



Waukesha South High School

401 E. Roberta Ave.
Waukesha WI. 53186

Boys Track & Field
Coach: Ken Sumbry
Email: Ksumbry@juno.com
Cell: 414-232-0445

To: Athletic Directors and Track & Field Coaches
From: Ken Sumbry, Head Boys Track & Field Coach
RE: Waukesha South Boys JV Indoor Invitational- Friday, March 24 2017
Waukesha South High School Field House

Teams-Brookfield East-Catholic Memorial-Cedarburg-Grafton-Kettle Moraine-Milwaukee Marshall
Mukwonago- New Berlin Eisenhower-Oak Creek-South Milwaukee-Waukesha North
Waukesha West- Waukesha South(Host)

Scoring 10-8-6-5-4-3-2-1

Entries Entries to be entered online at <http://www.pttiming.com/event-schedule/all-upcoming-events>
Entry Deadline is Wednesday, March 22 at 12:00pm. Please declare your entries on time.

- (2) entries per individual event - (3) entries maximum per event with wildcard
- (1) entry for relays
- (3) wild card entries for individual events only

Track/ Misc. Information

- Track is 176 yards un banked Chemturf Synthetic Surface 10 laps = 1mile
- Tape is not allowed on floor for High Jump and Pole Vault. South will provide markers. Markers must be returned to host school after completion of event
- Camping will be provided for teams in the South cafeteria
- Admission- \$5.00 Adults \$3.00 Students Brochures \$1.00
- Officials- Dennis Meyer- Tom Emmerich- Robert Schrieber



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Pre Meet Information

- Track will be open at 3:40pm
- 4:15pm- Coaches/Scratch Meeting held in room 104.
- All running event scratches and reseeding will be made at this time
- Heats may be combined due to scratches
- All field event scratches will be completed at each event site

Field Events Begin - 4:45pm- All Finals

- Pole Vault- Starting Height TBD at coaches meeting
- High Jump- Starting height TBD at coaches meeting
- Shot Put - 3 Throws only
- Triple Jump - 3 Jumps only - 4:45pm
- Long Jump- 3 Jumps only- 20 minute warm up will follow the conclusion of the Triple Jump

Running Events Begin- 5:35pm-All Timed Finals

- 2 Mile Relay
- 60Yard High Hurdles
- 60Yard Dash
- 1 Mile Run
- 6 Lap Relay
- 440 Yard Dash
- 4 Lap Relay
- 60 Yard Intermediate Hurdles
- 880 Yard Run
- 220 Yard Dash
- 2 Mile Run
- 1 Mile Relay



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