

**2017 UW-River Falls
All- American Invitational**



Varsity Meet Information

- Meet Date:** Friday & Saturday, March 24 & 25, 2017
- Entries:** Please enter your athletes on PT timing by 12:00 noon on Wednesday, March 22, 2017. Online entries open at least 1 week prior to the event and must be completed 2 days prior to the event at NOON. To avoid confusion, the deadline is set at 11:59 am CST. If a coach misses the deadline, he/she should inform the meet manager and email lindsey@pttiming.com. The violating team will incur a \$50 Late Entry Fee to reopen the meet. For the Friday Junior Varsity meet, coaches may enter 4 athletes in each event per gender. For the Saturday Varsity meet, coaches may enter 2 athletes in each event per gender. For both Varsity & JV meets, 1 relay team per gender may be entered.
- Final Scratches:** Final scratches please email Coach Nathan Petesch at nathan.petesch@uwrf.edu by 12:00pm on Wednesday, March 22.
- Coaches meeting:** For the Junior Varsity meet, the coaches meeting will be 3:15pm Friday. The coaches meeting for the Varsity meet will be at 9:00am. Both meeting will take place in the new Falcon Center in the small Multi- purpose studio room, the door will be labeled.
- Coaches Hospitality:** Coaches hospitality will be in the small multi-purpose studio room Starting at 10am
- Entry Fee:** \$125 per team gender or \$250 per institution per day of competition / entry (*checks made payable to UW – River Falls Track & Field*)
- Spectator pricing:** Pricing for adults \$5, seniors and students \$3 and children 4 and under are Free.
- Timing:** PT Timing will be the official timing company.
- Facilities:** 200 meter Mondo track surface with 8 lanes on the straights and 6 lanes on the curves.
Wooden circle for the shot put
Robbins Plastics Spike-able sports surface for all jumping events
Only ¼-inch pyramid spikes **will be permitted. Spikes will be Checked.**
- Team camps:** Team camps can be set up in the Hunter Arena hockey complex, NO WARM-UPS in the Knowles fieldhouse.

T- shirt sales: <https://trackandfield17.itemorder.com/>, to order t-shirts at a discounted price, the link will close Sunday, March 19th, 2017. Shirts will be available at the meet.

Locker Rooms: Locker rooms will be available for changing and showers. Do not leave clothing or valuables in the locker room facilities.

Parking: Due to the construction process, front door drop location is unavailable. Buses and Vans can use the Ramer Stadium parking lot. Entry into the Knowles Indoor Track will be through the training room doors, then teams can set- up camps in Hunt Arena.

Awards: Athletes placing first, second, & third will receive a medal. Relays placing first will receive a medal. Team trophies for First place will be given at the end of the meet. Team trophies can be picked up at the scorer's table once the results have been officially posted.

Meet Results: Following each event, results will be posted on the south wall and announced over the public address system. Printed final meet results will be available immediately for coaches only following the meet at the entrance front desk. Results will also be available online at uwrfsports.com

Training Staff: UWRF Training staff will be on-site. Please bring your own supplies.

Weight Verification Forms: These forms would need to be completed and handed in the day of the meet for the pole vault events.

Schools attending the AAI Meet

- New Richmond
- Farmington
- La Crosse Logan
- Rochester Century
- Stillwater
- Lakeville North
- La Crosse Central
- Osceola
- Hudson
- Onalaska
- Hastings
- North Branch
- Anoka
- Forest Lake
- River Falls
- Rice Lake

- La Crosse Aquinas

Entries and heat sheets can be posted online. Format for scoring will be 10-8-6-5-4-3-2-1. For Places first through eighth.

Schedule of Events

Varsity- Saturday, March 25, 2017

Running Events

Coaches Meeting	9:00am
National Anthem	10:20am
Girls 4 X 800 Meter Relay	10:30am
Boys 4 X 800 Meter Relay	11:00am
Girls 55 Meter Hurdles (trials)	11:30am
Boys 55 Meter Hurdles (trials)	11:45am
Girls 55 Meters (trials)	12:00pm
Boys 55 Meters (trials)	12:15pm
Girls Sprint Medley Relay	12:30pm
Boys Sprint Medley Relay	12:50pm
Girls 1600 Meters	1:15pm
Boys 1600 Meters	1:45pm
Boys 55 Meter Hurdles (final)	2:10pm
Girls 55 Meter Hurdles (final)	2:15pm
Girls 4 x 200 Meter Relay	2:20pm
Boys 4 x 200 Meter Relay	2:35pm
Girls 400 Meters Dash	2:50pm
Boys 400 Meters Dash	3:05pm
Girls 55 Meters (final)	3:15pm
Boys 55 Meters (final)	3:20pm
Girls 800 Meters Run	3:25pm
Boys 800 Meters Run	3:50pm
Girls 200 Meters Dash	4:10pm
Boys 200 Meters Dash	4:25pm
Girls 3200 Meters	4:40pm
Boys 3200 Meters	5:00pm
Girls 4 x 400 Meter Relay	5:15pm
Boys 4 x 400 Meter Relay	5:40pm

Field Events

10:00am

Boys Triple Jump (Open Pit)	10:00 - 11:15am
Girls Triple Jump (Open Pit)	11:45 - 1:00pm
Girls High Jump (Boys to Follow)	10:00am
Boys Pole Vault (Girls to Follow)	10:00am
Girls Shot Put (Boys to Follow)	10:00am
Girls Long Jump (Open Pit)	1:45 - 3:00pm
Boys Long Lump (Open Pit)	3:30 - 4:45pm