

## 2017 Classic 8 Cross Country Championships

**\* Buses are not allowed to park at the middle school. They must park at the high school on the corner of Racine Avenue and Woods Road. Buses may return after 12:20pm. Please notify your bus driver.**

**When:** Saturday, October 14, 2017

**Where:** Lake Denoon Middle School – w216 s10586 Crowbar Drive, Muskego, WI 53150  
From I-43, exit on Racine Ave and go south  
At Kelsey Road turn right (this is the roundabout intersection after the High School)  
At Crowbar Road Turn left (stop sign intersection)  
Turn left into the school's parking lot

\* Do not set up your team camp in any paved area or near the start/finish lines in the soccer fields. This can be done on the grass by the parking lot behind the school (where awards will be announced).

**Distance:** All races will be 5000m.

**Schedule:** 8:15am Coaches meeting by the finish line.  
9:00 Varsity Girls Race (**8 varsity runners max**)  
9:30 Varsity Boys Race (**8 varsity runners max**)  
10:00 JV Girls Race  
10:35 JV Boys Race  
11:20 Awards

**Teams and Box Assignments:** 1) Waukesha South 2) Catholic Memorial 3) Muskego 4) Waukesha North  
5) Oconomowoc 6) Kettle Moraine 7) Mukwonago 8) Arrowhead 9) Waukesha West

**Concessions and T-shirts:** There will be a concessions area selling various food and drink items, as well as short and long sleeve T-shirts (prices will be posted).

**Entries/Results:** Register your athletes online on [www.pttiming.com](http://www.pttiming.com). **This needs to be done by noon on Thursday, October 12. You will pay a late fee if this is not completed on time.** Results will be available after the race, and online at [www.pttiming.com](http://www.pttiming.com).

**Scoring:** The meet will be scored by PTTiming. Coaches, you will pick up your runners' timing chips from the finish line area when you arrive, and you will be responsible for returning them to the concessions area after the race. Missing chips will be charged to your school.

**Awards:** Top 16 in each varsity race will receive medals: 8 gold medals for first team all-conference, 8 silver medals for second team all-conference. The varsity runners from each conference championship team will individually receive gold medals as well. We will also call up the top freshmen and JV finishers to receive recognition during the awards ceremony.

### **Course Records:**

Boys	Carl Hirsch	Brookfield Central	15:39	2012
Girls	Elizabeth Flatley	Brookfield Central	13:54 (4k)	2013
	Kate Jochims	Muskego	18:08 (5k)	2016

## Conference History

### Top 10 Boys 5k Times

Cole Sandvold	Arrd	15:48	2016
Matt Esche	WW	15:50	2000
Russell Sandvold	Arrd	15:52	2011
Cole Sandvold	Arrd	15:58	2015
Bryan Culver	WS	16:00	2003
Brian Les	CM	16:03	2002
Ben Penleasky	CM	16:05	2002
Russell Sandvold	Arrd	16:05	2010
Alex Webster	CM	16:06	2002
Matt Esche	WW	16:08	1999
Brad Woodford	WS	16:08	2010
Ian Nadolski	Muk	16:08	2016

### Top 10 Girls 5k Times

Kate Jochims	Mus	18:08	2016
Kate Jochims	Mus	18:14	2015
Grace Dargiewicz	WS	18:25	2015
Kaylee Beyer	Muk	18:26	2015
Emma Langer	WW	18:34	2015
Annie Hughes	Arrd	18:37	2015
Becca Langer	WW	18:49	2015
Anna Merten	WN	18:50	2015
Annie Hughes	Arrd	18:57	2014
Libby Geisness	WS	18:59	2016

### Top 10 Girls 4k Times

Alicia Pabich	WN	14:33	2004
Jenna McMiller	WN	14:39	2010
Serena Ramsey	WW	14:40	2000
Gabby Levac	Arrd	14:41	2009
Jackie Dubnicka	Arrd	14:45	2012
Jackie Mulrooney	Arrd	14:49	2001
Sammi Donovan	WN	14:49	2010
Alicia Pabich	WN	14:59	2003
Morgan Sickles	CM	14:39	2008
Jenna McMiller	WN	14:53	2009

### Past Team Champions

	<u>Boys</u>	<u>Girls</u>		
2016	Arrowhead	Waukesha West		

2015	Arrowhead	Arrowhead
2014	Arrowhead	Arrowhead
2013	Muskego	Arrowhead

2012	Arrowhead	Arrowhead
2011	Arrowhead	Arrowhead
2010	Arrowhead	Arrowhead
2009	Arrowhead	Waukesha West
2008	Waukesha West	Waukesha West
2007	Waukesha West	Arrowhead
2006	Arrowhead	Waukesha West
2005	Waukesha West	Waukesha West
2004	Arrowhead	Waukesha West
2003	Arrowhead	Waukesha West
2002	Catholic Memorial	Waukesha West
2001	Catholic Memorial	Waukesha West
2000	Waukesha West	Waukesha West
1999	Waukesha West	Waukesha West
1998	Waukesha West	Waukesha West
1997	Arrowhead	Waukesha West

### **Past Individual Champions**

	<u>Boys</u>		<u>Girls</u>	
2016	Cole Sandvold	Arrd	Kate Jochims	Mus
2015	Cole Sandvold	Arrd	Kate Jochims	Mus
2014	Will Simons	Arrd	Annie Hughes	Arrd
2013	Mitch Kwapick	Mus	Jackie Dubnicka	Arrd
2012	Vince Paikowski	WS	Jackie Dubnicka	Arrd
2011	Russell Sandvold	Arrd	Taylor McDowell	Arrd
2010	Russell Sandvold	Arrd	Jenna McMiller	WN
2009	John Luterbach	CM	Gabby Levac	Arrd
2008	Matt Dugan	WW	Morgan Sickels	CM
2007	Billy Schlotke	Muk	Morgan Sickels	CM
2006	Andy Lepkowski	CM	Alyssa Beste	WW
2005	Mike McFarland	Arrd	Laura Koch	WW
2004	Alex Webster	CM	Alicia Pabich	WN
2003	Brian Culver	WS	Alicia Pabich	WN
2002	Brian Les	CM	Emily Ramsey	WW
2001	Tris Obluck	Muk	Jackie Mulrooney	Arrd
2000	Matt Esche	WW	Serena Ramsey	WW
1999	Matt Esche	WW	Erin Meinecke	Muk
1998	Chad Dercks	WS	Jessica Holt	Arrd
1997	Vince Jamison	Arrd	Serena Ramsey	WW

### **Lowest Team Score**

Boys – Waukesha West (16 in 1999)

Girls – Arrowhead (15 in 2012)