

# 5th Annual MN vs WI Border Battle



**Teams Participating:** WI-River Falls, Hudson, Chippewa Falls, Osceola, Somerset,  
MN-Hastings, Irondale, East Ridge, White Bear Lake (girls), Hill Murray.

**Where:** River Falls High School – 9 lanes

**When:** April 21st, 2017

**Admissions:** \$4 – adults, \$3 - Students , under 6 free....(AD's –Please relay this information on)

**Times:** 3:00 Scratch/Coaches Meeting  
3:30 Field Events/ 4:00 Running Events

**Entries:**

- We will allow three (3) athletes per event and one (1) relay team.  
EXCEPTIONS: we will only allow two (2) athletes in the 3200m and the Pole Vault. We will also allow (2) 4x100 and (2) 4x200 relays to allow for more entries. However, only the 'A' relays will have the ability to score points.
- Entry forms are to be done online at [www.pttiming.com](http://www.pttiming.com) . Entries are due at NOON on Wednesday, April 19th. A \$50 fee will be charged to any team that needs to re-open entries after the deadline.

**Timing:** FAT will be used and managed by PT-Timing

# Meet Schedule

## Field Events

**3:30 PM-** Boys Triple Jump, Girls Long Jump, Girls High Jump, Boys Discus, Girls Shot Put, Boys Pole Vault.

- Long Jump and Triple Jump will be done cafeteria style. All athletes will be given 4 attempts. No finals. All jumps must be completed by 4:45pm.
- Second Round of Jumps will begin at 5:15 (or when previous event is complete and 20 mins of warm-up allowed)
- Shot Put and Discus- 4 attempts given, No finals. Throws will be run in three flights of eight athletes. 15 min warm up will be given in between each flight.
- Second round of High Jump and Pole Vault will begin immediately following the conclusion of the opposite gender. 30 min warm up will given. Starting height for Pole Vault and High Jump will be finalized at the coaches meeting.

## Running Events

**4:00 PM-** This is the WI order of events. All running events will be FINALS and will run on a rolling schedule. Girls will compete first followed by the boys in each event.

4 X 800m Relay  
100m Hurdles/ 110m Hurdles  
100m  
1600m  
4 X 200m Relay  
400m  
4 X 100m Relay  
300m Hurdles  
800m  
200m  
3200m

\*We will only run one heat of each gender in the 3200m

4 X 400m

**Lane Seeding:** 4,5,3,6,2,7,1,8,9

**Scoring:** Individual event scores:10-8-6-5-4-3-2-1 Relay Scoring: 10-8-6-5-4-3-2-1  
We will have team scores along with cumulative state scores announced throughout the meet.

**Awards:** The Champion in each event will receive t-shirt. A traveling axe will be given to the MVT (Most Valuable Team) for each winning gender/ state.

**Medical Needs:** An Athletic Trainer will be on site and will be located at the finish line.

**Equipment:** ¼" Pyramid

\*We will not be doing implement weigh-ins. We are hoping all teams will be on the honor system and will use the correct weighted implements.

Pole Vault- Please make sure you have your weight verification sheets.

**Team Camps:** NO camps will be allowed on the infield of the track. All camps will be located behind the fence adjacent to the pole vault runway. In case of inclement weather, we will open our auxiliary gym to protect from rain... or snow :)

\*\*Teams can not enter the school building until 2:50, when RFHS is released.

Porta Pots by the 100m start line will be reserved for athletes only! Spectator bathrooms will be located inside the athletic hallway in the girls and boys locker rooms.

**Meet Director:** Rollie Hall

**Referees:** Doug Hjersjo, Dan Klaustermeier, Tom Carroll

**Clerk of Course:** Sarah Filarsky

**Jury of Appeals:** Rollie Hall, Meet Official, One boys coach from a MN team, One girls coach from a WI team.

**Parking:** Buses can unload on the south/east side of the high school. Drive back to the cul-de-sac for unloading. Please park all buses in the lot farthest from the track.

**Concessions:** Concessions will be sold on site.

**Questions:**

*Athletic Director:* Rollie Hall 715- 425-1830 ext 3709 or [roland.hall@rfsd.k12.wi.us](mailto:roland.hall@rfsd.k12.wi.us) (Best way of reaching me)

*Boys Coach:* Matt Kumershek – [matt.kumershek@rfsd.k12.wi.us](mailto:matt.kumershek@rfsd.k12.wi.us)

*Girls Coach:* Colleen Sowa – [colleen.sowa@rfsd.k12.wi.us](mailto:colleen.sowa@rfsd.k12.wi.us)