



Whitefish Bay High School
1200 East Fairmount Ave
Whitefish Bay, WI 53217



To: Athletic Directors and Boys and Girls Track Coaches of Whitefish Bay, Shorewood, & Grafton High Schools
From: Jason Kasmarick, Activities Director
Date: 4/13/2017
Re: Outdoor-Indoor Varsity/JV Tri Track Meet on **Tuesday, April 18, 2017**

We are pleased to host an outdoor-indoor track meet involving your teams on Tuesday, April 18, 2017 beginning at 4:00 PM. In the information below, please note there will be unlimited individual event entries. All athletes will be timed and scored.

Meet information:

1. Entries for will be done online via www.pttiming.com. Look under Upcoming Events for this meet. Entries will open on Friday, April 14. **The deadline for entries is noon on Monday, April 17.**

- Scratches with replacements may be done at the Coaches' meeting. There will be no reseeding. Heats may be combined due to scratches. *Coaches' meeting at 3:30 in the Team Room at the east end of the Fieldhouse.*
- Teams are allowed unlimited entries for each individual event. Teams are permitted 3 relay teams (per gender) in each relay event. An athlete may compete in a maximum of four events and not enter more than three track or three field events as indicated by WIAA rules.
- Finals only.....no prelims.
- Locker rooms are not available. Please have your athletes come dressed to compete.
- Admission is free.** There are no awards for this meet.
- The shot put will be conducted by the open ring method. Each athlete will be given 4 throws.
- The discus will be conducted by an open ring method. Each athlete will be given 3 throws.
- The high jump starting height and format will be determined at the coach's meeting.
- The long jump will be conducted by the open pit method. Each jumper will be given 3 jumps.
- The triple jump will be conducted by the open pit method. Each jumper will have 3 jumps.
- The pole vault opening height and format will be determined at the coaches meeting.

Order of events: Boys and then Girls.

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| 1. 100m/110m Hurdles | 6. 3200m Run (co-ed combined) |
| 2. 100m Dash | 7. 300m Hurdles |
| 3. 1600m Run | 8. 800m Run |
| 4. 400m Dash | 9. 200m Dash |
| 5. 400m Relay | |

For all races 200m and under, there will be 8 lanes. The 400m relay, the 300m hurdles and 400m will have 6 lanes available.
None of the following events will be held: 1600m Relay, 800m Relay, 3200m Relay

Order of field events:

High Jump: All girls will go first. Upon completion, boys will begin.

JV and Varsity combined (Will be contested in the field house)

Long Jump: Both genders will jump concurrently. Pit open from 5:15-6:15. 3 jumps each.

Triple Jump: Both genders will jump concurrently. Pit open from 4:00-5:00. 3 jumps each.

Pole Vault: All boys will go first. Upon completion, girls will begin.

JV and Varsity combined

Shot Put: Boys and girls will go together.

Discus: Boys and girls will go together. (Follows shot put)

If there are any questions, contact Jason Kasmarick at 414.963.3972.