

## NSIC Indoor Championships - 2/24/2017 to 2/25/2017

Hosted by Minnesota State  
Myers Fieldhouse, Mankato, MN

## Results

## Women 60 Meter Dash

Prov: 7.71 P

Auto: 7.42 A

Meet: 7.50 M 2010 Brittany Hendedrson

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Afure Adah	SO Minnesota State	P 7.64Q
2	Ariel Thomas	JR Minnesota State	P 7.65Q
3	Tonie Pandohie	JR U-Mary	P 7.65Q
4	Tanisha Davis	FR U-Mary	P 7.68Q
5	Brianna Puckett	JR Minnesota State	P 7.66q
6	Gabi Gaines	SO Minnesota State	P 7.68q
7	Erica Kesseh	JR Minnesota Duluth	P 7.70q
8	Autumn Santos	SO Minnesota State	7.72q
9	Karlona Gregory	JR Minnesota State	7.73
10	Tamika Tucker	SO Winona State	7.74
11	Ki'Arah Johnson	SO M.S.U.-Moorhead	7.74
12	Sarah Troescher	FR Sioux Falls	7.75
13	Hailey Deschaine	SR Winona State	7.80
14	Hanneke Oosterwegel	SO Northern State	7.81
15	Bailee Brazzerol	FR St. Cloud State	7.81
16	Kim Shabino	SO S.M.S.U	7.85
17	Jada Carr	JR Sioux Falls	7.85
18	Caroline Jansen	JR M.S.U.-Moorhead	7.87
19	Taylor Juresh	FR Winona State	7.88
20	Gloria Williams	SR Concordia	7.90
21	Carina Hofmeister	SR Augustana	7.90
22	Erika Shady	JR Concordia	7.92
23	Toni-Ann Ingram	JR Northern State	7.94
24	Alaina Klapperich	SO Augustana	7.95
25	Sydney Reysack	FR Minnesota State	7.95
26	Jasmyne Suber	SO Minnesota State	7.99
27	Nicolyn Brown	FR U-Mary	8.08
28	Shae Pedersen	FR Minot State	8.19

## Women 60 Meter Dash

Prov: 7.71 P

Auto: 7.42 A

Meet: 7.50 M 2010 Brittany Hendedrson

Name	Yr	School	Finals
<b>Finals</b>			
1	Afure Adah	SO Minnesota State	7.59P 10
2	Tanisha Davis	FR U-Mary	7.62P 8
3	Ariel Thomas	JR Minnesota State	7.64P 6
4	Brianna Puckett	JR Minnesota State	7.66P 5
5	Erica Kesseh	JR Minnesota Duluth	7.76 4
6	Autumn Santos	SO Minnesota State	7.87 3
7	Gabi Gaines	SO Minnesota State	8.58 2
---	Tonie Pandohie	JR U-Mary	DQ

## Women 200 Meter Dash

Prov: 25.06 P

Auto: 24.00 A

Meet: 24.56 M 2013 Kathryn Stewart

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Afure Adah	SO Minnesota State	P 24.61Q
2	Tonie Pandohie	JR U-Mary	P 24.66Q
3	Karlona Gregory	JR Minnesota State	25.18Q
4	Hanneke Oosterwegel	SO Northern State	25.18Q
5	Carina Hofmeister	SR Augustana	25.18q
6	Kim Shabino	SO S.M.S.U	25.19q
7	Danielle Kohlwey	SO Minnesota Duluth	25.38q
8	Gabi Gaines	SO Minnesota State	25.47q
9	Megan Seidl	SR Winona State	25.51
10	Jessica Justin	JR Sioux Falls	25.67
11	Autumn Santos	SO Minnesota State	25.77
12	Brianna Puckett	JR Minnesota State	25.79
13	Erika Shady	JR Concordia	25.81
13	Toni-Ann Ingram	JR Northern State	25.81
15	Alexandra Hutchison	FR Winona State	25.81
16	Judith Robinson	JR M.S.U.-Moorhead	25.84
17	Tanisha Davis	FR U-Mary	25.95
18	Jada Barker	FR Bemidji State	26.06
19	Bailee Brazzerol	FR St. Cloud State	26.07
20	Eisha Oden	SO S.M.S.U	26.13
21	Allie Stalboerger	SO Minnesota Duluth	26.17
22	Gloria Williams	SR Concordia	26.29
23	Sydney Reysack	FR Minnesota State	26.45
24	Jenna Gatz	FR Minnesota State	26.77

## Women 200 Meter Dash

Prov: 25.06 P

Auto: 24.00 A

Meet: 24.56 M 2013 Kathryn Stewart

Name	Yr	School	Finals
<b>Finals</b>			
1	Afure Adah	SO Minnesota State	24.53M 10
2	Tonie Pandohie	JR U-Mary	24.71P 8
3	Karlona Gregory	JR Minnesota State	24.77P 6
4	Hanneke Oosterwegel	SO Northern State	24.97P 5
5	Carina Hofmeister	SR Augustana	25.02P 4
6	Kim Shabino	SO S.M.S.U	25.16 3
7	Danielle Kohlwey	SO Minnesota Duluth	25.22 2

## Women 400 Meter Dash

Prov: 57.01 P

Auto: 54.30 A

Meet: 55.09 M 2010 Kristi Buerkle

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Hanneke Oosterwegel	SO Northern State	P 56.10Q
2	Megan Seidl	SR Winona State	P 56.90Q
3	Julia Hammerschmidt	SO U-Mary	57.63Q

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**Results**

**Preliminaries ... (Women 400 Meter Dash)**

Name	Yr	School	Prelims
4	Brittany Schyvinck	JR Winona State	57.94Q
5	Eisha Oden	SO S.M.S.U	57.79q
6	Amelia Kjos	JR Minnesota State	57.83q
7	Kimmy Wreh	SO Minnesota State	58.13q
8	Ali Skluzacek	SR Winona State	58.72q
9	Johnna Patterson	FR Winona State	58.83
10	Judith Robinson	JR M.S.U.-Moorhead	58.83
11	Jasmine Grant	JR St. Cloud State	58.86
12	Madison Barnes	FR Northern State	58.95
13	Altoniece Williams	SR Minnesota State	59.38
14	Taylor Naatz	SR Minnesota State	59.54
15	Elizabeth Raecke	SR Northern State	59.86
16	Summer Storm	FR M.S.U.-Moorhead	1:00.11
17	Allie Stalboerger	SO Minnesota Duluth	1:00.18
18	Alexandria Coleman	SR Bemidji State	1:00.22

**Women 400 Meter Dash**

**Prov: 57.01 P**

**Auto: 54.30 A**

**Meet: 55.09 M 2010 Kristi Buerkle**

Name	Yr	School	Finals
<b>Finals</b>			
1	Hanneke Oosterwegel	SO Northern State	55.62P 10
2	Megan Seidl	SR Winona State	56.82P 8
3	Julia Hammerschmidt	SO U-Mary	57.35 6
4	Eisha Oden	SO S.M.S.U	58.26 5
5	Amelia Kjos	JR Minnesota State	58.34 4
6	Kimmy Wreh	SO Minnesota State	58.48 3
7	Brittany Schyvinck	JR Winona State	59.02 2
8	Ali Skluzacek	SR Winona State	59.28 1

**Women 600 Meter Run**

**Meet: 1:33.52 M 2000 Lori Schmidt**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Emilee Trost	JR Minnesota Duluth	1:35.40Q
2	Taylor Glover	SR Minnesota State	1:37.11Q
3	Erica Young	SR Concordia	1:37.47Q
4	Paige Du Bois	FR Minnesota Duluth	1:38.02Q
5	Bobbi Patrick	SO Minnesota State	1:37.36q
6	Jessica Boespflug	SO Minnesota State	1:38.22q
7	Melissa Kroll	SR Wayne State	1:38.39q
8	Natalie Gottschalk	SO St. Cloud State	1:38.51q
9	Nelecia Richards	U-Mary	1:38.93
10	Sophie Simonson	JR Minnesota State	1:38.95
11	Brooke DeVos	SO Augustana	1:38.97
12	Valerie Moos	JR Augustana	1:39.31
13	Emma Schmidt	JR Augustana	1:39.40
14	Sarah Harrison	FR Minnesota Duluth	1:39.52
15	Kari Schneiss	SO Winona State	1:39.76
16	Mary Alderson	SR Wayne State	1:41.22
17	Nikki Atwood	JR S.M.S.U	1:41.30
18	Leah Amundson	JR Concordia	1:41.42

19	Jessika Dieringer	SO Minnesota State	1:41.58
20	Bailey Cronin	FR Winona State	1:41.93
21	Kaylee Glover	FR St. Cloud State	1:42.95
22	Mary Fixsen	SO Minnesota State	1:43.86
23	Bridget Brown	St. Cloud State	1:43.90
24	Mackenzie Cruzen	SO Northern State	1:46.40
25	Grace Stiansen	SR Sioux Falls	1:46.98
26	Heidi Stoltenburg	S.M.S.U	1:50.23

**Women 600 Meter Run**

**Meet: 1:33.52 M 2000 Lori Schmidt**

Name	Yr	School	Finals
<b>Finals</b>			
1	Emilee Trost	JR Minnesota Duluth	1:32.41M 10
2	Taylor Glover	SR Minnesota State	1:35.83 8
3	Erica Young	SR Concordia	1:36.75 6
4	Bobbi Patrick	SO Minnesota State	1:37.66 5
5	Natalie Gottschalk	SO St. Cloud State	1:38.08 4
6	Paige Du Bois	FR Minnesota Duluth	1:38.19 3
7	Jessica Boespflug	SO Minnesota State	1:39.93 2
8	Melissa Kroll	SR Wayne State	1:43.55 1

**Women 800 Meter Run**

**Prov: 2:15.09 P**

**Auto: 2:08.93 A**

**Meet: 2:13.00 M 2015 Kayla Mescher**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Haley Kruger	SR Minnesota State	P 2:14.67Q
2	Alissa Mears	SR M.S.U.-Moorhead	2:18.34Q
3	Jaiden Schuette	SO U-Mary	2:16.39Q
4	Elizabeth Kyes	FR Minnesota Duluth	2:18.71Q
5	Maddi Sjelin	SR Minnesota State	2:18.59q
6	Natalie Stauber	SR Minnesota Duluth	2:19.20q
7	Jana Warrick-Jones	SR Minot State	2:19.31q
8	Megan Allen	JR Minnesota State	2:20.36q
9	Kaylee Roelike	JR St. Cloud State	2:22.66
10	Rachel Sakry	JR St. Cloud State	2:22.85
11	Kayla Jansky	S.M.S.U	2:24.60
12	Rachael Preusser	FR M.S.U.-Moorhead	2:28.17
13	Eleanor Stepaniak	SR Minnesota Duluth	2:31.88
14	Allison Johnson	SO Winona State	2:32.25
---	Iveta Harner	JR M.S.U.-Moorhead	DNF

**Women 800 Meter Run**

**Prov: 2:15.09 P**

**Auto: 2:08.93 A**

**Meet: 2:13.00 M 2015 Kayla Mescher**

Name	Yr	School	Finals
<b>Finals</b>			
1	Haley Kruger	SR Minnesota State	2:12.27M 10
2	Megan Allen	JR Minnesota State	2:12.69M 8
3	Alissa Mears	SR M.S.U.-Moorhead	2:14.47P 6
4	Jaiden Schuette	SO U-Mary	2:15.65 5
5	Elizabeth Kyes	FR Minnesota Duluth	2:17.44 4

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**Results**

**Finals ... (Women 800 Meter Run)**

Name	Yr	School	Finals
6 Maddi Sjelin	SR	Minnesota State	2:17.58 3
7 Natalie Stauber	SR	Minnesota Duluth	2:18.39 2
8 Jana Warrick-Jones	SR	Minot State	2:20.02 1

**Women 1000 Meter Run**

Meet: 2:48.97 M 2016 Emilee Trost

Name	Yr	School	Prelims
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**Preliminaries**

1 Breanna Colbenson	SR	Minnesota Duluth	2:58.47Q
2 Emilee Trost	JR	Minnesota Duluth	3:00.35Q
3 Megan Serratore	SO	Minnesota State	3:03.40Q
4 Marissa Carlson	SO	M.S.U.-Moorhead	2:59.22Q
5 Bree Erickson	FR	U-Mary	3:02.20Q
6 Anna Rogahn	FR	Winona State	3:03.71Q
7 Courtney Hottovy	SO	Augustana	3:02.07q
8 Chrissy Lofgren	FR	St. Cloud State	3:03.88q
9 Sami Shields	FR	Northern State	3:07.80
10 Keegan Day	SO	Sioux Falls	3:07.96
11 Brittany Platt	SR	Minnesota Duluth	3:09.37
12 Megan Stuart	SO	Minnesota Duluth	3:09.70
13 Vanessa Lopez	SR	Bemidji State	3:10.23
14 Autum Shurbert-Hetzel	FR	St. Cloud State	3:13.85
15 Madison Kealy	JR	Bemidji State	3:19.13
16 Mariah Hahne	FR	Sioux Falls	3:22.59
17 Courtney Brandt	SR	Northern State	3:24.86

**Women 1000 Meter Run**

Meet: 2:48.97 M 2016 Emilee Trost

Name	Yr	School	Finals
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**Finals**

1 Emilee Trost	JR	Minnesota Duluth	2:50.92 10
2 Breanna Colbenson	SR	Minnesota Duluth	2:54.74 8
3 Bree Erickson	FR	U-Mary	2:57.03 6
4 Anna Rogahn	FR	Winona State	2:59.80 5
5 Courtney Hottovy	SO	Augustana	3:01.82 4
6 Marissa Carlson	SO	M.S.U.-Moorhead	3:03.76 3
7 Megan Serratore	SO	Minnesota State	3:04.52 2
8 Chrissy Lofgren	FR	St. Cloud State	3:04.99 1

**Women 1 Mile Run**

Prov: 5:01.11 P

Auto: 4:47.13 A

Meet: 4:44.38 M 2016 Emilee Trost

Name	Yr	School	Finals
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**Finals**

1 Emilee Trost	JR	Minnesota Duluth	4:41.88M 10
2 Breanna Colbenson	SR	Minnesota Duluth	4:52.94P 8
3 Erin Baker	JR	Minnesota State	5:01.86 6
4 Raissa Hansen	SO	Winona State	5:02.65 5
5 Kate Fox	SO	U-Mary	5:06.12 4
6 Nikki Staffen	FR	Winona State	5:07.45 3
7 Amanda Kaiser	SR	Winona State	5:08.71 2
8 Annie Kruse	JR	Augustana	5:13.09 1

9 Lindsey Gast	JR	Northern State	5:13.52
10 Vanessa Lopez	SR	Bemidji State	5:20.62
11 Chelsea Bennis	JR	U-Mary	5:22.35

**Women 3000 Meter Run**

Prov: 10:03.17 P

Auto: 9:30.44 A

Meet: 9:37.65 M 2013 Jennifer Agnew

Name	Yr	School	Finals
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**Finals**

1 Alexis Zeis	JR	U-Mary	9:34.32M 10
2 Erin Baker	JR	Minnesota State	10:00.35P 8
3 Mackenzie Kelly	SO	Augustana	10:05.97 6
4 Sasha Hovind	SR	Northern State	10:08.63 5
5 Dakotah Bullen	SR	Northern State	10:16.38 4
6 Emma Hafdahl	JR	U-Mary	10:28.80 3
7 Lily Paul	SO	Minnesota State	10:31.08 2
8 Olivia Anger	FR	Winona State	10:31.42 1
9 Amber Seidenkranz	JR	Minnesota Duluth	10:33.29
10 Sarah Conlon	FR	Minnesota Duluth	10:33.85
11 Amanda Nelson	FR	Augustana	10:34.71
12 Rebekah Rairdon	FR	Augustana	10:42.08
13 Kathryn Sistrunk	FR	M.S.U.-Moorhead	10:42.53
14 Carisa Weyenberg	FR	Minnesota State	10:43.49
15 Meaghan Borrowski	SO	Minnesota Duluth	10:47.46
16 McKenzie Holt	JR	St. Cloud State	10:54.44
17 Elizabeth Schlafke	FR	Minnesota Duluth	10:55.56
18 Emily Tyrrell	SO	Winona State	10:59.03
19 Caitlan Richard	SR	Minnesota Duluth	11:00.11
20 Becca Goertzen	SO	Sioux Falls	11:10.37

**Women 5000 Meter Run**

Prov: 17:28.78 P

Auto: 16:35.00 A

Meet: 16:41.11 M 2011 Runa Falch

Name	Yr	School	Finals
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**Finals**

1 Alexis Zeis	JR	U-Mary	16:27.92A 10
2 Sasha Hovind	SR	Northern State	17:06.66P 8
3 Sam Sunstrom	JR	St. Cloud State	17:19.02P 6
4 Dakotah Bullen	SR	Northern State	17:31.42 5
5 Mackenzie Kelly	SO	Augustana	17:53.09 4
6 Erin Baker	JR	Minnesota State	17:56.57 3
7 Breanna Colbenson	SR	Minnesota Duluth	18:12.92 2
8 Melissa Drenckhahn	FR	Minnesota Duluth	18:17.71 1
9 Lily Paul	SO	Minnesota State	18:19.59
10 McKenzie Holt	JR	St. Cloud State	18:20.02
11 Kathryn Sistrunk	FR	M.S.U.-Moorhead	18:34.43
12 Chrissy Lofgren	FR	St. Cloud State	18:51.99
13 Becca Goertzen	SO	Sioux Falls	18:53.91
14 Kiana Hein	JR	Sioux Falls	19:02.75
15 Jordin Kopplow	SR	Sioux Falls	19:12.73
16 Tenley Schwartz	JR	Sioux Falls	19:15.70
17 Emily Westlake	JR	Minot State	19:24.62
18 Jackie Lindfors	SO	Concordia	19:24.69

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## Results

## Finals ... (Women 5000 Meter Run)

Name	Yr	School	Finals
19 Madison Leapaldt	FR	Northern State	19:25.58
20 Jaylynn Lauer	FR	Minnesota State	19:44.68
21 Chandra Smith	SR	Upper Iowa	20:01.00
22 Zia Matti	SO	St. Cloud State	20:04.21
23 Patience Alberston	JR	Minot State	20:06.99
24 Lydia Carr	FR	Concordia	20:43.12
25 Samantha Huether	SR	Minot State	21:00.37

## Women 60 Meter Hurdles

Prov: 8.84 P

Auto: 8.33 A

Meet: 8.36 M 2016 Altonice Williams

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Tonie Pandohie	JR	U-Mary	P 8.47Q
2 Altoniece Williams	SR	Minnesota State	P 8.48Q
3 Danielle Kohlwey	SO	Minnesota Duluth	P 8.53Q
4 Maria Bolibruch	SO	U-Mary	P 8.58q
5 Olivia Montez Brown	SO	Augustana	P 8.65q
6 Irene Almarcha	JR	Augustana	P 8.72q
7 Caroline Jansen	JR	M.S.U.-Moorhead	8.86q
8 Carolyn Hackel	FR	Minnesota State	8.88q
9 Erica Kesseh	JR	Minnesota Duluth	8.92
10 Olivia Fixsen	SO	Winona State	9.03
11 Ellie Rew	SO	Augustana	9.06
12 Kalle Burney	JR	Concordia	9.22
13 Keenan Davis	JR	Minnesota State	9.23
14 Wakpor Ighovojah	JR	Concordia	9.25
15 Kellie Wong	JR	Minnesota State	9.33
16 Dallas Weiss	FR	Minnesota State	9.43
17 Ashley Sprain	FR	Winona State	9.45
18 Amanda Letsinger	SR	Winona State	9.66
19 Alex Collins	JR	Minnesota Duluth	9.77
20 Kacey Davitt	FR	Winona State	9.83
21 Lorna Meyer	JR	Minnesota Duluth	9.84
22 Samantha McNeel	JR	S.M.S.U	10.06
23 Valerie Moos	JR	Augustana	10.33

## Women 60 Meter Hurdles

Prov: 8.84 P

Auto: 8.33 A

Meet: 8.36 M 2016 Altonice Williams

Name	Yr	School	Finals
<b>Finals</b>			
1 Tonie Pandohie	JR	U-Mary	8.42P 10
2 Altoniece Williams	SR	Minnesota State	8.44P 8
3 Danielle Kohlwey	SO	Minnesota Duluth	8.56P 6
4 Maria Bolibruch	SO	U-Mary	8.58P 5
5 Olivia Montez Brown	SO	Augustana	8.62P 4
6 Irene Almarcha	JR	Augustana	8.72P 3
7 Carolyn Hackel	FR	Minnesota State	8.82P 2
8 Caroline Jansen	JR	M.S.U.-Moorhead	8.97 1

## Women 4x400 Meter Relay

Prov: 3:51.71 P

Auto: 3:44.33 A

Meet: 3:50.37 M 2015

Team	Relay	Finals
<b>Finals</b>		
1 University of Mary		3:47.46M 10
2 Winona State		3:53.47 8
3 Augustana		3:53.74 6
4 Minnesota State		3:54.26 5
5 Msu-Moorhead		3:58.58 4
6 Concordia-St. Paul		3:59.37 3
7 Northern State		4:00.70 2
8 Minnesota Duluth		4:01.29 1
9 St. Cloud State		4:02.55
10 Sioux Falls		4:03.26
11 Southwest Minnesota		4:03.92
12 Bemidji State		4:04.49
13 Wayne State		4:13.06
14 Minot State		4:21.73

## Women Distance Medley

Prov: 12:10.84 P

Auto: 11:33.60 A

Meet: 12:03.87 M 2013

Team	Relay	Finals
<b>Finals</b>		
1 Minnesota Duluth		12:01.42M 10
2 University of Mary		12:15.94 8
3 Augustana		12:31.50 6
4 Minnesota State		12:34.97 5
5 Sioux Falls		12:35.35 4
6 St. Cloud State		12:38.79 3
7 Northern State		12:48.42 2
8 Msu-Moorhead		12:52.76 1
9 Winona State		12:59.91
10 Minot State		13:05.60
11 Concordia-St. Paul		13:16.95
12 Southwest Minnesota		13:30.15
13 Bemidji State		14:17.93

## Women High Jump

Prov: 1.65m P

Auto: 1.78m A

Meet: 1.76m M 2015 Bree Woelber

Name	Yr	School	Finals
<b>Finals</b>			
1 Khadiya Hollingsworth	SO	Minnesota State	1.73mP 10
2 Rachel Schumacher	FR	Minnesota State	1.70mP 8
3 Brianna Ziolkowski	SR	Minnesota State	J1.70mP 6
4 Kalle Burney	JR	Concordia	1.65mP 5
5 Haley Reinke	SR	Winona State	J1.65mP 4
6 Amanda Schaefer	JR	Winona State	1.60m 2.5
6 Rylee Armstrong	JR	S.M.S.U	1.60m 2.5

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**Results**

**Finals ... (Women High Jump)**

Name	Yr	School	Finals
8 Gretchen Feilen	JR	Concordia	J1.60m 1
9 Christine Campbell	SR	Augustana	J1.60m
9 Carolyn Hackel	FR	Minnesota State	J1.60m
9 Michaela Hesse	SO	Minnesota Duluth	J1.60m
12 Shelby Roth	SO	Wayne State	1.55m
12 Olivia Fixsen	SO	Winona State	1.55m
12 Olivia Montez Brown	SO	Augustana	1.55m
12 Sonia Alaman	FR	Northern State	1.55m
12 Miranda Phipps	FR	Sioux Falls	1.55m
17 Shelby Poell		Wayne State	1.50m
17 Nicole Kurtti	FR	M.S.U.-Moorhead	1.50m
17 Logan Strasburg	JR	Sioux Falls	1.50m
17 Alex Collins	JR	Minnesota Duluth	1.50m
17 Faith Voehl	JR	Sioux Falls	1.50m
--- Mariah Schroeder	FR	M.S.U.-Moorhead	NH
--- Alyssa Kavajecz	FR	Minnesota Duluth	NH

**Women Pole Vault**

**Prov: 3.55m P**

**Auto: 4.05m A**

**Meet: 4.30m M 2009 Katelin Rains**

Name	Yr	School	Finals
1 Courtney Crandall	SR	Sioux Falls	4.32mM 10
2 Marianna Kramer	JR	Concordia	3.65mP 6.3
2 Gretchen Feilen	JR	Concordia	3.65mP 6.3
2 Hannah Linder	SR	Sioux Falls	3.65mP 6.3
5 Josie Spitz	FR	Sioux Falls	J3.65mP 4
6 Erin Neveau	FR	Minnesota State	3.50m 3
7 Kaycee Luke	SR	U-Mary	3.35m 2
8 Jennifer Wilson	FR	Sioux Falls	J3.35m 1
9 Brenna Schmidt	SO	Sioux Falls	J3.35m
9 Sydney Siekman	FR	Sioux Falls	J3.35m
9 Rachelle LeBlanc	JR	Minnesota Duluth	J3.35m
9 Grady Keding	SR	Minnesota State	J3.35m
13 Tessa Voss	SO	Minnesota State	3.20m
13 Amy Muller	FR	Sioux Falls	3.20m
13 Lily Noble	SO	Augustana	3.20m
16 Teghan Norman	FR	Concordia	3.05m
16 Cassidy Baker	SO	Minnesota Duluth	3.05m
--- Jenna Ellertson	FR	M.S.U.-Moorhead	NH

**Women Long Jump**

**Prov: 5.60m P**

**Auto: 6.10m A**

**Meet: 6.00m M 2010 Heather Miller**

Name	Yr	School	Finals
1 Patience Yalartai	JR	St. Cloud State	5.75mP 10
2 Olivia Montez Brown	SO	Augustana	5.74mP 8
3 Ariel Thomas	JR	Minnesota State	5.69mP 6
4 Hailey Deschaine	SR	Winona State	5.64mP 5
5 Jada Carr	JR	Sioux Falls	5.59m 4

6 Caroline Jansen	JR	M.S.U.-Moorhead	5.57m 3
7 Kylie Pastian	SO	U-Mary	5.53m 2
8 Katie Hawkinson	JR	Minnesota Duluth	5.48m 1
9 Carolyn Hackel	FR	Minnesota State	5.47m
10 Elizabeth Brunner	SO	Minnesota Duluth	5.41m
11 Natalie Gottschalk	SO	St. Cloud State	5.40m
11 Tamika Tucker	SO	Winona State	5.40m
13 Bailey Reiner	JR	M.S.U.-Moorhead	5.39m
14 Brianna Puckett	JR	Minnesota State	5.32m
15 Taylor Juresh	FR	Winona State	5.26m
16 Rylee Armstrong	JR	S.M.S.U	5.24m
17 Haley Reinke	SR	Winona State	5.19m
18 Shae Pedersen	FR	Minot State	5.16m
18 Mahli Strasser	FR	Sioux Falls	5.16m
20 Alexandria Coleman	SR	Bemidji State	5.15m
21 Kalle Burney	JR	Concordia	5.14m
22 Chelsea Berry	FR	Upper Iowa	5.10m
23 Lauren Kotajarvi	JR	Minnesota Duluth	5.04m
24 Jamilee Gordon		U-Mary	5.02m
24 Ashley Sprain	FR	Winona State	5.02m
26 Sarah Westerman	FR	Augustana	4.98m
27 Wakpor Ighovojah	JR	Concordia	4.78m
28 Randii Widmer-Reed	JR	Minot State	4.58m

**Women Triple Jump**

**Prov: 11.54m P**

**Auto: 12.42m A**

**Meet: 12.49m M 2015 Danylle Kurywchak**

Name	Yr	School	Finals
1 Patience Yalartai	JR	St. Cloud State	12.36mP 10
2 Ariel Thomas	JR	Minnesota State	11.99mP 8
3 Kylie Pastian	SO	U-Mary	11.75mP 6
4 Caroline Jansen	JR	M.S.U.-Moorhead	11.75mP 5
5 Jada Carr	JR	Sioux Falls	11.51m 4
6 Tamika Tucker	SO	Winona State	11.50m 3
7 Coley Stoller	JR	Augustana	11.40m 2
8 Amanda Schaefer	JR	Winona State	11.35m 1
9 Jamilee Gordon		U-Mary	11.32m
10 Elizabeth Brunner	SO	Minnesota Duluth	11.26m
11 Abby Jungwirth	FR	St. Cloud State	11.22m
12 Justine Zylstra	SO	Sioux Falls	11.21m
13 Kara Koth	JR	Sioux Falls	11.17m
14 Nicole Kurtti	FR	M.S.U.-Moorhead	11.10m
15 Haley Reinke	SR	Winona State	11.08m
16 Rylee Armstrong	JR	S.M.S.U	11.07m
16 Jessica Justin	JR	Sioux Falls	11.07m
18 Clara Paul	FR	Sioux Falls	11.03m
19 Rachel Schumacher	FR	Minnesota State	10.97m
20 Katie Hawkinson	JR	Minnesota Duluth	10.69m
21 Allison Calkins	JR	Minnesota State	10.64m
21 Amber Cook	SO	Sioux Falls	10.64m
23 Riana Noelle		Wayne State	10.55m
24 Randii Widmer-Reed	JR	Minot State	10.37m
25 Sonia Alaman	FR	Northern State	10.21m

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**Results**

**Finals ... (Women Triple Jump)**

Name	Yr	School	Finals
26 Hailey Franklin	SO	Minnesota Duluth	10.18m
27 Mia Steffenson	FR	M.S.U.-Moorhead	9.66m

**Women Shot Put**

**Prov: 13.40m P**

**Auto: 15.35m A**

**Meet: 15.83m M 2015 Sara Wells**

Name	Yr	School	Finals
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**Finals**

1 Katie Taylor	FR	Winona State	15.18mP	10
2 Heather Buckler	SO	Winona State	14.56mP	8
3 Michaela Dendinger	SO	Wayne State	14.04mP	6
4 Kaitlyn Long	JR	Winona State	13.93mP	5
5 Brea Perron	FR	Winona State	13.28m	4
6 Mary Bianca Fuller	JR	M.S.U.-Moorhead	13.28m	3
7 Tia Jones	SO	Wayne State	13.22m	2
8 Hannah Gustafson	FR	Concordia	13.02m	1
9 Ashley Ostrem	SR	Sioux Falls	12.79m	
10 Ashley Thooft	SR	Winona State	12.72m	
11 Savannah Olson	FR	Bemidji State	12.63m	
12 Brinn Grunder	FR	Upper Iowa	12.53m	
13 Destiny Meyer	FR	M.S.U.-Moorhead	12.13m	
14 Lindsay Rutz	SO	Winona State	12.02m	
15 Kaitlyn Smith	FR	Minnesota State	12.01m	
16 Emily Waletzko	SO	M.S.U.-Moorhead	12.00m	
17 Autumn Schulz	SR	Northern State	11.93m	
18 Nicolette Kneeland	FR	Northern State	11.84m	
19 Jess Vernon	SR	Northern State	11.78m	
20 Caitlin Himes	FR	Upper Iowa	11.76m	
21 Bailey Erickson	JR	M.S.U.-Moorhead	11.49m	
22 Shelby Miller	SO	Winona State	11.32m	
23 Jaimie McNamee	FR	Sioux Falls	11.00m	
24 Tessa Adelman	JR	Northern State	10.99m	
25 Dallas Weiss	FR	Minnesota State	10.75m	
26 Cassidy Baker	SO	Minnesota Duluth	10.56m	
27 Dominique Buechel	FR	St. Cloud State	10.34m	
28 Sola Stephenson	JR	Minnesota State	9.96m	
29 Bariture Igboh	SO	Minnesota Duluth	9.80m	
--- Sarah Knutson	JR	Minnesota State	FOUL	

**Women Weight Throw**

**Prov: 16.34m P**

**Auto: 19.44m A**

**Meet: 22.01m M 2016 Kaitlyn Long**

Name	Yr	School	Finals
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**Finals**

1 Kaitlyn Long	JR	Winona State	22.38mM	10
2 Michaela Dendinger	SO	Wayne State	19.31mP	8
3 Katrina Mellegard	SR	M.S.U.-Moorhead	18.84mP	6
4 Katie Taylor	FR	Winona State	17.46mP	5
5 Erin Perkins	SO	Winona State	16.74mP	4
6 Emily Waletzko	SO	M.S.U.-Moorhead	16.63mP	3
7 Nicole Nelson	SR	Winona State	16.39mP	2

8 Mikayla Lindell	SO	Winona State	16.18m	1
9 Ashley Thooft	SR	Winona State	16.03m	
10 Autumn Schulz	SR	Northern State	16.02m	
11 Mary Bianca Fuller	JR	M.S.U.-Moorhead	15.65m	
12 Angela Prokosch	SO	S.M.S.U	15.26m	
13 Erin Bramble	JR	Winona State	15.22m	
14 Brea Perron	FR	Winona State	15.18m	
15 Tessa Ives	JR	Wayne State	15.15m	
16 Emma Edelen	JR	Minnesota State	14.89m	
16 Sarah Knutson	JR	Minnesota State	14.89m	
18 Shelby Miller	SO	Winona State	14.65m	
19 Rachel Buck	JR	Minnesota Duluth	14.50m	
20 Kaylee Jensen	FR	Winona State	14.33m	
21 Anna Ripke	SO	Concordia	14.18m	
22 Samara Tobeck	SO	Bemidji State	13.66m	
23 Tia Jones	SO	Wayne State	13.61m	
24 Rhiannon Sears	SO	S.M.S.U	13.53m	
25 Courtney Ryan	JR	Minnesota Duluth	13.51m	
26 Mackenzie Sedlack	SO	Minnesota Duluth	13.04m	
27 Jess Vernon	SR	Northern State	12.94m	
28 Bariture Igboh	SO	Minnesota Duluth	12.19m	
29 Dominique Buechel	FR	St. Cloud State	11.26m	
30 Genavieve Baklund	FR	Bemidji State	10.99m	
--- Jaimie McNamee	FR	Sioux Falls	FOUL	

**Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Yr	School	Finals
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**Finals**

1 Natalie Gottschalk	SO	St. Cloud State	2:22.29	793
2 Erica Young	SR	Concordia	2:23.68	774
3 Kalle Burney	JR	Concordia	2:24.24	767
4 Olivia Montez Brown	SO	Augustana	2:26.07	743
5 Jessika Dieringer	SO	Minnesota State	2:27.88	720
6 Wakpor Ighovojah	JR	Concordia	2:29.46	700
7 Sola Stephenson	JR	Minnesota State	2:31.52	674
8 Christa Benson	SO	Bemidji State	2:35.78	622
9 Olivia Fixsen	SO	Winona State	2:36.36	615
10 Carolyn Hackel	FR	Minnesota State	2:36.78	610
11 Alexandria Coleman	SR	Bemidji State	2:39.53	578
12 Haley Reinke	SR	Winona State	2:40.31	569
13 Caroline Jansen	JR	M.S.U.-Moorhead	2:46.60	500
14 Avery Potthoff	JR	Minnesota Duluth	3:10.28	276
--- Shelby Poell		Wayne State	DNF	

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Yr	School	Finals
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**Finals**

1 Olivia Montez Brown	SO	Augustana	8.62	991
2 Wakpor Ighovojah	JR	Concordia	8.94	922
3 Carolyn Hackel	FR	Minnesota State	8.95	920
4 Caroline Jansen	JR	M.S.U.-Moorhead	8.98	914
5 Kalle Burney	JR	Concordia	9.07	895
6 Olivia Fixsen	SO	Winona State	9.17	875
7 Alexandria Coleman	SR	Bemidji State	9.32	844
8 Natalie Gottschalk	SO	St. Cloud State	9.52	804

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**Results**

**Finals ... (Indoor Pentathlon: #1 Women 60 Meter Hurdles Indo**

Name	Yr	School	Finals
9 Haley Reinke	SR	Winona State	9.77 756
10 Erica Young	SR	Concordia	9.80 750
11 Christa Benson	SO	Bemidji State	9.96 720
12 Avery Potthoff	JR	Minnesota Duluth	9.97 718
13 Shelby Poell		Wayne State	10.25 666
14 Jessika Dieringer	SO	Minnesota State	10.39 641
14 Sola Stephenson	JR	Minnesota State	10.39 641

**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kalle Burney	JR	Concordia	1.64m 783
2 Olivia Montez Brown	SO	Augustana	1.61m 747
2 Haley Reinke	SR	Winona State	1.61m 747
2 Olivia Fixsen	SO	Winona State	1.61m 747
5 Natalie Gottschalk	SO	St. Cloud State	1.58m 712
5 Carolyn Hackel	FR	Minnesota State	1.58m 712
5 Wakpor Ighovojah	JR	Concordia	1.58m 712
8 Shelby Poell		Wayne State	1.52m 644
8 Alexandria Coleman	SR	Bemidji State	1.52m 644
8 Erica Young	SR	Concordia	1.52m 644
11 Caroline Jansen	JR	M.S.U.-Moorhead	1.49m 610
11 Sola Stephenson	JR	Minnesota State	1.49m 610
13 Christa Benson	SO	Bemidji State	1.40m 512
14 Jessika Dieringer	SO	Minnesota State	1.34m 449
14 Avery Potthoff	JR	Minnesota Duluth	1.34m 449

**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Olivia Montez Brown	SO	Augustana	5.83m 798
2 Caroline Jansen	JR	M.S.U.-Moorhead	5.63m 738
3 Carolyn Hackel	FR	Minnesota State	5.56m 717
4 Natalie Gottschalk	SO	St. Cloud State	5.54m 712
5 Erica Young	SR	Concordia	5.43m 680
6 Wakpor Ighovojah	JR	Concordia	5.35m 657
7 Haley Reinke	SR	Winona State	5.33m 651
8 Alexandria Coleman	SR	Bemidji State	5.27m 634
9 Kalle Burney	JR	Concordia	5.21m 617
10 Jessika Dieringer	SO	Minnesota State	5.09m 584
11 Sola Stephenson	JR	Minnesota State	4.81m 508
12 Shelby Poell		Wayne State	4.71m 482
12 Christa Benson	SO	Bemidji State	4.71m 482
14 Avery Potthoff	JR	Minnesota Duluth	4.60m 454
14 Olivia Fixsen	SO	Winona State	4.60m 454

**Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Wakpor Ighovojah	JR	Concordia	10.97m 593
2 Caroline Jansen	JR	M.S.U.-Moorhead	10.53m 564
3 Sola Stephenson	JR	Minnesota State	10.45m 559
3 Olivia Montez Brown	SO	Augustana	10.45m 559

5 Erica Young	SR	Concordia	10.01m 530
6 Natalie Gottschalk	SO	St. Cloud State	9.90m 523
7 Kalle Burney	JR	Concordia	9.63m 505
8 Avery Potthoff	JR	Minnesota Duluth	9.56m 501
9 Carolyn Hackel	FR	Minnesota State	9.40m 490
9 Jessika Dieringer	SO	Minnesota State	9.40m 490
11 Haley Reinke	SR	Winona State	9.37m 488
12 Shelby Poell		Wayne State	9.21m 478
13 Olivia Fixsen	SO	Winona State	8.64m 441
14 Alexandria Coleman	SR	Bemidji State	8.28m 417
15 Christa Benson	SO	Bemidji State	8.02m 401

**Women Indoor Pentathlon**

**Prov: 3285 P**

**Auto: 3875 A**

**Meet: 3910 M 2010 Heather Miller**

Name	Yr	School	Finals
<b>Finals</b>			
1 Olivia Montez Brown	SO	Augustana	3838P 10
2 Wakpor Ighovojah	JR	Concordia	3584P 8
3 Kalle Burney	JR	Concordia	3567P 6
4 Natalie Gottschalk	SO	St. Cloud State	3544P 5
5 Carolyn Hackel	FR	Minnesota State	3449P 4
6 Erica Young	SR	Concordia	3378P 3
7 Caroline Jansen	JR	M.S.U.-Moorhead	3326P 2
8 Haley Reinke	SR	Winona State	3211 1
9 Olivia Fixsen	SO	Winona State	3132
10 Alexandria Coleman	SR	Bemidji State	3117
11 Sola Stephenson	JR	Minnesota State	2992
12 Jessika Dieringer	SO	Minnesota State	2884
13 Christa Benson	SO	Bemidji State	2737
14 Avery Potthoff	JR	Minnesota Duluth	2398
15 Shelby Poell		Wayne State	2270

**Men 60 Meter Dash**

**Prov: 6.90 P**

**Auto: 6.72 A**

**Meet: 6.67 M 2015 Emmanuel Matadi**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Luxon Glor	FR	U-Mary	P 6.89Q
2 Jonathon Rowe		Sioux Falls	6.92Q
3 Braxton Adams	JR	Wayne State	6.96Q
4 Vance Barnes	SO	Minnesota State	7.01Q
5 Justin Taormina	FR	Minnesota State	6.98q
6 Quadri Busari		S.M.S.U	6.99q
7 Gabriel Galamue		S.M.S.U	7.02q
8 Tanner Ogren	SO	Minnesota State	7.02q
9 Reid Diamond	SO	Minnesota State	7.05
10 Jack Curtis	SO	Minnesota State	7.05
11 Beau Bofferding	FR	Minnesota Duluth	7.07
12 Brian Huber	JR	M.S.U.-Moorhead	7.09
13 Dallin Finley	JR	S.M.S.U	7.10
14 Ben Ryan	JR	S.M.S.U	7.13
15 Jarreth Martina	JR	Northern State	7.14

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## Results

## Preliminaries ... (Men 60 Meter Dash)

Name	Yr	School	Prelims
16	Jake Gajewski	FR Minnesota State	7.14
16	Artavius Nixon	SO Minnesota State	7.14
18	Zach Graves	U-Mary	7.14
19	Romario Thomas	FR Northern State	7.16
20	Daniel Daffinrud	SO Minot State	7.17
21	Cole Buer	Sioux Falls	7.18
22	Cole Barcroft	FR Minnesota State	7.20
23	Michael Jenkins	SR Minot State	7.21
24	Connor Graves	U-Mary	7.21
25	Brenton Hanisch	FR Northern State	7.29
26	Jordan Zautke	SO Wayne State	7.29
27	Josh Drew	JR Minot State	7.41
28	Andrew Leck	FR Concordia	7.41

## Men 60 Meter Dash

Prov: 6.90 P

Auto: 6.72 A

Meet: 6.67 M 2015 Emmanual Matadi

Name	Yr	School	Finals
<b>Finals</b>			
1	Luxon Glor	FR U-Mary	6.89P 10
2	Braxton Adams	JR Wayne State	6.93 8
3	Jonathon Rowe	Sioux Falls	6.96 6
4	Justin Taormina	FR Minnesota State	7.00 5
5	Tanner Ogren	SO Minnesota State	7.01 4
6	Vance Barnes	SO Minnesota State	7.02 3
7	Quadri Busari	S.M.S.U	7.06 2
8	Gabriel Galamue	S.M.S.U	7.09 1

## Men 200 Meter Dash

Prov: 21.83 P

Auto: 21.27 A

Meet: 21.42 M 2015 Emmanual Matadi

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Brian Huber	JR M.S.U.-Moorhead	22.12Q
2	Reid Diamond	SO Minnesota State	22.16Q
3	Tanner Ogren	SO Minnesota State	22.19Q
4	Jack Curtis	SO Minnesota State	22.43Q
5	Luxon Glor	FR U-Mary	22.16q
6	Clay Kramper	SO Wayne State	22.39q
7	Parker Gloudemans	FR Minnesota State	22.46q
8	Jake Gajewski	FR Minnesota State	22.60q
9	Dalton Bialke	FR Minnesota State	22.64
10	Dallin Finley	JR S.M.S.U	22.67
11	Itoitz Rodriguez	SO Northern State	22.77
12	Ben Ryan	JR S.M.S.U	22.82
13	Cody Buer	Sioux Falls	22.95
14	Gabriel Galamue	S.M.S.U	23.00
15	Beau Bofferding	FR Minnesota Duluth	23.01
16	Anyah Nutter	SO Minnesota State	23.03
17	Zach Jones	SO S.M.S.U	23.06
18	Artavius Nixon	SO Minnesota State	23.12

19	Austin Lucero	U-Mary	23.13
20	Justin Taormina	FR Minnesota State	23.29
21	Cole Barcroft	FR Minnesota State	23.42
22	Evan Hagen	FR Sioux Falls	25.97

## Men 200 Meter Dash

Prov: 21.83 P

Auto: 21.27 A

Meet: 21.42 M 2015 Emmanual Matadi

Name	Yr	School	Finals
<b>Finals</b>			
1	Tanner Ogren	SO Minnesota State	21.99 10
2	Luxon Glor	FR U-Mary	22.17 8
3	Brian Huber	JR M.S.U.-Moorhead	22.27 6
4	Parker Gloudemans	FR Minnesota State	22.27 5
5	Reid Diamond	SO Minnesota State	22.36 4
6	Clay Kramper	SO Wayne State	22.38 3
7	Jack Curtis	SO Minnesota State	22.48 2
---	Jake Gajewski	FR Minnesota State	DQ

## Men 400 Meter Dash

Prov: 48.73 P

Auto: 47.30 A

Meet: 48.48 M 2013 Jarrell Hancock

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	John Schuster	SO Minnesota State	M 48.44Q
2	Dalton Bialke	FR Minnesota State	49.58Q
3	Isaiah Pitchford	JR Minnesota State	49.64Q
4	Itoitz Rodriguez	SO Northern State	50.45Q
5	Zach Jones	SO S.M.S.U	50.38q
6	Alex Cundiff	SR Minot State	50.99q
7	Austin Carlson	JR Minnesota Duluth	51.02q
8	Evan Carlson	FR M.S.U.-Moorhead	51.05q
9	Connor Behm	JR Minnesota Duluth	51.27
10	Zachery Six	JR Northern State	51.40
11	Ryan Tolkinen	SO Minnesota Duluth	51.68
12	Isaiah Fletcher	FR Northern State	51.86
13	Josh Drew	JR Minot State	52.25
14	Romario Thomas	FR Northern State	52.41
15	Matt Konrad	JR S.M.S.U	57.11
---	Parker Gloudemans	FR Minnesota State	DQ

## Men 400 Meter Dash

Prov: 48.73 P

Auto: 47.30 A

Meet: 48.48 M 2013 Jarrell Hancock

Name	Yr	School	Finals
<b>Finals</b>			
1	John Schuster	SO Minnesota State	48.51P 10
2	Isaiah Pitchford	JR Minnesota State	49.02 8
3	Dalton Bialke	FR Minnesota State	49.08 6
4	Itoitz Rodriguez	SO Northern State	49.17 5
5	Zach Jones	SO S.M.S.U	49.60 4
6	Alex Cundiff	SR Minot State	50.71 3



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**Results**

**Finals ... (Men 400 Meter Dash)**

Name	Yr	School	Finals
7 Austin Carlson	JR	Minnesota Duluth	50.90 2
8 Evan Carlson	FR	M.S.U.-Moorhead	50.90 1

**Men 600 Meter Run**

Meet: 1:20.11 M 2015 Keith Turner

Name	Yr	School	Prelims
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**Preliminaries**

1 Trey Furgeson	SO	Sioux Falls	1:21.97Q
2 Luke Wietgrefe	JR	Northern State	1:23.14Q
3 Austin LaFollette	JR	S.M.S.U	1:23.73Q
4 Darrick Jackson	JR	Minnesota Duluth	1:23.76Q
5 Austin Miller	FR	Augustana	1:23.13q
6 Gabriel Wyllie	FR	U-Mary	1:23.55q
7 Tyler Slaba	FR	Sioux Falls	1:23.78q
8 Ryan Stiles	FR	Augustana	1:23.83q
9 Morris Dennis		Minnesota State	1:23.91
10 Kelson Brewer	FR	Northern State	1:24.63
11 Travis Eller	SO	Wayne State	1:24.85
12 Josh Wulfekuhle		U-Mary	1:25.39
13 Habib Jallow	FR	Wayne State	1:25.41
14 Quinton Lee	FR	Minnesota Duluth	1:25.92
15 Josh Johanson	JR	Concordia	1:26.04
16 Blake Savey	FR	Augustana	1:26.20
17 Chris Sharpe	JR	Augustana	1:26.75
18 Adam Cebulla	SR	U-Mary	1:26.88
19 Garrett Benz	JR	Minnesota Duluth	1:27.59
20 Levi Bican	FR	Minnesota Duluth	1:28.12
21 Dylan Harvey	SR	Minot State	1:28.16

**Men 600 Meter Run**

Meet: 1:20.11 M 2015 Keith Turner

Name	Yr	School	Finals
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**Finals**

1 Trey Furgeson	SO	Sioux Falls	1:20.38 10
2 Luke Wietgrefe	JR	Northern State	1:21.94 8
3 Austin LaFollette	JR	S.M.S.U	1:22.61 6
4 Austin Miller	FR	Augustana	1:22.71 5
5 Tyler Slaba	FR	Sioux Falls	1:22.86 4
6 Darrick Jackson	JR	Minnesota Duluth	1:23.28 3
7 Gabriel Wyllie	FR	U-Mary	1:24.27 2
8 Ryan Stiles	FR	Augustana	1:28.74 1

**Men 800 Meter Run**

Prov: 1:53.70 P

Auto: 1:49.24 A

Meet: 1:52.93 M 2015 Alejandro Sanchez

Name	Yr	School	Prelims
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**Preliminaries**

1 Josh Barrows	SO	Augustana	M 1:52.62Q
2 Mason Phillips	FR	Sioux Falls	1:56.91Q
3 Zachary Ulmer	JR	Northern State	1:57.57Q
4 Jase Kraft	SO	Sioux Falls	1:56.53Q
5 Benjamin Allen	FR	Concordia	1:56.92Q

6 Chris Kveseth	JR	S.M.S.U	1:58.28Q
7 Teegan Olson	SO	U-Mary	1:56.64q
8 Cody Gagner	FR	M.S.U.-Moorhead	1:56.74q
9 Samuel Wilke		U-Mary	1:57.42
10 Boston Braack	SR	Minnesota Duluth	1:58.49
11 Austin Krohnke	JR	Augustana	1:59.38
12 Nick Schmit	SR	Wayne State	1:59.59
13 Nathan Pearson	FR	Wayne State	2:00.32
14 Kak Ayaj	SO	Wayne State	2:00.48
15 Derek Finsterwalder	JR	Minnesota State	2:00.60
16 Nathan Comer	JR	Minnesota Duluth	2:04.10
17 Ryan Kalinowski	FR	M.S.U.-Moorhead	2:05.86

**Men 800 Meter Run**

Prov: 1:53.70 P

Auto: 1:49.24 A

Meet: 1:52.93 M 2015 Alejandro Sanchez

Name	Yr	School	Finals
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**Finals**

1 Josh Barrows	SO	Augustana	1:53.73 10
2 Mason Phillips	FR	Sioux Falls	1:55.07 8
3 Zachary Ulmer	JR	Northern State	1:55.24 6
4 Cody Gagner	FR	M.S.U.-Moorhead	1:56.10 5
5 Benjamin Allen	FR	Concordia	1:56.41 4
6 Teegan Olson	SO	U-Mary	1:56.58 3
7 Jase Kraft	SO	Sioux Falls	1:58.34 2
8 Chris Kveseth	JR	S.M.S.U	1:58.85 1

**Men 1000 Meter Run**

Meet: 2:28.88 M 2010 Jonathan Stollman

Name	Yr	School	Prelims
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**Preliminaries**

1 Antoine Bardou	JR	Wayne State	2:32.69Q
2 Josh Young	JR	M.S.U.-Moorhead	2:34.62Q
3 Billy Beseman	FR	Sioux Falls	2:32.76Q
4 Zach Lundberg		Sioux Falls	2:34.91Q
5 Wyatt Midtvedt	FR	Minnesota Duluth	2:33.74q
6 Austin Yardley	SO	Minnesota State	2:34.72q
7 Ben Hanson	SR	Minnesota Duluth	2:34.93q
8 Nick Fly	SR	Wayne State	2:36.22q
9 Tyler Hudson	FR	Concordia	2:36.34
10 Isaiah Rabata	SO	Minnesota State	2:37.89
11 Alex Naughton	JR	Minnesota Duluth	2:43.20
12 Gabe Dannenbring	FR	M.S.U.-Moorhead	2:43.87

**Men 1000 Meter Run**

Meet: 2:28.88 M 2010 Jonathan Stollman

Name	Yr	School	Finals
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**Finals**

1 Antoine Bardou	JR	Wayne State	2:28.95 10
2 Josh Young	JR	M.S.U.-Moorhead	2:32.26 8
3 Zach Lundberg		Sioux Falls	2:33.57 6
4 Austin Yardley	SO	Minnesota State	2:33.87 5
5 Wyatt Midtvedt	FR	Minnesota Duluth	2:34.01 4
6 Ben Hanson	SR	Minnesota Duluth	2:34.54 3

**NSIC Indoor Championships - 2/24/2017 to 2/25/2017**

**Hosted by Minnesota State  
Myers Fieldhouse, Mankato, MN**

**Results**

**Finals ... (Men 1000 Meter Run)**

Name	Yr	School	Finals
7 Nick Fly	SR	Wayne State	2:36.99 2

**Men 1 Mile Run**

**Prov: 4:12.43 P**

**Auto: 4:03.36 A**

**Meet: 4:13.23 M 2013 Clayton Foster**

Name	Yr	School	Finals
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**Finals**

1 Jase Kraft	SO	Sioux Falls	4:10.82P 10
2 Josh Young	JR	M.S.U.-Moorhead	4:10.86P 8
3 Billy Beseman	FR	Sioux Falls	4:11.67P 6
4 Antoine Bardou	JR	Wayne State	4:13.69 5
5 Mason Phillips	FR	Sioux Falls	4:14.95 4
6 Zach Lundberg		Sioux Falls	4:16.09 3
7 Austin Pasch	JR	Minnesota State	4:17.72 2
8 Nathan Schroeder	SO	Augustana	4:18.68 1
9 Grant Pulver	JR	Minnesota Duluth	4:23.06
10 Bashir Aidrus		S.M.S.U	4:33.49

**Men 3000 Meter Run**

**Prov: 8:25.06 P**

**Auto: 8:03.13 A**

**Meet: 8:25.37 M 2015 William Brockmueller**

Name	Yr	School	Finals
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**Finals**

1 Glen Ellingson	SR	Augustana	8:16.97P 10
2 Derek Myers	SO	U-Mary	8:32.17 8
3 Jase Kraft	SO	Sioux Falls	8:34.27 6
4 Henry Jessen	JR	Minnesota Duluth	8:35.64 5
5 Steven Brown	FR	Sioux Falls	8:37.77 4
6 Nick Larsen	JR	Augustana	8:39.05 3
7 Sean Heaton	JR	Augustana	8:43.04 2
8 Nathan Schroeder	SO	Augustana	8:43.85 1
9 Isaac Overmyer	SO	Minnesota Duluth	8:43.93
10 Luke Lahr	SO	Minnesota Duluth	8:47.15
11 Nadir Yusuf	FR	M.S.U.-Moorhead	8:50.09
12 Cole Oslin	FR	Concordia	8:51.40
13 Drew Johnson	SR	Minnesota Duluth	8:56.83
14 Skylar DeJong	SO	Augustana	9:02.09
15 Peyton Holmes	FR	Concordia	9:04.32
16 Creighton Barrett		U-Mary	9:04.61
17 Harrison Bentzel		U-Mary	9:05.49
18 Tyler Erickson	SO	U-Mary	9:11.44

**Men 5000 Meter Run**

**Prov: 14:44.96 P**

**Auto: 14:04.40 A**

**Meet: 14:45.85 M 2016 Keegan Carda**

Name	Yr	School	Finals
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**Finals**

1 Glen Ellingson	SR	Augustana	14:39.66P 10
2 Steven Brown	FR	Sioux Falls	14:48.17 8
3 Derek Myers	SO	U-Mary	14:57.65 6

4 Henry Jessen	JR	Minnesota Duluth	4:57.92 5
5 Nick Larsen	JR	Augustana	15:06.53 4
6 Kevin Carpenter	SO	U-Mary	15:07.75 3
7 Caleb Troe	SO	Concordia	15:10.18 2
8 Mason Phillips	FR	Sioux Falls	15:12.84 1
9 Cody Sedbrook	JR	Minnesota Duluth	5:16.23
10 Nadir Yusuf	FR	M.S.U.-Moorhead	5:20.75
11 Caleb Burke	FR	Minnesota State	15:25.97
12 Sean Heaton	JR	Augustana	15:27.37
13 Luke Lahr	SO	Minnesota Duluth	5:27.65
14 Nathan Schroeder	SO	Augustana	15:32.16
15 Nathaniel Souther	SO	Augustana	15:32.20
16 Blake Anderson	JR	Minnesota Duluth	5:32.90
17 Steven Erredge	SO	Minnesota State	15:36.36
18 Peyton Holmes	FR	Concordia	15:37.04
19 Joel Cartwright	SR	Minot State	15:38.86
20 Drew Johnson	SR	Minnesota Duluth	5:44.14
21 Bashir Aidrus		S.M.S.U	15:44.26
22 Tanner Peltier	SO	Northern State	15:45.03
23 Nick Lawson	SO	Sioux Falls	15:45.43
24 Nick Lawson	SO	Minnesota Duluth	5:49.92
25 Skylar DeJong	SO	Augustana	15:52.55
26 Josh Liester	FR	Sioux Falls	15:56.93
27 Kendall Hill	FR	Minnesota Duluth	5:58.06
28 Zach Lundberg		Sioux Falls	16:04.21
29 Devan Shumway	FR	Minot State	16:14.65
30 Noah Hanson	SO	Augustana	16:25.63
31 Tyler Karl	SO	Concordia	16:29.35
32 Corbin Lehn	SR	Wayne State	16:31.63
33 John Noyes	FR	Sioux Falls	16:32.48
34 Clay Danielson	JR	Northern State	16:36.56
--- Jesus Urtusuastegui	SO	Augustana	DNF

**Men 60 Meter Hurdles**

**Prov: 8.27 P**

**Auto: 7.89 A**

**Meet: 7.69 M 2016 Myles Hunter**

Name	Yr	School	Prelims
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**Preliminaries**

1 Zach Sweep	FR	M.S.U.-Moorhead	P 8.21Q
2 Teddy Frid	FR	Sioux Falls	P 8.26Q
3 Paul Meloche	SO	Augustana	P 8.27Q
4 Robert Sullivan	SO	Wayne State	8.31Q
5 Anyah Nutter	SO	Minnesota State	P 8.27q
6 Logan Bristol	SO	Minnesota State	8.37q
7 Marceau Jovin	FR	U-Mary	8.42q
8 Dylon Van't Hof	JR	Augustana	8.42q
9 Evan Ward	SO	Augustana	8.50
10 Sven Dunkel		U-Mary	8.56
11 Logan Rubeck	JR	Minnesota Duluth	8.65
12 Tyler Naumowicz	SR	Concordia	8.67
13 Bryce Malsam	FR	Northern State	8.67
14 Deveyonn Brown	FR	Northern State	8.67
15 Randel Barber	SR	Minot State	8.69
16 Jacob Lackas	FR	Northern State	8.70

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## Results

## Preliminaries ... (Men 60 Meter Hurdles)

Name	Yr	School	Prelims
17 TJ Hochstetler	JR	Northern State	8.79
18 Jacob Morse		Sioux Falls	8.83
19 Adam Hanson	SR	M.S.U.-Moorhead	8.88
20 Aaron Greenberg	SO	Sioux Falls	8.89
21 Nicholas Kayl	FR	Northern State	8.97
22 Matt Ditty	SO	Minnesota Duluth	8.99
23 Calvin Buesgens		Minnesota State	9.13
24 Beau Nutting	SO	U-Mary	9.57
25 Djimon James	FR	Minnesota State	10.31

## Men 60 Meter Hurdles

Prov: 8.27 P

Auto: 7.89 A

Meet: 7.69 M 2016 Myles Hunter

Name	Yr	School	Finals
1 Teddy Frid	FR	Sioux Falls	8.13P 10
2 Anyah Nutter	SO	Minnesota State	8.23P 8
3 Paul Meloche	SO	Augustana	8.24P 6
4 Zach Sweep	FR	M.S.U.-Moorhead	8.33 5
5 Logan Bristol	SO	Minnesota State	8.33 4
6 Marceau Jovin	FR	U-Mary	8.41 3
7 Dylon Van't Hof	JR	Augustana	8.42 2
8 Robert Sullivan	SO	Wayne State	8.57 1

## Men 4x400 Meter Relay

Prov: 3:17.50 P

Auto: 3:11.53 A

Meet: 3:18.61 M 2013

Team	Relay	Finals
1 Minnesota State		3:18.29M 10
2 Northern State		3:21.51 8
3 Sioux Falls		3:22.78 6
4 Southwest Minnesota		3:23.44 5
5 Minnesota Duluth		3:24.02 4
6 Augustana		3:24.91 3
7 University of Mary		3:26.05 2
8 Wayne State		3:28.86 1
9 Minot State		3:30.38
10 Concordia-St. Paul		3:30.91
--- Msu-Moorhead		DQ

## Men Distance Medley

Prov: 10:07.52 P

Auto: 9:47.05 A

Meet: 10:14.37 M 2013

Team	Relay	Finals
1 Sioux Falls		10:22.30 10
2 Minnesota State		10:24.94 8
3 Concordia-St. Paul		10:28.67 6
4 Augustana		10:32.81 5

5 Minnesota Duluth	10:33.35	4
6 Southwest Minnesota	10:37.91	3
7 Msu-Moorhead	10:43.47	2
8 Wayne State	10:45.61	1
9 Northern State	10:48.83	
10 Minot State	10:50.04	

## Men High Jump

Prov: 2.03m P

Auto: 2.17m A

Meet: 2.13m M 2013 Keyvan Rudd

Name	Yr	School	Finals
1 Jeff DeCock	JR	Minnesota State	2.13mM 10
2 Michael Sandle	JR	Minnesota State	2.10mP 8
3 Deshonn Brown	SO	Northern State	J2.10mP 6
4 Jason Lilja	SR	Minnesota Duluth	2.07mP 5
5 Samuel Mackedanz	FR	U-Mary	J2.07mP 3.5
5 Alex Campbell	JR	Minnesota State	J2.07mP 3.5
7 Josh Johanson	JR	Concordia	2.03mP 2
8 Anyah Nutter	SO	Minnesota State	J2.03mP 1
9 Deveyonn Brown	FR	Northern State	1.98m
10 Shenley Allen		U-Mary	J1.98m
10 Robert Sullivan	SO	Wayne State	J1.98m
10 Logan Bristol	SO	Minnesota State	J1.98m
10 Jonas Matzen	SO	M.S.U.-Moorhead	J1.98m
14 Jack Curtis	SO	Minnesota State	1.93m
15 Jack Lamb	FR	U-Mary	1.88m
15 Tanner Schulte	SO	Augustana	1.88m
15 Jordan Swango	FR	U-Mary	1.88m
--- Andrew Lind	SO	Minnesota Duluth	NH
--- Cole Buer		Sioux Falls	NH

## Men Pole Vault

Prov: 4.66m P

Auto: 5.20m A

Meet: 5.20m M 2015 Scott Greenman

Name	Yr	School	Finals
1 Jagger Gran	SR	Sioux Falls	5.17mP 10
2 Mitch Valli	SO	Minnesota State	5.02mP 8
3 Jacob Zebedee	SR	Sioux Falls	J5.02mP 6
4 Chase Jensen	JR	Sioux Falls	J5.02mP 5
5 Connor DeJong	FR	Sioux Falls	4.57m 4
6 Gavin DeHaai		Sioux Falls	J4.57m 3
7 John Cihlar	FR	Minnesota State	4.42m 2
8 Chris Timm	SO	Minnesota Duluth	4.27m 0.5
8 Dan Clark	FR	Minnesota Duluth	4.27m 0.5
10 Sven Dunkel		U-Mary	J4.27m
10 Matt Pohlman	FR	Augustana	J4.27m
10 Luke Wuesthoff		Sioux Falls	J4.27m
13 Zach Olsem	FR	Minnesota State	J4.27m
13 Logan Rubeck	JR	Minnesota Duluth	J4.27m
--- Logan Thiel	SO	M.S.U.-Moorhead	NH
--- Josh Spenner	SR	Wayne State	NH

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## Results

## Finals ... (Men Pole Vault)

Name	Yr	School	Finals
---			
Taylor Rolf	SR	Northern State	NH
Bryce Malsam	FR	Northern State	NH
Jess Petersen	JR	Minnesota Duluth	NH
Marshall Jeppeson	FR	Concordia	NH
TJ Hochstetler	JR	Northern State	NH
Scott Greenman	SR	Sioux Falls	NH
Kelson Brewer	FR	Northern State	NH

## Men Long Jump

Prov: 7.08m P

Auto: 7.60m A

Meet: 7.59m M 1981 Ed Stuart

Name	Yr	School	Finals
<b>Finals</b>			
1	Brian Huber	JR M.S.U.-Moorhead	7.56mP 10
2	Michael Sandle	JR Minnesota State	7.40mP 8
3	Luxon Glor	FR U-Mary	7.29mP 6
4	Derek Lahm	JR Wayne State	7.18mP 5
5	Alex Campbell	JR Minnesota State	7.14mP 4
6	Antony Odera	SR Concordia	7.06m 3
7	Brady Metz	JR Wayne State	7.00m 2
8	Jason Lilja	SR Minnesota Duluth	6.89m 1
9	Ryan Tolkinen	SO Minnesota Duluth	6.82m
10	Elijah Calderon-Pitchford	SO Minnesota State	6.79m
11	Tyrell Rosencranz	FR U-Mary	6.69m
12	TJ Hochstetler	JR Northern State	6.65m
13	Evan Hagen	FR Sioux Falls	6.64m
14	Dallas Horner	FR U-Mary	6.53m
15	Robert Sullivan	SO Wayne State	6.51m
16	Josh Spenner	SR Wayne State	6.45m
17	Teddy Frid	FR Sioux Falls	6.39m
18	Deshonn Brown	SO Northern State	6.36m
19	Trey Tiefenthaler	FR Northern State	6.35m
20	Talon Staudinger	U-Mary	6.32m
21	Garret Schleis	SO Minnesota Duluth	6.30m
22	Zach Jones	SO S.M.S.U	6.28m
23	Kyle Kabanuk	SO Minnesota Duluth	5.99m
24	Logan Rubeck	JR Minnesota Duluth	5.98m

## Men Triple Jump

Prov: 14.40m P

Auto: 15.47m A

Meet: 14.97m M 2016 Elijah Pitchford

Name	Yr	School	Finals
<b>Finals</b>			
1	Michael Sandle	JR Minnesota State	16.42mA 10
2	London Thurman	SR Minnesota State	14.81mP 8
3	Brady Metz	JR Wayne State	14.64mP 6
4	Elijah Calderon-Pitchford	SO Minnesota State	14.59mP 5
5	Derek Lahm	JR Wayne State	14.42mP 4
6	Beau Nutting	SO U-Mary	14.33m 3
7	Tyrell Rosencranz	FR U-Mary	14.26m 2
8	Shenley Allen	U-Mary	14.15m 1

9	Devin Strack	SR M.S.U.-Moorhead	13.91m
10	Alex Campbell	JR Minnesota State	13.69m
11	Dominique Revis	JR Minnesota State	13.62m
12	Garret Schleis	SO Minnesota Duluth	13.48m
13	Antony Odera	SR Concordia	13.37m
14	Zach Jones	SO S.M.S.U	13.35m
15	Deveyonn Brown	FR Northern State	13.10m
16	Cody Buer	Sioux Falls	13.05m
17	Trey Tiefenthaler	FR Northern State	12.85m
18	Austin Schaffer	JR Sioux Falls	12.62m
19	Tyler Berby	FR M.S.U.-Moorhead	12.48m
20	Josh Reider	JR Augustana	12.38m
21	Casey Reeves	SO Minnesota Duluth	12.33m
22	Zack Vieau	JR Minnesota Duluth	12.16m
23	Alazae LeFaive	SO Northern State	11.86m
---	Luxon Glor	FR U-Mary	FOUL

## Men Shot Put

Prov: 15.77m P

Auto: 18.56m A

Meet: 19.48m M 2014 Chris Reed

Name	Yr	School	Finals
<b>Finals</b>			
1	Bryan Caffin	SR Minnesota State	16.26mP 10
2	Alex Weis	JR S.M.S.U	16.08mP 8
3	Josh Behning	FR S.M.S.U	15.30m 6
4	Lucas Osowski	SR Northern State	15.04m 5
5	Christian Gruschin	FR Sioux Falls	14.76m 4
6	Marcus Gustaveson	FR Concordia	14.55m 3
7	Clinton Treichel	JR Minnesota Duluth	14.55m 2
8	Bryce LeBlanc	FR Northern State	14.51m 1
9	Brian Lee	SR Minnesota Duluth	14.32m
10	Kenny Kirkvold	FR Minnesota Duluth	14.28m
10	Derrick Sheppard	SO Sioux Falls	14.28m
12	Jayle Hinkle	SO Wayne State	14.21m
13	Chandler Nelson	Sioux Falls	14.09m
14	Anthony Huber	JR Augustana	13.97m
15	Hamilton Mateski	S.M.S.U	13.92m
16	James Duckworth	U-Mary	13.85m
17	Samuel Udermann	JR Minnesota State	13.75m
18	Andrew Dubiel	SR U-Mary	13.66m
19	Gage Rayman	JR Northern State	13.53m
20	Tanner Thode	SO Minnesota Duluth	13.51m
21	Marcus Heggelund	FR Northern State	12.63m
22	Adam Miller	SO Concordia	12.55m
23	Nick Kalmes	FR Minnesota Duluth	12.54m
24	Logan Gelineau	SO Minnesota Duluth	12.47m
24	Erik Nelson	FR Minnesota State	12.47m
---	Thomas Hutchinson	SO Concordia	FOUL

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**Results**

**Men Weight Throw**

**Prov: 17.19m P**

**Auto: 20.99m A**

**Meet: 21.01m M 2012 Ross Buncheck**

Name	Yr	School	Finals
<b>Finals</b>			
1 Derrick Sheppard	SO	Sioux Falls	17.65mP 10
2 Jordan Flinn	SO	S.M.S.U	17.61mP 8
3 Brian Lee	SR	Minnesota Duluth	17.51mP 6
4 Samuel Udermann	JR	Minnesota State	17.16m 5
5 Anthony Huber	JR	Augustana	17.16m 4
6 Matthew Nemecek	SO	Wayne State	17.11m 3
7 Cade Kalkowski	FR	Wayne State	16.93m 2
8 Alex Weis	JR	S.M.S.U	16.83m 1
9 Bryan Caffin	SR	Minnesota State	16.69m
10 Lucas Osowski	SR	Northern State	15.86m
11 Jacob Hatfield	SO	Minot State	15.50m
12 Clinton Treichel	JR	Minnesota Duluth	15.33m
13 Erik Nelson	FR	Minnesota State	14.90m
14 Josh Behning	FR	S.M.S.U	14.71m
15 Chandler Nelson		Sioux Falls	14.69m
16 Kyler Kennedy	SO	Minnesota Duluth	14.19m
17 Tanner Gust	JR	Minot State	14.15m
18 Nasru Wado	SO	Concordia	14.13m
19 Peter Bateman	SR	M.S.U.-Moorhead	14.04m
20 Gage Rayman	JR	Northern State	13.96m
21 Christian Gruschin	FR	Sioux Falls	13.92m
22 Logan Gelineau	SO	Minnesota Duluth	13.91m
23 Bryce LeBlanc	FR	Northern State	13.89m
24 Kevin Hodges	JR	Minot State	12.89m
25 Tanner Thode	SO	Minnesota Duluth	12.83m
26 James Duckworth		U-Mary	12.72m
27 Nick Kalmes	FR	Minnesota Duluth	12.47m
28 Kenny Kirkvold	FR	Minnesota Duluth	11.70m
--- Victor Abonyi	SO	Minot State	FOUL

**Heptathlon: #1 Men 60 Meter Dash Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jack Curtis	SO	Minnesota State	7.05 865
2 Calvin Buesgens		Minnesota State	7.23 802
3 Derek Lahm	JR	Wayne State	7.24 799
4 Logan Bristol	SO	Minnesota State	7.26 792
5 Teddy Frid	FR	Sioux Falls	7.26 792
6 Luke Wuesthoff		Sioux Falls	7.29 782
7 Alex Woods	FR	Augustana	7.30 779
8 Sven Dunkel		U-Mary	7.36 759
9 Robert Sullivan	SO	Wayne State	7.38 752
10 Bryce Malsam	FR	Northern State	7.41 742
11 Kelson Brewer	FR	Northern State	7.56 694
12 TJ Hochstetler	JR	Northern State	7.58 687
13 Jackson Penner		U-Mary	7.59 684
14 Scott Sidley		U-Mary	7.60 681
15 Peter Schukking	JR	Augustana	7.65 665

16 Logan Rubeck	JR	Minnesota Duluth	7.67 659
17 Deshonn Brown	SO	Northern State	7.69 653
18 Tyler Naumowicz	SR	Concordia	7.70 650
19 Dan Clark	FR	Minnesota Duluth	7.99 563

**Heptathlon: #7 Men 1000 Meter Run Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Sven Dunkel		U-Mary	2:41.24 860
2 Teddy Frid	FR	Sioux Falls	2:43.10 839
3 Derek Lahm	JR	Wayne State	2:43.33 837
4 Logan Rubeck	JR	Minnesota Duluth	2:45.30 815
5 Tyler Naumowicz	SR	Concordia	2:45.54 813
6 Calvin Buesgens		Minnesota State	2:49.42 772
7 Kelson Brewer	FR	Northern State	2:50.10 765
8 Jackson Penner		U-Mary	2:51.04 755
9 Peter Schukking	JR	Augustana	2:51.40 751
10 TJ Hochstetler	JR	Northern State	2:54.67 717
11 Alex Woods	FR	Augustana	2:55.08 713
12 Scott Sidley		U-Mary	2:55.97 704
13 Dan Clark	FR	Minnesota Duluth	2:58.50 679
14 Jack Curtis	SO	Minnesota State	2:59.04 674
15 Logan Bristol	SO	Minnesota State	3:01.26 652
16 Robert Sullivan	SO	Wayne State	3:04.14 624
--- Bryce Malsam	FR	Northern State	DNF
--- Deshonn Brown	SO	Northern State	DNF

**Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Teddy Frid	FR	Sioux Falls	8.35 896
2 Logan Bristol	SO	Minnesota State	8.40 884
3 Robert Sullivan	SO	Wayne State	8.54 851
4 Sven Dunkel		U-Mary	8.67 820
5 Jack Curtis	SO	Minnesota State	8.69 816
6 Logan Rubeck	JR	Minnesota Duluth	8.80 791
7 TJ Hochstetler	JR	Northern State	8.90 768
8 Tyler Naumowicz	SR	Concordia	8.94 759
9 Derek Lahm	JR	Wayne State	8.95 757
10 Deshonn Brown	SO	Northern State	9.01 744
11 Calvin Buesgens		Minnesota State	9.05 735
12 Bryce Malsam	FR	Northern State	9.06 733
13 Alex Woods	FR	Augustana	9.37 666
14 Luke Wuesthoff		Sioux Falls	9.60 619
15 Jackson Penner		U-Mary	9.65 609
16 Kelson Brewer	FR	Northern State	9.67 605
17 Peter Schukking	JR	Augustana	9.80 579
18 Dan Clark	FR	Minnesota Duluth	10.03 535
19 Scott Sidley		U-Mary	10.06 530

**Heptathlon: #4 Men High Jump Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Deshonn Brown	SO	Northern State	2.09m 887
2 Logan Bristol	SO	Minnesota State	2.06m 859

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Myers Fieldhouse, Mankato, MN

## Results

## Finals ... (Heptathlon: #4 Men High Jump Heptathlon)

Name	Yr	School	Finals
3 Robert Sullivan	SO	Wayne State	2.03m 831
4 Jack Curtis	SO	Minnesota State	1.94m 749
5 Bryce Malsam	FR	Northern State	1.91m 723
5 Teddy Frid	FR	Sioux Falls	1.91m 723
7 Tyler Naumowicz	SR	Concordia	1.88m 696
7 TJ Hochstetler	JR	Northern State	1.88m 696
9 Derek Lahm	JR	Wayne State	1.85m 670
10 Jackson Penner		U-Mary	1.82m 644
10 Logan Rubeck	JR	Minnesota Duluth	1.82m 644
12 Alex Woods	FR	Augustana	1.76m 593
13 Scott Sidley		U-Mary	1.73m 569
13 Peter Schukking	JR	Augustana	1.73m 569
15 Sven Dunkel		U-Mary	1.70m 544
15 Calvin Buesgens		Minnesota State	1.70m 544
17 Kelson Brewer	FR	Northern State	1.64m 496
18 Luke Wuesthoff		Sioux Falls	1.61m 472
19 Dan Clark	FR	Minnesota Duluth	1.55m 426

## Heptathlon: #6 Men Pole Vault Heptathlon

Name	Yr	School	Finals
1 Dan Clark	FR	Minnesota Duluth	4.40m 731
2 Sven Dunkel		U-Mary	4.20m 673
2 Bryce Malsam	FR	Northern State	4.20m 673
4 Logan Rubeck	JR	Minnesota Duluth	4.10m 645
4 Tyler Naumowicz	SR	Concordia	4.10m 645
6 TJ Hochstetler	JR	Northern State	3.90m 590
6 Robert Sullivan	SO	Wayne State	3.90m 590
6 Logan Bristol	SO	Minnesota State	3.90m 590
9 Derek Lahm	JR	Wayne State	3.80m 562
9 Kelson Brewer	FR	Northern State	3.80m 562
9 Calvin Buesgens		Minnesota State	3.80m 562
12 Jack Curtis	SO	Minnesota State	3.70m 535
13 Teddy Frid	FR	Sioux Falls	3.60m 509
14 Peter Schukking	JR	Augustana	3.30m 431
15 Jackson Penner		U-Mary	3.20m 406
16 Alex Woods	FR	Augustana	3.00m 357
16 Scott Sidley		U-Mary	3.00m 357
--- Deshonn Brown	SO	Northern State	NH

## Heptathlon: #2 Men Long Jump Heptathlon

Name	Yr	School	Finals
1 Derek Lahm	JR	Wayne State	7.16m 852
2 Robert Sullivan	SO	Wayne State	7.04m 823
3 Teddy Frid	FR	Sioux Falls	6.69m 741
4 Peter Schukking	JR	Augustana	6.62m 725
5 Jack Curtis	SO	Minnesota State	6.55m 709
6 Sven Dunkel		U-Mary	6.48m 693
7 Deshonn Brown	SO	Northern State	6.43m 682
8 Logan Rubeck	JR	Minnesota Duluth	6.42m 679
9 Calvin Buesgens		Minnesota State	6.28m 648
10 Luke Wuesthoff		Sioux Falls	6.16m 621

11 Tyler Naumowicz	SR	Concordia	6.11m 610
12 Alex Woods	FR	Augustana	6.08m 604
13 TJ Hochstetler	JR	Northern State	6.03m 593
14 Kelson Brewer	FR	Northern State	5.95m 576
15 Jackson Penner		U-Mary	5.82m 548
16 Scott Sidley		U-Mary	5.72m 527
17 Logan Bristol	SO	Minnesota State	5.71m 525
18 Dan Clark	FR	Minnesota Duluth	5.53m 487
--- Bryce Malsam	FR	Northern State	FOUL

## Heptathlon: #3 Men Shot Put Heptathlon

Name	Yr	School	Finals
1 Robert Sullivan	SO	Wayne State	13.05m 670
2 Sven Dunkel		U-Mary	11.83m 596
3 Peter Schukking	JR	Augustana	11.72m 589
4 Calvin Buesgens		Minnesota State	11.69m 588
5 Teddy Frid	FR	Sioux Falls	11.59m 582
6 Dan Clark	FR	Minnesota Duluth	10.77m 532
7 Tyler Naumowicz	SR	Concordia	10.69m 527
8 Jack Curtis	SO	Minnesota State	10.54m 518
9 Alex Woods	FR	Augustana	10.52m 517
10 Luke Wuesthoff		Sioux Falls	10.31m 504
11 Derek Lahm	JR	Wayne State	10.13m 493
12 Logan Rubeck	JR	Minnesota Duluth	10.10m 492
13 TJ Hochstetler	JR	Northern State	10.07m 490
14 Bryce Malsam	FR	Northern State	9.89m 479
15 Deshonn Brown	SO	Northern State	9.25m 441
16 Logan Bristol	SO	Minnesota State	9.13m 434
17 Jackson Penner		U-Mary	8.73m 410
18 Kelson Brewer	FR	Northern State	8.49m 395
19 Scott Sidley		U-Mary	8.46m 394

## Men Heptathlon

Prov: 4650 P

Auto: 5330 A

Meet: 5276 M 2013 Nathan Hancock

Name	Yr	School	Finals
1 Robert Sullivan	SO	Wayne State	5141P 10
2 Teddy Frid	FR	Sioux Falls	5082P 8
3 Derek Lahm	JR	Wayne State	4970P 6
4 Sven Dunkel		U-Mary	4945P 5
5 Jack Curtis	SO	Minnesota State	4866P 4
6 Logan Bristol	SO	Minnesota State	4736P 3
7 Logan Rubeck	JR	Minnesota Duluth	4725P 2
8 Tyler Naumowicz	SR	Concordia	4700P 1
9 Calvin Buesgens		Minnesota State	4651P
10 TJ Hochstetler	JR	Northern State	4541
11 Peter Schukking	JR	Augustana	4309
12 Alex Woods	FR	Augustana	4229
13 Kelson Brewer	FR	Northern State	4093
14 Jackson Penner		U-Mary	4056
15 Dan Clark	FR	Minnesota Duluth	3953
16 Scott Sidley		U-Mary	3762

**NSIC Indoor Championships - 2/24/2017 to 2/25/2017****Hosted by Minnesota State  
Myers Fieldhouse, Mankato, MN****Results****Finals ... (Men Heptathlon)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
17	Deshonn Brown	SO	Northern State	3407
18	Bryce Malsam	FR	Northern State	3350

**Women - Team Rankings - 19 Events Scored**

1)	Minnesota State	171
2)	University of Mary	103
3)	Winona State	100.5
4)	Minnesota Duluth	82
5)	Augustana	58
6)	Concordia-St. Paul	45.6666
7)	Northern State	41
8)	St. Cloud State	39
9)	MSU-Moorhead	37
10)	Sioux Falls	33.3333
11)	Wayne State	17
12)	Southwest Minnesota	10.5
13)	Minot State	1

**Men - Team Rankings - 19 Events Scored**

1)	Minnesota State	183.5
2)	Sioux Falls	154
3)	Wayne State	69
4)	Augustana	67
5)	University of Mary	65.5
6)	Minnesota Duluth	47
7)	MSU-Moorhead	45
7)	Southwest Minnesota	45
9)	Northern State	39
10)	Concordia-St. Paul	21
11)	Minot State	3