

East Troy Track and Field Invitational 2017

East Troy High School, 3128 Graydon Avenue, East Troy, Wisconsin 53120

Friday, April 21st, 2017

Teams: Badger, Early View Academy, East Troy, Kenosha Indian Trail, Martin Luther, Milton, Milwaukee Bay View, Milwaukee Hamilton, Milwaukee Marshall, Milwaukee Riverside, Milwaukee Ronald Reagan College Prep, Milwaukee Vincent, Oak Creek, Shoreland Lutheran, and Whitnall.

Entries: One relay per team per event. Twenty-eight entrants combined for the open events and field events. No more than three individuals in any event.

Coaches Meeting: Will be held in our high school cafeteria at 4:00. Snacks will be provided. Final scratches only will be handled at this time. **There will be no reseeding of the meet.**

All entries should be entered by **NOON on Wednesday, April 19th**.

If you have any questions, you can Email me: oldrei@easttroy.k12.wi.us

Track: We have an eight-lane track. $\frac{1}{4}$ inch pyramid spikes only are allowed on the track and on all runways. Any athlete caught in violation will be disqualified from the meet. Please check your athletes. Throwing circles are concrete. **The infield of the track is a restricted area. There will be a roped off area near the high jump for coaches and participating high jumpers only.** Team camps should be in the stands or outside the track surface. Use of the infield will strictly be **off-limits** to any athlete or coach. Please make sure your coaching staff and athletes are aware of this restriction. **Athletes should warm up outside the infield.**

Please remind your athletes to check in with the clerk of course at either the first or second call for their event and to listen carefully to instructions.

Entries: PT Timing (<http://www.pttiming.com/>) will be handling meet entries, seeding and timing. The entry window will start NOON Sunday, April 15, 2017. Entries are due by **NOON on Wednesday, April 19th**. Failure to adhere to this deadline will result in a **\$50** late fee. Please bring a copy of your pole vault verification sheet.

Advancement: In running events with trials (trials in the 100/110 Hurdles and 100 Dash), heat winners plus the next fastest times will fill the eight person final. All other races will be run as finals with the fastest section running last.

Long Jump: **Girls open pit: 4:30 – 5:30 Four Jumps – No Finals**

Boys open pit: 6:00 – 7:00 Four Jumps – No Finals

Triple Jump: **Boys open pit: 4:30 – 5:30 Four Jumps – No Finals**

Girls open pit: 6:00 – 7:00 Four Jumps – No Finals

Shot Put and discus will be run in flights

Shot Put: **4:30 by Flights: Boys, then Girls Four Throws – No Finals**

Discus: **4:30 by Flights: Girls, then Boys Four Throws – No Finals**

Pole Vault: This year we will use the following opening heights will be determined at the coaches meeting

Team Scoring: 10, 8, 6, 5, 4, 3, 2, 1 for both individual and relays.

Awards: Team trophies will be awarded to the **top two boys and girls events**. **Medals** will be awarded to the top three finishers in each individual and relay event.

Concessions will be available during the meet and there will be an admission charge for spectators.

Jury of Appeals: The starter, assistant starter, meet manager, the boys' coach from Oak Creek and the girls' coach from South Milwaukee (Coaches are arbitrarily appointed. Thank you.)

Relay Exchange Zone Judges: Please have a coach at these zones to help officiate exchanges.

800 Relay: 1st/3rd Exchange: Lanes 1-4-**Milton & Kenosha Indian Trail**: Lanes 5-8-Badger & Milwaukee Ronald Reagan 400 Relay: 1st Exchange – **Milwaukee Vincent & Oak Creek**, 2nd Exchange – Shoreland Lutheran & **Martin Luther**, 3rd Exchange- **Whitnall & Milwaukee Riverside**

ORDER OF EVENTS

Girls first unless otherwise stated.

Field Events 4:30

Discus – Girls, then Boys
Shot Put – Boys, then Girls
Long Jump – Girls, then Boys
Triple Jump – Boys, then Girls
Pole vault – Boys, then Girls (Starting Height: TBD at Coaches Meeting)
High Jump – Girls, then Boys (Starting Height: TBD at Coaches Meeting)

Running Events 4:30

3200m Relay
100m Dash Trials
100m/110m High Hurdle Trials

200 Meter Trials

10 Minute Break

100m/110m High Hurdle Finals
100m Dash Finals
1600m Run
800m Relay
400m Dash
400m Relay
300m Intermediate Hurdles
800m Run
200m Finals
3200m Run
1600m Relay
Team Awards

If you have any questions or concerns, please contact me at 262-492-1656 (cell) or email me at oldrei@easttroy.k12.wi.us.

Thank you,

Reid Oldenburg
Head Boys & Girls Coach
East Troy High School