



Cudahy High School

4950 S. Lake Drive

Cudahy, WI 53110

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Steve Madden, Joel Cohen - Head Track Coaches

March 13, 2017

Dear Coach,

Cudahy is hosting The 1st Annual Clark Mitchell Indoor Track Invitational, at Cudahy High School and we are pleased to have your team in attendance. Listed below is information about this year's meet.

- Date & Time:** Wednesday, March 22, 2017
Field events - 4:15 P.M., Running events - 4:45 P.M.
The doors to the field house will open at 3:15 P.M.
- Teams:** Badger(B & G), Cudahy(B & G), Dominican (G), East Troy(B & G), Menomonee Falls(G), Nicolet(B & G), Oak Creek(B), St. Anthony (B & G) St. Francis (B & G), Tenor(B),
- Coaches Meeting:** There will be a coaches meeting at **3:45 P.M.** in Student Lounge.
- Scratches/
Replacements:** All scratches and replacements are to be made at the Coaches meeting.
- Field Event
Information:** Shot put will have 4 throws-no finals. Opening heights for High jump and Pole vault will be determined by the coaches at the coaches meeting. Long Jump and Triple Jump will have 3 jumps- no finals. *The long jump and triple jump will run simultaneously.*
- Track/Equipment
Information:** Sprints- 5 lanes, all other events-4 lanes, 11 laps per mile track. Each lap is 163 yards.
- Scoring:** Seven places. **Individual Events:** 10, 8, 6, 4, 3, 2, 1 **Relays:** 10, 8, 6, 4, 3, 2, 1
- Assignments:** We ask **Dominican & Tenor** to run the shot put, **Badger & St. Francis** to run the long jump, **East Troy & St. Anthony** to run the triple jump, **Menomonee Falls & Oak Creek** to run the high jump, and **Nicolet** to run the pole vault.
- Games Committee:** Nicolet Girls, Oak Creek Boys, St. Anthony Girls, St. Francis Boys, and the Head Referee.
- Awards:** Medals will be awarded to 1st through 3rd place. A team plaque will be presented at the end of the meet for the top boys and girls teams.

Entry Information: There will be 2 entries allowed per school in all individual running events, 3 for each field event, and 1 entry in relay events. An individual may enter in a maximum of 4 events, but no more than 3 running, or 3 field events (as per WIAA rules).

PT-Timing: Register Online at www.pttiming.com/. Submit entries by clicking on upcoming events find the 1st Annual Clark Mitchell Indoor Track Invitational. Final entries are due by Monday March 20th by 11:59AM. **Please have entries in by 11:59AM on Monday March 20th. Teams failing to meet deadline will be charged a \$50 late fee by PT-Timing.**

Admission: Adults- \$4, Students- \$2, Seniors- \$1

— *Concessions will be available for spectators, coaches and contestants.* —

If you have any questions, contact me at: (414) 294-2731

Cudahy Track Packer Indoor Invitational

ORDER OF EVENTS

(Heats/Sections Tentative)

Field Events – 4:15 P.M.

- Long Jump- Coed- 2 ½ hour open pit – three jumps each (*run simultaneously with triple jump*)
- Triple Jump- Coed- 2 ½ hour open pit – three jumps each (*run simultaneously with long jump*)
- High Jump- Girls 1st
- Pole Vault- Boys 1st
- Shot Put- Girls 1st- 4 flights, no finals

Track Events – 4:45 P.M.

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| 1. | 55M High Hurdle Semis- Girls- | Heat winners + next best times to make 10 finalists |
| 2. | 55M High Hurdle Semis- Boys- | Heat winners + next best times to make 10 finalists |
| 3. | 55M Dash Semis- Girls- | Heat winners + next best times to make 10 finalists |
| 4. | 55M Dash Semis- Boys- | Heat winners + next best times to make 10 finalists |
| 5. | 55M Int. Hurdle Semis- Girls- | Heat winners + next best times to make 10 finalists |
| 6. | 55M Int. Hurdle Semis- Boys- | Heat winners + next best times to make 10 finalists |
| 7. | Twenty Lap Relay- Girls | |
| 8. | Twenty Lap Relay- Boys | |
| 9. | 55M High Hurdle Finals- Girls | 2 heats |
| 10. | 55M High Hurdle Finals- Boys | 2 heats |
| 11. | 55M Dash Finals- Girls | 2 heats |
| 12. | 55M Dash Finals- Boys | 2 heats |
| 13. | Mile Run- Girls | |
| 14. | Mile Run- Boys | |
| 15. | 6 Lap Relay- Girls | |
| 16. | 6 Lap Relay- Boys | |
| 17. | 400M Dash- Girls | |
| 18. | 400M Dash- Boys | |
| 19. | 55M Int. Hurdle Finals- Girls | 2 heats |
| 20. | 55M Int. Hurdle Finals- Boys | 2 heats |
| 21. | 800M Run- Girls | |
| 22. | 800M Run- Boys | |
| 23. | 200M Dash- Girls | |
| 24. | 200M Dash- Boys | |
| 25. | Two Mile Run- Girls | |
| 26. | Two Mile Run- Boys | |
| 27. | 12 Lap Relay- Girls | |
| 28. | 12 Lap Relays- Boys | |