

IOLA-SCANDINAVIA THUNDERBIRDS

CWC MEET – CROSS COUNTRY 2017

Thursday, October 12, 2017
Iola Winter Sports Complex

To: **Athletic Directors and Cross Country Coaches of the following Schools:** Amherst, Bonduel, Gresham/Bowler, Iola-Scandinavia, Manawa, Marion, Menominee Indian, Pacelli, Pittsville, Rosholt, Shiocton, Weyauwega-Fremont and Wittenberg-Birnamwood

From: Tom Anderson (**Meet Manager**)
School Phone: 715-445-2411, Ext. 5000
Cell Phone: 715-570-3643 (call or text)
E-Mail: andersont@iola.k12.wi.us

Dave Jueds (**Athletic Director**)
School Phone: 715-445-2411, Ext 1319
Cell Phone: 715-851-0678 (call or text)
E-Mail: juedsd@iola.k12.wi.us

Officials: Travis Bassett (#211554) and Alan Beyer (#970957)

Upon Arrival: Bus drop-off area is located near the chalet. At this time, no coaches meeting is planned. Coaches may pick-up packet containing course maps and lane assignments inside the chalet. Chips from PT Timing can be picked-up near the finish area. Tent area is located in front or west side of chalet.

Start times: 4:00PM – Middle School Boys & Girls
4:30PM – Girl's High School (varsity and junior varsity)
5:15PM – Boy's High School (varsity and junior varsity)
6:00PM – Awards will be presented off the balcony behind the chalet.

Middle School Race (middle school boys and girls will run race together)

- The middle school course for the boys and girls is approximately **2880** meters or **1.79** miles. Team scores will be based on the five best finishers of each team.

High School Race

- Each coach **will** need to designate their seven (7) varsity runners and the remaining high school runners will participate as junior varsity runners. The top five runners from each team will count toward the team score while the sixth and seventh runners can be used to displace other teams' runners. The high school course for the boys and girls is approximately **5000** meters.

Course

- The course is set up on a series of groomed cross country ski trails with no pavement or concrete surfaces to run over. The trails are 10-25 feet wide, and the surface is mostly firm with a few sandy parts. The course consists of rolling hills. The high school course is just over two loops while the

middle school course is just over one loop. Both courses will be lined and marked with flags. Spikes may be used, but may not be longer than ½ inch. **Note: I have attached course maps.**

Entries/Runners

- We will be using *PT Timing*. To register or enter your teams, go to (www.pttiming.com). You may need to create a “new account” with a username and password that can be used all season for any meet timed by *PT Timing*. Once you login you will need to enter your roster. After your roster is entered you will specify which race each athlete will compete in. **Registration opens on Tuesday, October 3rd, 2017 at 12/Noon. Registration closes at 12/Noon on Tuesday, October 10th.** Schools that fail to meet the deadline will be **subject to a \$50 late fee.** Questions about entries can be directed to info@pttiming.com

Entry Fee

- An invoice covering shared expenses will be sent out to all participating schools after the meet.

Awards

- All awards will be presented at the awards ceremony after the final race (about 6PM) off the balcony behind the chalet.
- **Middle-School Awards:** Medals will be presented to the top-ten middle school boys and the top-ten middle school girls. Team trophies will be presented to the first-place girls’ team and the first place boys’ team.
- **High School Awards: 1st Team All-Conference:** Medals and certificates will be presented to the top-seven high school varsity boys and the top-seven high school varsity girls. **2nd Team All-Conference:** Certificates will be presented to finishers 8-14 for high school varsity boys and girls. **Honorable Mention All-Conference:** Certificates will be presented to finishers 15-21 for high school varsity boys and girls. A conference championship trophy will be present to the first place boys and girls teams.

Iola Winter Sports Complex, E398 County Road MM

- From Iola, take HWY 49 north four miles to CTY MM. Turn left onto CTY MM. Iola Winter Sports Complex is located two miles on the right.
- From HWY 10 & 161, drive east on HWY 161 into Iola and then follow the above directions, or drive east on HWY 161 from HWY 10 to CTY A and turn left/north. Take CTY A about 2.5 miles and turn right/east onto CTY MM. Winter Sports Complex will be on the left in 4-5 miles.
- **Please encourage you spectators to park in the parking lot. Parking on CTY MM is not allowed!**

Other Information

- Concessions will be located inside the chalet/lodge.
- If available at the time, we will have an ambulance service on the grounds during the races. One of the trail vehicles will be a medical gator.
- The WIAA has a “**No Smoking**” policy for all high school events. Therefore, smoking will not be allowed on the Iola Winter Sports Complex grounds.
- Also, the Iola Winter Sports Complex prohibits pets on the grounds. We would appreciate your cooperation to inform your spectators that smoking and pets are not allowed on the grounds.
- The restrooms inside the chalet are **off limits** to runners. We will have porta-toilets located near the east end of the parking lot near the chalet/lodge.

LANE ASSIGNMENTS

(Revised 10/1/17)

1. Pacelli
2. Menominee Indian
3. Wittenberg-Birnamwood
4. Pittsville
5. Marion
6. Gresham/Bowler
7. Iola-Scandinavia
8. Amherst
9. Weyauwega-Fremont
10. Manawa
11. Bonduel
12. Rosholt
13. Shiocton