



# ROCK ISLAND HIGH SCHOOL 23<sup>rd</sup> ANNUAL QUAD CITY INDOOR TRACK AND FIELD INVITATIONAL

Tuesday February 27<sup>th</sup> and Wednesday February 28<sup>th</sup>, 2018

Tuesday: Boys Field @ Carver Girls' Running @ Pepsico

Wednesday : Boys' Running @ Pepsico & Girls' Field @ Pepsico

## Girls' Track and Field Coaches:

Welcome to the 23<sup>rd</sup> Annual Quad City Indoor Track and Field Invitational. The girls' competition begins with running events on Tuesday, February 27<sup>th</sup> at Augustana's Pepsico Building and will continue on Wednesday, February 28<sup>th</sup> with field events at Augustana's Carver Center. **Please note we are allowing a B relay team entry for each of the 3 relays. The top three teams in each of those events will score and receive medals.**

Please drop off athletes at the door of the Pepsico Building or Carver Center and ask bus drivers to park in designated areas. At the Pepsico Building, buses are to park on the street just north of the parking lot. Parking is available north of the Carver Center. **Meet entry fee is \$180.00.**

## SCHEDULE OF EVENTS

Tuesday, February 28<sup>th</sup> – NOTE THE TIME AND ORDER

3:45 4 x 200 B Relay  
4:00 4 x 200 Varsity Relay  
4 x 800 Varsity Relay  
55 Hurdles @ 33"  
55 Dash  
4 x 800 B Relay  
400 Dash  
1600 Run (2 heats)  
200 Dash  
4 x 400 B Relay  
4 x 400 Varsity

2 ENTRIES PER INDIVIDUAL EVENT, AND ONE VARSITY RELAY, AND ONE B RELAY

All Events are finals based on FAT times

Scoring – Varsity Events – 10, 8, 6, 4, 2, 1                      B Relays – 8, 6, 4

Wednesday Field Events at Carver – Start time may vary depending on Augie Boys' Basketball

6:00 High Jump  
Long Jump (Triple Follows Long)  
Pole Vault  
Shot Put

2 ENTRIES PER EVENT

All results and awards will be available at the end of each day. Please pick up results and medals before you leave each day. Trophies will be awarded at the end of the second day.

**ENTRIES:** We will again be using **Prime Time Timing** online entry.

Go to [www.pttiming.com](http://www.pttiming.com)

Look under “**Upcoming Events**” February 27<sup>th</sup>, 2017 **23<sup>rd</sup> Annual Quad City Indoor**

Click on “**Register for this Meet**”

If you already have an account: enter your email and password

If you don't have an account: Click on "Create a New Account" and follow the online directions.

We recommend setting up your [www.pttiming.com](http://www.pttiming.com) account and entering your team roster by **Wednesday February 21st**. Changes can be made online at [www.pttiming.com](http://www.pttiming.com) any time before midnight on Friday February 23<sup>rd</sup>. After that time, [www.pttiming.com](http://www.pttiming.com) will shut down the site and you will no longer have access to make changes. If there is a need to make a last minute change, you may do so with the clerk of the course the day of the event. Additions will be allowed only in open lanes. If you have any problems completing your entries please contact Jason Nunn by email [Jason.nunn@rimsd41.org](mailto:Jason.nunn@rimsd41.org) or on cell at (309)781-1555 or Tammy Vesey by email [tammy.vesey@rimsd41.org](mailto:tammy.vesey@rimsd41.org) or at 309-782-9466 or on cell 563-499-5626.

*Please enter your entire roster, even if you think they won't participate.*

<b>PARTICIPATING TEAMS:</b>	<b>Alleman</b>	<b>Davenport West</b>	<b>Iowa City High</b>
	<b>Mercer County</b>	<b>Moline</b>	<b>Muscatine</b>
	<b>North Scott</b>	<b>Orion</b>	<b>Pleasant Valley</b>
	<b>Rock Island</b>	<b>Rockridge</b>	<b>United Township</b>
	<b>Bettendorf</b>	<b>Assumption</b>	

**OTHER INFORMATION:**

- Please help keep the facilities clean. DO NOT allow your athletes to stick hip numbers on the floor.
- No spikes are allowed on the **court surfaces** at Pepsico.
- Please instruct your athletes to report to the clerk of course 5 minutes before their event.
- Concessions will be available at Pepsico but not at Carver.
- All Spectators will be charged admission. \$5.00 for Adults and \$2.00 for students and children under 5 years of age. **Please inform your spectators.**

Good Luck to All Teams

Thank You,  
Tammy Vesey  
Head Girls Track Coach  
Rock Island High School  
309-782-9466 work  
563-499-5626 cell

Michelle Lillis  
Athletic Director  
Rock Island High School  
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