



CEDARBURG HIGH SCHOOL
Dave Pentek, Athletic Director

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FROM: Mark Fuerbringer – Boys Head Coach

RE: **BULLDOG INDOOR TRACK MEET**
Thursday March 16th, 2017 (Boys Meet)

TEAMS: Cedarburg, St. Thomas More, Sheboygan North,

ENTRIES: (3 Varsity and JV) per individual event and (1 Varsity and JV) per relay.
This meet is open to all JV and Varsity athletes and will be scored separately.

Cedarburg is pleased to host your school at our Indoor facility. Please be aware of the following:

1. No spikes will be permitted
2. 4-lane track (4-lane straightaway).
3. Concessions will be available.
4. Coaches/Scratch Meeting at **3:30 PM**

5. **4:00 PM – FIELD EVENTS BEGIN and 3200m Run (JV and Varsity)**
 - a. Pole Vault – Starting height TBD at coaches’ meeting
 - b. High Jump – Starting height TBD at coaches’ meeting
 - c. Shot Put – (4) throws, no finals. (Vintage Gym, follow signs)
 - d. Long Jump – (4) jumps, open pit, no finals
4:00 to 5:00 PM

7. **4:30 PM – RUNNING EVENTS (JV run first then Varsity)**

Timed Finals

 - 55 M HH
 - 55 M
 - 3200 M relay
 - 1600 M Run
 - 4x1 lap relay
 - 400 M Run
 - 800 M Run
 - 200 M Dash
 - 4x400 M relay

SCORING: 5-Places for Individual Events (6-4-3-2-1)
 4-Places for Relays (6-4-2-1)

Locker rooms will not be available; bathrooms are available next to concessions

If you have any questions, please call Mark Fuerbringer at (262) 376-6303 or email at mfuerbringer@cedarburg.k12.wi.us

ENTRIES:

3 entries for individual events Varsity and JV and 1 entries Varsity and Jv for relays. Make sure that you enter the correct level of athlete (Varsity in varsity and JV in JV) in the correct meet entry spot. A single athlete may only compete in (4) events (max of (3) running or field). All entries must be received by **Tuesday, March 14th @ noon**. Scratches and replacements will only be allowed at the coaches meeting. No additions past the dead line.

NO EXCEPTIONS

Entry Procedure

All entries will be submitted on-line at PT-Timing (www.pttiming.com). Check the PT timing web site for registration. During this time period you are able to add athletes and edit entries anytime during this time period. Deadline for entries is two days prior to meet date at noon, **Tuesday, March 14th @ noon**. Directions to the on line entries are on the PT Timing web site. Please declare your entries on time. If you have any questions please email me or call me. mfuerbringer@cedarburg.k12.wi.us or 262-376-6303.

TO: North Shore Conference Athletic Directors and Wrestling Coaches
FROM: Brian Leair, Athletic Director
DATE: January 27, 2010
**RE: NORTH SHORE CONFERENCE WRESTLING MEET
Saturday, February 6, 2010**

We are pleased to host the conference wrestling meet involving your teams on **Saturday, February 6, 2010**, beginning at 10:00 AM in our fieldhouse. Following is some information pertaining to the meet:

ENTRIES: Fill out all necessary information on www.trackwrestling.com. Athletes may be added and deleted until 10:00 PM on Thursday, February 4, 2010. Records and head-to-head matchups may be changed after that time.

SCORING: The WIAA tournament scoring system for an eight-man bracket and six place winners will be used in the conference tournament. The conference champion will be determined based on a combination of the dual record and the tournament place. Two points will be awarded for each dual meet win; and at the conference tournament, first place will be awarded (14) points, second place, (12) points, etc.

SEEDING: All (8) positions on the bracket will be seeded, with scoring according to National Federation rules. Special rules of seeding: Minimum of (4) conference matches, 0.500 record or better, head-to-head competition in conference with minimum number of matches, greater number of NSC matches, overall record by percent in a minimum of (10) matches. Special considerations may be asked for.

