell: 414-232-0445

To: Athletic Directors and Track & Field Coaches
From: Ken Sumbry, Head Boys Track & Field Coach
RE: Waukesha South Boys JV Indoor Invitational- Friday, March 23 2018
Waukesha South High School Field House

Teams- Arrowhead, Catholic Memorial, DASH, Franklin, Grafton, Mukwonago, New Berlin East, Oak Creek, South Milwaukee, Waukesha North, Waukesha West, Whitnall, Waukesha South

Scoring 10-8-6-5-4-3-2-1

Entries To be entered online at <http://www.pttiming.com/event-schedule/all-upcoming-events>
Entry Deadline is Wednesday, March 21 at 6:00pm. Please declare your entries on time.

- (2) entries per individual event - (3) entries maximum per event with wildcard
- (1) entry for each relay
- (3) wild card entries for individual events only

Track/ Misc. Information

- Track is 176 yards un banked Chemturf Synthetic Surface 10 laps = 1mile
- Six lanes for the 60yard dash. Five lanes for the 60yard High/Intermediate hurdles
- Tape is not allowed on floor for High Jump and Pole Vault. South will provide markers. Markers must be returned to host school after completion of event
- Admission- \$5.00 Adults \$3.00 Students Brochures \$1.00
- Officials- Dennis Mayer, Tom Emmerich, Mark Pagach, Bob Schreiber



Waukesha South High School

401 E. Roberta Ave.
Waukesha WI. 53186

Boys Track & Field
Coach: Ken Sumbry
Email: Ksumbry@juno.com
Cell: 414-232-0445

Pre Meet Information

- Track will be open at 3:30pm
- 4:00pm- Coaches/Scratch Meeting held in field house
- All running event scratches and reseeding will be made at this time
- Heats may be combined due to scratches
- All field event scratches will be completed at each event site

Field Events Begin - 4:30 pm- All Finals

- Pole Vault- Starting Height TBD at coaches meeting
- High Jump- Starting height TBD at coaches meeting
- Shot Put - 3 Throws only
- Triple Jump - 3 Jumps only
- Long Jump- 3 Jumps only- 20 minute warm up will follow the conclusion of the Triple Jump

Running Events Begin- 5:30 pm-All Timed Finals

- 2 Mile Relay
- 60Yard High Hurdles
- 60Yard Dash
- 1 Mile Run
- 6 Lap Relay
- 440 Yard Dash
- 4 Lap Relay
- 60 Yard Intermediate Hurdles
- 880 Yard Run
- 220 Yard Dash
- 2 Mile Run
- 1 Mile Relay



Waukesha South High School

**401 E. Roberta Ave.
Waukesha WI. 53186**

**Boys Track & Field
Coach: Ken Sumbry
Email: Ksumbry@juno.com
Cell: 414-232-0445**